



Neighbourhood Watch SA

No.160 DECEMBER 2019 Neighbourhood Newsletter of Aldgate Neighbourhood Watch Area 198

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ALDGATE NEIGHBOURHOOD WATCH AREA 249 NEXT MEETING

Wednesday 7.30pm
11th December 2019
The Hut Community Centre,
1 Euston Road Aldgate
Everyone is welcome

Meetings:

3rd Wed every 2nd month
If you would like to
Contact **Aldgate WatchSA** please
call **The Hut Community
Information & Resource Centre**
on 8339 4400 and leave a
message for us to return your call

Website & Facebook

www.police.sa.gov.au/nhw
[www.facebook.com/
NeighbourhoodWatchSA/](https://www.facebook.com/NeighbourhoodWatchSA/)

Area Coordinator:

Michelle Rowe

Police Coordinator:

Constable Michael Bowes
Stirling Police 8339 2422
Mount Barker Police
8398 1700

Police Attendance 131444

DIAL **000** to report a crime
in progress or has just
been committed

CrimeStoppers 1800 333 000

Hello from the new Committee

David and I are delighted to offer our time to keep the Aldgate NHW in action, and the very first thing we would like to do is acknowledge the monumental efforts of the previous committee members for their time looking after the chapter, and for their extraordinary efforts helping us through the transition period. We also note the assistance and patience of the zone leaders – the fantastic volunteers who deliver the newsletters – in this time of change.

As you can see from our crime report, Aldgate continues to be a safe place with relatively little criminal activity. While we can truly celebrate this fact, we might turn our attention again to crime that is not related to property and person - cyber-crime.

Criminals are forever innovating in this area, and we need to remain cautious when dealing with people we cannot readily verify online or on the phone. The Hut is providing a program to improve cyber security awareness (the details are included in this edition), and we encourage everyone who is concerned with cyber security to participate.

It is worth remembering that none of us are immune from making security mistakes online. While some of the automatically generated scams are easily spotted, some criminals are using more targeted and sophisticated methods to catch us out.

As we do live in an area that is safe, David and I invite you to consider NHW as a social as much as safety focused resource. Please come and join us at the next meeting to get

to know some of your neighbours. We also note that two long standing zone leaders have decided to call it a day.

We thank Jenny Sandland and Robyn Wuttke for their dedication as zone leaders and for delivering the newsletter rain, hail or shine. We welcome aboard Beck and Simon Perry who have taken on Robyn's zone. If you would like to take on Jenny's delivery area (around Snows Rd/Paratoo Rd), please let us know.

Bushfire Season

The catastrophic fires across Queensland and New South Wales are a sobering reminder of the fact that we are now in bushfire season. The time to take preventative action to maximise the safety of yourself, your family and community is now.

We invite Aldgate residents to review your bushfire plan and to make sure your 'grab bag' is ready to go. We have included articles from SAPOL and check the CFS website for all of the necessary information for fire preparation and emergency plans at www.cfs.sa.gov.au/.

Please remember to report suspicious activity on 131444 or crime stoppers 1800333000.

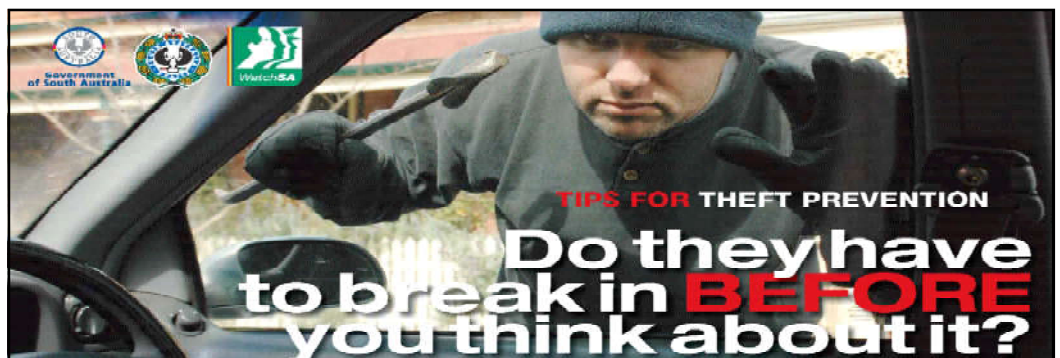
All the very best for the season!



Michelle Rowe
Area Co-ordinator NHW 198

Crime Report: Aldgate 1 Offence: Theft

On 25/10/2019 a \$9000 push bike was stolen from a garage in Arkaba Road, Aldgate.



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BEING PREPARED FOR A DISASTER: Planning

It is important that you know what to do in the event of disaster. A disaster may be a natural event, such as a fire or earthquake or may be man-made, such as a terrorism incident.

How quickly you are able to recover from such an event may depend on your planning and preparation.

Plan in advance what you and your family will do in a disaster situation. Develop an emergency preparedness plan and ensure all family members are aware.

Consider the following emergency preparedness tips.

Establish a meeting place:

Having predetermined meeting places away from your home will save time and avoid confusion should your home be

affected or the area evacuated. Have two emergency locations in opposite directions. You won't know, until an actual emergency, which direction you will need to evacuate to.

You may want to make arrangements to stay with a family member or friend in case of an emergency.

Be sure to include any pets in these plans, since pets are not permitted in shelters and some hotels will not accept them.

Ask someone to be your key contact:

Your family may not be together when a disaster occurs. Plan how you will contact each other and review what you will do in different situations.

Consider a plan where each family member calls/emails the same family member or friend in the event of a disaster.

Consider using a person who resides out of town/state who may be in a better position to communicate and coordinate.

Ensure children have a list of phone numbers/emails in their school diaries. If the telephones are not working, please be patient and try again. Emails may still work when telephones do not.

Become familiar with school, work, day care and community emergency plans:

When planning ensure you think about the places where your family spends time.

Ensure you talk with your employer and children's school about their emergency plans. Know how they will communicate with you during an emergency.

Be Connected
Australian Government
Every Australian online.



Being Safely Connected - Top Tips

Passwords:	how to create and remember them
Viruses:	how to protect your computer or tablet
Scams:	when not to give out your personal details
Internet Safety:	for you and your children or grandchildren

Register to join the 'Be Connected' program. Phone The Hut to book

Ph: 83394400
1 Euston Road
Aldgate SA



LOCK IT OR LOSE IT!



- Park in well-lit areas
- Close all windows
- Remove all valuables from your vehicle
- Conceal valuables before you park – if they cannot be removed
- Do not leave personal documents in your vehicle.
- Always lock your vehicle if leaving it unattended.
- Carry your keys with you at all times.

Limit the opportunities for offenders to target your vehicle or belongings.

**TAKE THE TIME TO
PREVENT A CRIME**

**Don't Forget to Lock Up
Your House
Your Car
Your Valuables**



Facebook Page

Find our Statewide Neighbourhood Watch Facebook page at
<https://www.facebook.com/NeighbourhoodWatchSA/>

Helping your child deal with unwanted contact online

There are many benefits to socialising and playing games online — it can be entertaining and educational, while helping to build digital intelligence skills. However, games or apps with a chat function mean your child is likely to be communicating with others online, including strangers.

Our research shows it is more common than you think, with one in four young people being contacted by someone they don't know online.

Contact from strangers can make children feel uncomfortable or lead to dangerous situations like harassment or "grooming" — where a young person is lured into trusting a sexual predator online.

So just as we help guide young people to identify unsafe behaviour in the physical world, we need to do the same in their online world — for example, helping them to understand when it's not appropriate to chat to an adult without a parent around.

Conversation starters

Talking with your children about their 'online friends' can be a great way to help develop their skills around identifying and dealing with unwanted contact.

1. What do you think makes a good online friend?

Parents and carers can help young people recognise respectful, safe online relationships. Talk to your child about what good friends do, personal boundaries and safe behaviour. For example, a good online friend:

- would never send anything to shock you or make you feel icky
- would never ask you to do something that makes you feel uncomfortable
- understands when you need time away
- speaks to you with respect
- respects your feelings and is kind

- would never threaten you or ask you not to tell your parents
- listens when you say no or ask them not to do something.

Extend the conversation by talking about games and social media and what safe behaviour looks like in those spaces.

More advice at: www.esafety.gov.au/parents/skills-advice/good-habits-start-young

2. How do you know if an online friendship has taken an unsafe turn?

Talk to your child about the signs that show an online friendship isn't safe. If anyone online — a friend or stranger — tries to develop a very close relationship quickly or asks for private photos or videos, they may intend to sexually abuse the young person.

Some other warning signs to look out for include:

- asking lots of personal questions
- giving excessive compliments
- wanting to keep the relationship secret
- sending gifts or money
- asking for nude photos or videos.

By helping your child recognise these typical grooming behaviours they can better protect themselves online.

More advice at: www.esafety.gov.au/parents/big-issues/unwanted-contact#warning-signs

Report unwanted contact online

It is important for parents to understand that the grooming and procuring children over the internet are crimes investigated by the police. If your child has encountered this kind of activity online, contact your local police station. If your child is in immediate danger call Triple Zero (000).

If your child receives suggestive comments, requests for explicit images or messages of a sexual nature on a social media site, app or game, it should be reported to the service. It is important to collect evidence first and then report the account even if you have blocked them — this helps make the internet safer for everyone.

If an intimate or nude image of your child has been shared or is threatened to be shared online, report it to eSafety and we can help take it down: www.esafety.gov.au/IBA

Your child may need your assistance to report a user. Use our games, apps and social networking guide to problem-solve together. Help them gather evidence, report the contact and block the user. Let your child lead the way and help them develop the skills to manage online challenges in the future.

Source: esafety.gov.au

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Federal Member for Mayo

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Be Prepared for a Disaster: Assemble an Emergency Kit

Be prepared to survive on your own for at least three days. Consider preparing two kits - one to stay where you are and one smaller, lightweight version to take with you if you have to leave.

Consider the following items:

- Water (four litres per person per day) for drinking and sanitation.
- At least a three-day supply of non-perishable foods.
- Clothing suitable for your climate.
- Sleeping bags - one for each family member.
- Flashlight and extra batteries.
- First aid kit including necessary medication.
- Whistle to signal for help.
- Filter mask (available from hardware stores), a cotton t-shirt or towel to help filter the air.
- Wrench or pliers to turn off utilities.
- Duct tape and heavy weight garbage bags or plastic sheeting to seal windows and doors to create a barrier between yourself and potential contaminants outside.

- Family documents: passports, birth certificates, driver's licence, health care and bank details.
- Cash as ATMs may not be working.

Keep a portable battery-operated radio:

Listen to the radio and watch television for official instructions as they become available.

Be prepared to survive without electricity, phone, fuel pumps and ATMs:

If the disaster occurs near your home while you are there, check for damage to utilities using a flashlight. Do not light matches, candles or turn on electrical switches. Check for fires, fire hazards and other household hazards. Smell for gas leaks, starting at the water heater.

If you smell gas or suspect a leak, turn off the main gas valve, open windows and ensure everyone leaves the area immediately.

For further information please contact your nearest police station or visit www.police.sa.gov.au.

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From our first meeting it was obvious that Martyna's passion for real estate was going to be infectious to buyers. We were not wrong. Martyna sold our house in 3 days and for much more than we could have imagined.

She achieved this by fully investing in the process, by carefully managing the buyer's expectations, by being available day and night for inquiries and follow up communication between buyers and us and finally by negotiating a higher price than first offered without alienating the competitive buyers.

It was a personalised, boutique service which resulted in 100% customer satisfaction. Martyna understands the people side of real estate which gives her a true edge over larger real estate agents.

It's a pleasure to work with her during the sale process and her keen understanding of property values and market knowledge ensures the best price is achieved. Her sales style is friendly, focused, refreshingly honest and inclusive which ensures that no potential buyers are lost. I would not hesitate to recommend or use her again.

PACT

Have Your Say – Aldgate Neighbourhood Watch

POLICE AND COMMUNITIES TOGETHER

Aldgate PACT is gathering information about local issues in your neighbourhood, so that we can work with you to take action to tackle them. **Please help us by writing down what you feel to be the biggest local issue/concern on this slip and returning it to us, by placing it in the PACT postbox at Aldgate Pharmacy.**

WHAT is your issue? (please be as specific as you can)

WHERE is this happening? (e.g. street name/specific location)

WHEN is this happening? (please provide times and days)

Please give your name and contact number so we can either talk to you about the problem or advise you of the action being taken. **THANK YOU** My Postcode is

Name.....Contact #.....Date.....