



Neighbourhood Watch SA

MARCH 2020

Newsletter of Aberfoyle Park & Happy Valley Neighbourhood Watch Area 491

ISSUE #126

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ABERFOYLE PARK & HAPPY VALLEY

NEIGHBOURHOOD WATCH AREA 491

NEXT MEETINGS

7.30pm Monday
16th March
18th May

Aberfoyle Community Centre
(corner of Sandpiper Cr and Jessica St)

Guest Speaker

Craig Woods, Director
Roadside Services & Solutions

ALL WELCOME!

Bringing local residents & police together for a safe & connected community

Contacts

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Police Coordinator:

Sen. Const Andrew Paterson
andrew.paterson@police.sa.gov.au

Sturt Police Station

333 Sturt Road, Bedford Park SA
Ph: 8207 4700 7 days 9am-9pm

Police Attendance: Ph 131 444

DIAL 000 to report a crime in progress or has just been committed

Area 491 News

Last Meeting

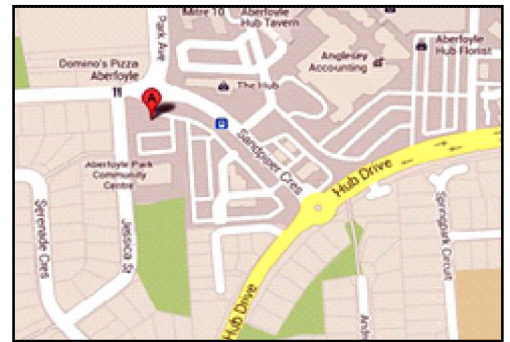
At our January meeting we had Priah Dean from the City of Onkaparinga Community Connections team. She explained her extremely diverse role of finding out what people want and then taking that information to council and other leaders. Priah and her team look for gaps and needs in the community and assist them to get the required help and resources. The activities we did demonstrated how varied and committed our locals are.

Next Meeting – Monday March 16

At our March meeting we have Craig Woods from Roadside Services & Solutions. He will be talking about local road safety measures, signage and how his business is involved with Neighbourhood Watch.

Our friendly and relaxed NHW meetings are held on the third Monday of the odd numbered months. Meetings also include a light supper and time for an informal chat as a group. Our meetings are held at the Aberfoyle Community Centre.

All community members are welcome at our meetings. You are free to simply take the information given and/or voice your opinion and concerns regarding local issues. **Our next meeting is on Monday March 16 at 7:30pm.**



Thanks

As always, a special thanks to our local Harcourts Tagni Real Estate (8322 5000) for their continued support by funding the hire of the Aberfoyle Community Centre for our meetings.

SAPOL Bike Passport

SAPOL, the SA Government and NHW have joined forces to create and distribute a bike passport. The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike to assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting www.police.sa.gov.au.

The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike that will assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting www.police.sa.gov.au

Consider the following crime prevention tips:

- Engrave or mark your bike frame (near the serial number) with an ultraviolet (UV) pen, microdot or by other permanent means with your driver's licence number prefixed by the letter 'S' for South Australia, e.g. S123456.
- Mark all accessories including helmet, lights, pump, saddle, etc.
- Take a photograph of your bike.
- Complete the Bike Passport and keep it in a safe place.
- Purchase and fit a good quality bike lock.
- Always park and secure your bike in well-lit and populated areas.
- Always lock the frame and both wheels to a secure object.
- When securing your bike, remove equipment including helmet, lights, pump, etc.
- Never leave your bike unattended and unlocked, even for a short period of time.
- When at home, secure your bike in a locked shed or inside your house.

My bike details

Make/Model: _____
Type (racing/mountain etc): _____
 Women's Men's Unisex Child's
Frame colours: _____
Frame size: _____ **Wheel size:** _____
Tyres (make/colour): _____
Rims (make/type): _____
Gears (make/type/number): _____
Handlebar type (racing/flat etc): _____
Pedal type (clipless/flat etc): _____
Saddle (make/colour/material etc): _____
Accessories (lights/reflectors/saddle bag/computer etc): _____
Serial number (located under crank shaft): _____
Inscription (placement/mark e.g. engraved driver's licence number): _____
Identifying marks (stickers/badges/damage/distinctive paintwork etc): _____
Insurance details (company/policy number): _____
Date of purchase: / / **Value:** _____

For further information contact your local police station or visit www.police.sa.gov.au



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LOCATED WITHIN ABERFOYLE PARK FAMILY PRACTICE
5 The Mall, Aberfoyle Park

HEATWAVES & HOT WEATHER



Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.

Drink plenty of Water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

Stay Cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up

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 **Kerbside & Bin Numbering**

While the weather is warm and dry, let NHW paint your house number on the kerbside for \$5 and for only an extra \$2 each, we can do your garbage and two recycling bins as well. That's your kerb and 3 bins for a total of only \$11. Call NHW's Bruce on 0449 871 035 or even better is email him at numbering@nhw491.com

Please Support Our Supporters

We continue to serve the community because of two groups of people.

The first being the 36 volunteers that deliver the 2900 newsletters throughout Aberfoyle Park and Happy Valley. If you wish to join our team please contact us by email at contactus@nhw491.com.

The second important group are the businesses that donate products and/or finance us directly and those businesses that advertise in this newsletter. Local advertising pays for its production and printing. We ask you to return the goodwill and support these community-minded businesses when shopping.



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CAN YOU HELP?

We have recently had volunteers leave our zone and thus need replacements.

If you receive this Newsletter then you live in our zone.

If you can spare about one hour every second month please contact us by email at newsletter@nhw491.com.

For a small amount of your time every second month you can help Aberfoyle Park and Happy Valley be a better place.

FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill. Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.
- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444.



Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number & property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit www.police.sa.gov.au

If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.

DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations. We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
 - within a family across generations.
- Domestic violence includes:
- physical violence
 - sexual violence
 - emotional abuse
 - verbal abuse
 - property damage
 - financial abuse
 - threats to harm
 - stalking.

Domestic violence is damaging to victims, their children, family and friends.

Where possible we try to hold the person responsible for the violence accountable for their actions.

Help and Support at Domestic Violence Situations

Police assistance

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent police assistance.

Seek advice about your options by contacting the Southern District Family Violence Investigation Section on 8392 9172.

Counselling and emergency accommodation is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence Counselling Service on 1800 RESPECT.

Further information is available on the 1800RESPECT website.



Harcourts Tagni

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CONTACT

LIZ REECE

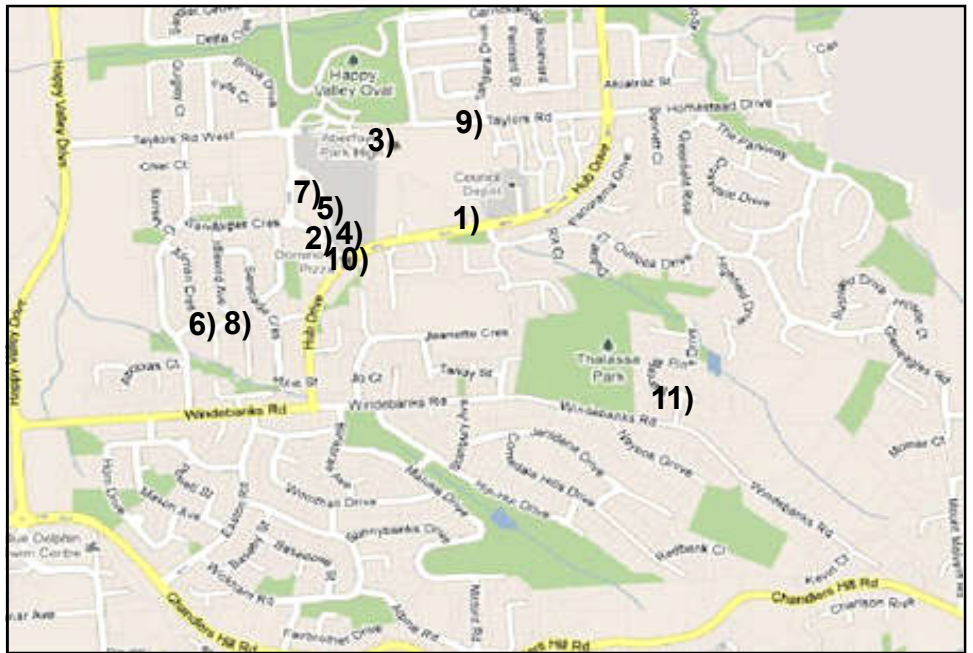
ANYTIME



MOBILE 0423 092 294

190 Chandlers Hill Road
Happy Valley SA 5159

Email: liz.reece@harcourts.com.au



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Call 8270 2511

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 **Blackwell Funerals**
Honouring Lives

PROPERTY DAMAGE

- 24/12 Hub Dr 2 bottles smashed on store floor. Value \$31. CCTV available.
- 04/01 Hub Dr Drinks dispenser damaged. Value \$200.
- 14-17/2 Taylors Rd Paint sprayed within High School grounds. Damage \$500.

THEFT

- 20/12 Hub Dr Drive off without paying for fuel. CCTV available.
- 11/01 Hub Dr Drive off without paying for fuel. Value \$43.11.
- 26/12 Allman Cr Gold watch stolen while visitors attended home. Value \$700.
- 05/02 Hub Dr Wallet stolen. Cards used at shopping centre.
- 05/02 Idlewild Av Property stolen overnight, including tools. Value \$15,200.

TRESPASS/BREAK-IN

- 18/12 Taylors Rd Purse containing cash and gift cards stolen from unlocked retirement unit.
- 21/12 Hub Dr Entry gained through fire door to supermarket. Cash registers damaged. Unknown items stolen. CCTV available.

FRAUD

- 2/8 Monterey Pine Dr Victim received fake text message to pay Optus account. Payment made by clicking link and providing credit card details. Mobile number ported to different provider and money debited from card without permission.

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