



Neighbourhood Watch SA

No.161 FEBRUARY 2020 Neighbourhood Newsletter of Aldgate Neighbourhood Watch Area 198

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ALDGATE

NEIGHBOURHOOD WATCH AREA 249

NEXT MEETING

Wednesday 7.30pm

19th February 2019

The Hut Community Centre,
1 Euston Road Aldgate

Everyone is welcome

Meetings:

3rd Wed every 2nd month

If you would like to

Contact **Aldgate WatchSA** please
call **The Hut Community**

Information & Resource Centre on
8339 4400 and leave a message
for us to return your call

Website & Facebook

www.police.sa.gov.au/nhw

[www.facebook.com/
NeighbourhoodWatchSA/](https://www.facebook.com/NeighbourhoodWatchSA/)

Area Coordinator:

Michelle Rowe

Police Coordinator:

Constable Michael Bowes

Stirling Police 8339 2422

Mount Barker Police

8398 1700

Police Attendance 131444

DIAL 000 to report a crime in
progress or has just
been committed

CrimeStoppers 1800 333 000

HAPPY NEW YEAR

We wish all residents and volunteers a belated happy new year and a safe and prosperous 2020. We once again invite all Aldgate residents to join in either working with the Neighborhood Watch Committee, or come along to meetings to get to know more people in our community.

BUSHFIRE SEASON

Prior to Christmas, we all witnessed the catastrophic fires across Queensland and New South Wales providing a sobering reminder of the bushfire season. It is hard to imagine that the situations worsened to the point where words are unable to rightly convey the scale of trauma

and loss that has occurred since - in almost all states and territories.

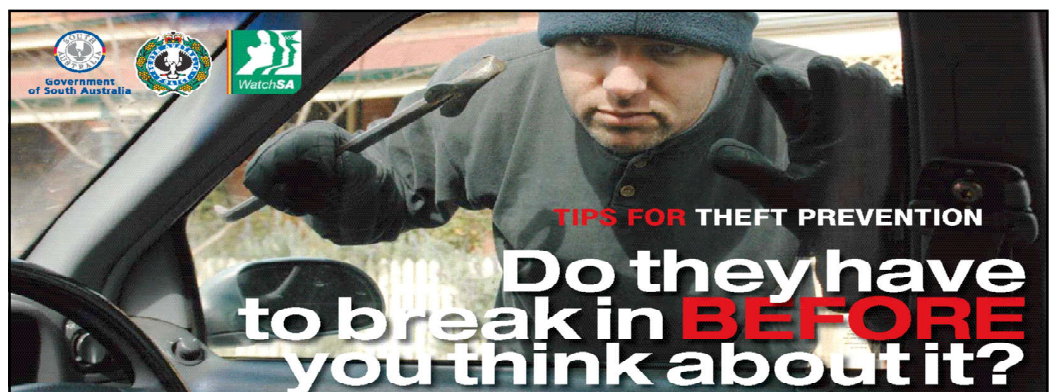
Especially for those new to the hills, please take the time to get fully acquainted with all you need to know about preventative action to maximise the safety of your family and community, and also have a concrete plan of action in the case of a fire emergency.

The CFS website carries all of the necessary information for fire preparation and emergency plans www.cfs.sa.gov.au/ Please remember to report suspicious activity on 131444 or crime stoppers 1800333000.

HOME SECURITY

To reduce the opportunity for thieves to gain entry into your home, consider the following crime prevention security tips:

- Ensure appropriate keyed locks are fitted to all doors and windows.
 - Even when you are outside, be sure to lock all doors and windows.
 - Lock gates, garages and sheds when not in use.
 - House keys, car keys and garage remote controls should be kept in a safe location. Thieves may use them to gain entry to your home or to steal your car.
 - Install and activate an alarm system.
 - Keep trees and bushes in front of doors and windows trimmed to avoid being used as hiding places.
 - Lock all garden tools and ladders away securely so they cannot be used to break into your home.
 - Don't leave valuables in obvious places. Thieves often target jewellery in jewellery boxes on bedroom dressers & other valuables in bedside drawers and cupboards.
 - Break down packaging of expensive items and place it in your bin.
 - Lock your meter box to prevent thieves interfering with your power supply (contact your local electricity provider for more information).
- Mark Valuable Property**
- Use an engraver, ultra violet (UV) pen or microdots to mark property.
 - Mark your valuables with your driver's licence number, prefixed by the letter 'S' for South Australia, e.g. S123456.
 - Photograph jewellery with a ruler beside it to give an indication of the actual size.
 - Record all details on a property record and keep this in a safe place.
- For further home security crime prevention information please visit www.police.sa.gov.au.





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HEATWAVES AND HOT WEATHER

Source: <https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>



Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

Drink plenty of water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

Stay cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up

- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.



FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill.

Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.
- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444.

DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations. We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
 - within a family across generations.
- Domestic violence includes:
- physical violence
 - sexual violence
 - emotional abuse
 - verbal abuse
 - property damage
 - financial abuse
 - threats to harm
 - stalking.

Domestic violence is damaging to victims, their children, family and friends.



Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number & property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit www.police.sa.gov.au

If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.

Where possible we try to hold the person responsible for the violence accountable for their actions.

Help and Support at Domestic Violence Situations

Police assistance

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent police assistance.

Seek advice about your options by contacting the Hills Fleurieu District Family Violence Investigation Section on 8339 2422.

Counselling and emergency accommodation is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence Counselling Service on 1800 RESPECT.

Further information is available on the 1800RESPECT website.

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Federal Member for Mayo

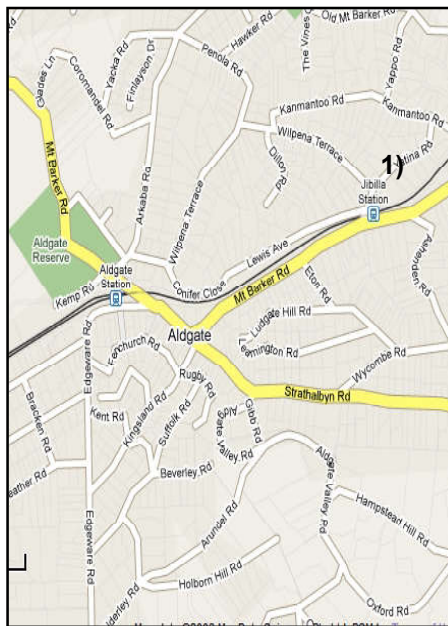
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Passwords: how to create and remember them
Viruses: how to protect your computer or tablet
Scams: when not to give out your personal details
Internet Safety: for you and your children or grandchildren

Register to join the Be Connected program and learn all of these and more.
Fun group sessions will be held weekly
Phone The Hut to book 83394400
1 Euston Road Aldgate



See Something,
Say Something,
Call Crime Stoppers



CRIME STOPPERS
.com.au
1800 333 000

South Australia



1. 24/1/2020 Yatina Road Aldgate
Attempted break-in at a residence. Nil entry gained but damage to door.

Support our supporters


This Neighbourhood Watch Newsletter is only made possible through the support of local businesses - please return the favour by supporting our sponsors.

THOMAS

REAL ESTATE



Are you looking to sell your home?
Please call Martyna on 0405 157 233 for a complimentary appraisal.
Martyna lives in Aldgate and has great local knowledge.



NHW HELPING THE COMMUNITY

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (AGM details on front page).

PACT

Have Your Say – Aldgate Neighbourhood Watch

POLICE AND COMMUNITIES TOGETHER

Aldgate PACT is gathering information about local issues in your neighbourhood, so that we can work with you to take action to tackle them. **Please help us by writing down what you feel to be the biggest local issue/concern on this slip and returning it to us, by placing it in the PACT postbox at Aldgate Pharmacy.**

WHAT is your issue? (please be as specific as you can)

WHERE is this happening? (e.g. street name/specific location)

WHEN is this happening? (please provide times and days)

Please give your name and contact number so we can either talk to you about the problem or advise you of the action being taken. **THANK YOU** My Postcode is

Name.....Contact #.....Date.....