



# Neighbourhood Watch SA

No.160 DECEMBER 2019 Neighbourhood Newsletter of Aldgate Neighbourhood Watch Area 198

## IN THIS ISSUE

- Hello** ..... 1
- Crime Report** ..... 1
- Disaster Preparation**
- Pt 1: Planning** ..... 2
- Online Threats** ..... 3
- Disaster Preparation**
- Pt 2: Emergency Kit** ... 4

## ALDGATE NEIGHBOURHOOD WATCH AREA 249 NEXT MEETING

Wednesday 7.30pm  
**11th December 2019**  
The Hut Community Centre,  
1 Euston Road Aldgate  
**Everyone is welcome**

### Meetings:

3rd Wed every 2nd month

If you would like to

Contact **Aldgate WatchSA** please  
call **The Hut Community  
Information & Resource Centre**  
on 8339 4400 and leave a  
message for us to return your call

### Website & Facebook

[www.police.sa.gov.au/nhw](http://www.police.sa.gov.au/nhw)  
[www.facebook.com/  
NeighbourhoodWatchSA/](http://www.facebook.com/NeighbourhoodWatchSA/)

### Area Coordinator:

Michelle Rowe

### Police Coordinator:

Constable Michael Bowes  
**Stirling Police 8339 2422**

**Mount Barker Police  
8398 1700**

### Police Attendance 131444

DIAL **000** to report a crime  
in progress or has just  
been committed

CrimeStoppers 1800 333 000

## Hello from the new Committee

David and I are delighted to offer our time to keep the Aldgate NHW in action, and the very first thing we would like to do is acknowledge the monumental efforts of the previous committee members for their time looking after the chapter, and for their extraordinary efforts helping us through the transition period. We also note the assistance and patience of the zone leaders – the fantastic volunteers who deliver the newsletters – in this time of change.

As you can see from our crime report, Aldgate continues to be a safe place with relatively little criminal activity. While we can truly celebrate this fact, we might turn our attention again to crime that is not related to property and person - cyber-crime.

Criminals are forever innovating in this area, and we need to remain cautious when dealing with people we cannot readily verify online or on the phone. The Hut is providing a program to improve cyber security awareness (the details are included in this edition), and we encourage everyone who is concerned with cyber security to participate.

It is worth remembering that none of us are immune from making security mistakes online. While some of the automatically generated scams are easily spotted, some criminals are using more targeted and sophisticated methods to catch us out.

As we do live in an area that is safe, David and I invite you to consider NHW as a social as much as safety focused resource. Please come and join us at the next meeting to get

to know some of your neighbours. We also note that two long standing zone leaders have decided to call it a day.

We thank Jenny Sandland and Robyn Wuttke for their dedication as zone leaders and for delivering the newsletter rain, hail or shine. We welcome aboard Beck and Simon Perry who have taken on Robyn's zone. If you would like to take on Jenny's delivery area (around Snows Rd/Paratoo Rd), please let us know.

### Bushfire Season

The catastrophic fires across Queensland and New South Wales are a sobering reminder of the fact that we are now in bushfire season. The time to take preventative action to maximise the safety of yourself, your family and community is now.

We invite Aldgate residents to review your bushfire plan and to make sure your 'grab bag' is ready to go. We have included articles from SAPOL and check the CFS website for all of the necessary information for fire preparation and emergency plans at [www.cfs.sa.gov.au/](http://www.cfs.sa.gov.au/).

Please remember to report suspicious activity on 131444 or crime stoppers 1800333000.

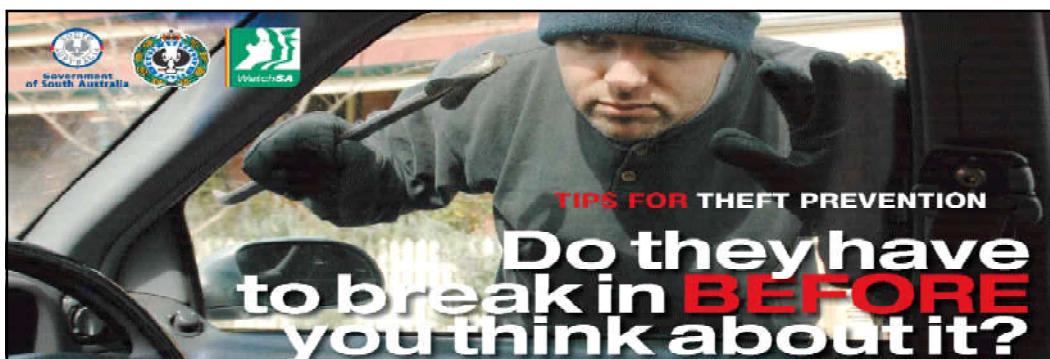
All the very best for the season!



Michelle Rowe  
Area Co-ordinator NHW 198

## Crime Report: Aldgate 1 Offence: Theft

On 25/10/2019 a \$9000 push bike was stolen from a garage in Arkaba Road, Aldgate.





**just  
smart  
devices**



**iPhone/iPad/Samsung Galaxy phone**

**REPAIRS**  
Local and Professional  
**0468 396 296**

For fast and affordable phone repairs

Book a repair and show this Ad to receive a  
FREE tempered glass screen protector

[www.justsmartdevices.com.au](http://www.justsmartdevices.com.au)  
email: [repairs@jsdevices.com.au](mailto:repairs@jsdevices.com.au)

## BEING PREPARED FOR A DISASTER: Planning

It is important that you know what to do in the event of disaster. A disaster may be a natural event, such as a fire or earthquake or may be man-made, such as a terrorism incident.

How quickly you are able to recover from such an event may depend on your planning and preparation.

Plan in advance what you and your family will do in a disaster situation. Develop an emergency preparedness plan and ensure all family members are aware.

### Consider the following emergency preparedness tips.

#### Establish a meeting place:

Having predetermined meeting places away from your home will save time and avoid confusion should your home be

affected or the area evacuated. Have two emergency locations in opposite directions. You won't know, until an actual emergency, which direction you will need to evacuate to.

You may want to make arrangements to stay with a family member or friend in case of an emergency.

Be sure to include any pets in these plans, since pets are not permitted in shelters and some hotels will not accept them.

#### Ask someone to be your key contact:

Your family may not be together when a disaster occurs. Plan how you will contact each other and review what you will do in different situations.

Consider a plan where each family member calls/emails the same family member or friend in the event of a disaster.

Consider using a person who resides out of town/state who may be in a better position to communicate and coordinate.

Ensure children have a list of phone numbers/emails in their school diaries. If the telephones are not working, please be patient and try again. Emails may still work when telephones do not.

#### Become familiar with school, work, day care and community emergency plans:

When planning ensure you think about the places where your family spends time.

Ensure you talk with your employer and children's school about their emergency plans. Know how they will communicate with you during an emergency.



#### Being Safely Connected - Top Tips

Passwords:	how to create and remember them
Viruses:	how to protect your computer or tablet
Scams:	when not to give out your personal details
Internet Safety:	for you and your children or grandchildren

#### Register to join the 'Be Connected' program. Phone The Hut to book



Ph: 83394400  
1 Euston Road  
Aldgate SA

**aldgate hair design**  
*The Professional Service  
You Deserve*



Expertise in  
colouring &  
cutting

Shop 7 Aldgate Arcade  
Aldgate

**8339 6932**

[www.aldgatehairdesign.com.au](http://www.aldgatehairdesign.com.au)

## LOCK IT OR LOSE IT!

- Park in well-lit areas
- Close all windows
- Remove all valuables from your vehicle
- Conceal valuables before you park – if they cannot be removed
- Do not leave personal documents in your vehicle.
- Always lock your vehicle if leaving it unattended.
- Carry your keys with you at all times.

**Limit the opportunities for offenders to target your vehicle or belongings.**



## TAKE THE TIME TO PREVENT A CRIME

**Don't Forget to Lock Up  
Your House  
Your Car  
Your Valuables**



## Facebook Page

Find our Statewide Neighbourhood Watch Facebook page at  
<https://www.facebook.com/NeighbourhoodWatchSA/>

## Helping your child deal with unwanted contact online

There are many benefits to socialising and playing games online — it can be entertaining and educational, while helping to build digital intelligence skills. However, games or apps with a chat function mean your child is likely to be communicating with others online, including strangers.

Our research shows it is more common than you think, with one in four young people being contacted by someone they don't know online.

Contact from strangers can make children feel uncomfortable or lead to dangerous situations like harassment or "grooming" — where a young person is lured into trusting a sexual predator online.

So just as we help guide young people to identify unsafe behaviour in the physical world, we need to do the same in their online world — for example, helping them to understand when it's not appropriate to chat to an adult without a parent around.

### Conversation starters

Talking with your children about their 'online friends' can be a great way to help develop their skills around identifying and dealing with unwanted contact.

#### 1. What do you think makes a good online friend?

Parents and carers can help young people recognise respectful, safe online relationships. Talk to your child about what good friends do, personal boundaries and safe behaviour. For example, a good online friend:

- would never send anything to shock you or make you feel icky
- would never ask you to do something that makes you feel uncomfortable
- understands when you need time away
- speaks to you with respect
- respects your feelings and is kind

See Something,  
Say Something,  
Call Crime Stoppers

**CRIME  
STOPPERS**  
.com.au  
1800 333 000

South Australia

000 **EMERGENCY** **THINK FIRST THEN DIAL** POLICE ASSISTANCE 131444

- would never threaten you or ask you not to tell your parents
- listens when you say no or ask them not to do something.

Extend the conversation by talking about games and social media and what safe behaviour looks like in those spaces.

More advice at: [www.esafety.gov.au/parents/skills-advice/good-habits-start-young](http://www.esafety.gov.au/parents/skills-advice/good-habits-start-young)

#### 2. How do you know if an online friendship has taken an unsafe turn?

Talk to your child about the signs that show an online friendship isn't safe. If anyone online — a friend or stranger — tries to develop a very close relationship quickly or asks for private photos or videos, they may intend to sexually abuse the young person.

Some other warning signs to look out for include:

- asking lots of personal questions
- giving excessive compliments
- wanting to keep the relationship secret
- sending gifts or money
- asking for nude photos or videos.

By helping your child recognise these typical grooming behaviours they can better protect themselves online.

More advice at: [www.esafety.gov.au/parents/big-issues/unwanted-contact#warning-signs](http://www.esafety.gov.au/parents/big-issues/unwanted-contact#warning-signs)

### Report unwanted contact online

It is important for parents to understand that the grooming and procuring children over the internet are crimes investigated by the police. If your child has encountered this kind of activity online, contact your local police station. If your child is in immediate danger call Triple Zero (000).

If your child receives suggestive comments, requests for explicit images or messages of a sexual nature on a social media site, app or game, it should be reported to the service. It is important to collect evidence first and then report the account even if you have blocked them — this helps makes the internet safer for everyone.

If an intimate or nude image of your child has been shared or is threatened to be shared online, report it to eSafety and we can help take it down: [www.esafety.gov.au/IBA](http://www.esafety.gov.au/IBA)

Your child may need your assistance to report a user. Use our games, apps and social networking guide to problem-solve together. Help them gather evidence, report the contact and block the user. Let your child lead the way and help them develop the skills to manage online challenges in the future.

Source: [esafety.gov.au](http://esafety.gov.au)

**Crowies**  
PAINTS

for all your painting needs

- Interior
- Exterior
- Industrial
- Anti Graffiti

208 Mt Barker Rd  
Aldgate SA 5154  
**8339 5439**

**Crowies Paints**

- ✓ Right Product
- ✓ Right Price
- ✓ Right advice

**OPTOMETRISTS**  
THOMAS & MACKAY



232 MT BARKER RD,  
SHOP 3B ALDgate VILLAGE SA 5154  
**8339 4477**

Proudly local & independently owned & operated

**ALL  
HEATH FUNDS  
ACCEPTED**

**HICAPS** **medicare**  
Fast claims... on the spot **easyclaim**

**SHINE HOME  
CLEANING SERVICE**

Residential Cleaning  
Commercial Cleaning  
Carpet / Upholstery Cleaning  
Window Cleaning  
End of Lease Cleaning

National Police Clearance  
Public Liability Cover  
We proudly support the  
Aldgate NHW  
newsletter

**Jane: 0413 068 804**  
**Peter: 0439 866 858**

[www.shinehomecleaningservice.com.au](http://www.shinehomecleaningservice.com.au)

# Rebekha Sharkie MP

Federal Member for Mayo

MAKING MAYO  
MATTER!

1/72 Gawler St,  
Mount Barker  
SA 5251

08 8398 5506

[www.rebekhasharkie.com.au](http://www.rebekhasharkie.com.au)



PHYSIOTHERAPY

18 EUSTON ROAD  
ALDGATE

- Chronic & Complex Pain
- Workplace & Sporting Injury
- General Aches & Pains
- Post-Op Rehab
- Small Group Exercise Classes
- Home-Visits 10 km Radius
- Medicare Bulk-Billing
- Private Health Rebates / HICAPS
- Online Bookings

0401 684 840

## KOALA RESCUE SERVICE

### Help us help our Koalas

Call our 24 HOUR HOTLINE to report Koalas who are injured, sick or orphaned

**1300 KOALAS  
(1300 562 527)**

24 HOURS A DAY,  
365 DAYS A YEAR

Save our number to  
your phone

[www.faunarescue.org.au](http://www.faunarescue.org.au)  
facebook: Fauna Rescue Koalas  
- 1300koalas



## Be Prepared for a Disaster: Assemble an Emergency Kit

Be prepared to survive on your own for at least three days. Consider preparing two kits - one to stay where you are and one smaller, lightweight version to take with you if you have to leave.

### Consider the following items:

- Water (four litres per person per day) for drinking and sanitation.
- At least a three-day supply of non-perishable foods.
- Clothing suitable for your climate.
- Sleeping bags - one for each family member.
- Flashlight and extra batteries.
- First aid kit including necessary medication.
- Whistle to signal for help.
- Filter mask (available from hardware stores), a cotton t-shirt or towel to help filter the air.
- Wrench or pliers to turn off utilities.
- Duct tape and heavy weight garbage bags or plastic sheeting to seal windows and doors to create a barrier between yourself and potential contaminants outside.

- Family documents: passports, birth certificates, driver's licence, health care and bank details.

- Cash as ATMs may not be working.

### Keep a portable battery-operated radio:

Listen to the radio and watch television for official instructions as they become available.

### Be prepared to survive without electricity, phone, fuel pumps and ATMs:

If the disaster occurs near your home while you are there, check for damage to utilities using a flashlight. Do not light matches, candles or turn on electrical switches. Check for fires, fire hazards and other household hazards. Smell for gas leaks, starting at the water heater.

If you smell gas or suspect a leak, turn off the main gas valve, open windows and ensure everyone leaves the area immediately.

For further information please contact your nearest police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au).

## THOMAS REAL ESTATE



Your Local Agent, living in Aldgate, selling in Aldgate...

Excellent local market knowledge

For a free appraisal of your property contact Martyna Thomas.

Tel 0405157233

Email [martyna@thomasre.com.au](mailto:martyna@thomasre.com.au)

Web [www.thomasre.com.au](http://www.thomasre.com.au)

**TESTIMONIAL:** A pleasure to work with. Amazing results. Could not have been happier with the service.

From our first meeting it was obvious that Martyna's passion for real estate was going to be infectious to buyers. We were not wrong. Martyna sold our house in 3 days and for much more than we could have imagined.

She achieved this by fully investing in the process, by carefully managing the buyer's expectations, by being available day and night for inquiries and follow up communication between buyers and us and finally by negotiating a higher price than first offered without alienating the competitive buyers.

It was a personalised, boutique service which resulted in 100% customer satisfaction. Martyna understands the people side of real estate which gives her a true edge over larger real estate agents.

It's a pleasure to work with her during the sale process and her keen understanding of property values and market knowledge ensures the best price is achieved. Her sales style is friendly, focused, refreshingly honest and inclusive which ensures that no potential buyers are lost. I would not hesitate to recommend or use her again.

## PACT

POLICE AND COMMUNITIES TOGETHER

### Have Your Say – Aldgate Neighbourhood Watch

Aldgate PACT is gathering information about local issues in your neighbourhood, so that we can work with you to take action to tackle them. Please help us by writing down what you feel to be the biggest local issue/concern on this slip and returning it to us, by placing it in the PACT postbox at Aldgate Pharmacy.

WHAT is your issue? (please be as specific as you can)

WHERE is this happening? (e.g. street name/specific location)

WHEN is this happening? (please provide times and days)

Please give your name and contact number so we can either talk to you about the problem or advise you of the action being taken. THANK YOU My Postcode is .....

Name..... Contact #..... Date.....