



Neighbourhood Watch SA

APRIL 2024

Bimonthly Neighbourhood Newsletter of Flagstaff Hill NHW Area 453

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FLAGSTAFF HILL

NEIGHBOURHOOD WATCH AREA 453

NEXT MEETING

6.30pm - 7.30pm
Wednesday

10th April 2024

Flagstaff Hill Golf Club
'The Hut' Memford Way

GUEST SPEAKER

Geoff Eaton, Onkaparinga
Councillor (Thalassa Ward)

ALL WELCOME

FUTURE MEETING

12th June 2024

NHW SA on Facebook...

Stay up to date with NHW SA's news, updates, and crime prevention tips at: www.facebook.com/NeighbourhoodWatchSA

Area Co-ordinator

Matt Curnow

Police Co-ordinator

Senior Constable Emily Watson

Newsletter Editor

Simon Linley

Delivery Coordinator

Sandy Hathaway

Mail/Email

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Happy Valley 5159

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Nearest Police Stations

Sturt Police Station
333 Sturt Rd, Bedford Park
Christies Beach Police Station
94 Dyson Rd, Christies Downs

PREVIOUS MEETING

Thanks so much to Jenny Stock, who is a 'Stroke Safe' volunteer from the Stroke Foundation.

Jenny gave a very informative presentation on what strokes are; how to assess if someone is having a stroke; and how to prevent strokes.

Think F.A.S.T. and act FAST. Applying the four steps of determining whether a stroke has occurred: **Face, Arms, Speech and Time** is critical - get help quickly, call 000 and do not give them anything to eat or drink.



- You have **2-3 hours** to get hospital treatment, otherwise permanent damage is likely
- Every minute a stroke goes untreated up to 1.9 million brain cells die
- **Talk to your doctor** about your risk factors & get your blood pressure & cholesterol checked
- Strokes affect families, not just the person having the stroke
- Call the Stroke Line for more information (Mon to Fri 9am-5pm) on 1800 787 653 or email strokeline@strokefoundation.org.au

AREACoordinator's REPORT

We start another year with a healthy committee and with many volunteers delivering newsletters throughout our community.

I would like to again thank those volunteers and our committee. We also welcome our Police Coordinator Sen. Const. Emily Watson.

A trial is being currently being conducted with four local NHW Areas operating their own Facebook Page.

If all goes well accredited NHW area groups will be permitted to establish their own page.

NEXT MEETING

Our guest speaker is local councillor Geoff Eaton, who will discuss what's happening in our local community.

All residents are welcome and free light refreshments will be available! See you there.

Matt Curnow, Area Coordinator

REPORTING CRIME

Emergencies

Call Triple Zero (000) in an emergency.

Where life or injury is threatened, or danger to people and property.

Non-Emergencies

Call 131 444 for non-urgent police assistance.

For reporting after a crime, reporting a missing person or making police-related enquiries.

Crime Stoppers

Report information about criminals and suspicious activities to Crime Stoppers on 1800 333 000 or at www.crimestopperssa.com.au

Cybercrime

To report cybercrime, or get further information about frauds and scams, visit:

SAPOL: www.police.sa.gov.au/scams
AUSTRALIAN CYBER SECURITY CENTRE

Website: www.cyber.gov.au

IDCARE Phone: 1300 432 273

Web: www.idcare.org

SCAMwatch WEBSITE:

www.scamwatch.gov.au

SOME TIME TO SPARE?

Please consider joining our group of volunteer 'walkers', delivering these newsletters.

It's a great opportunity to get some exercise, get to know your local streets and help your community, and it only takes 1-2 hours every 2 months (total six deliveries a year).

We are in need of a few extra walkers to cover injuries, holidays and ill-health.

To find out more please contact Sandy Hathaway on 0418 843 023 or sandyh66@bigpond.net.au



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**PROTECT YOURSELF
KNOW THE SCAM**



"I don't believe everything I'm told, do you?"

Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit www.scamwatch.gov.au

Report all scams to the police assistance line by calling 131 444.

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Dealing with Online Abuse

Australia has strong laws to prevent and deal with harm caused by serious online abuse and illegal and restricted online content.

If you or someone you know experiences online abuse, [eSafety](http://www.esafety.gov.au) can help – Australia's regulator for online safety.

How eSafety can help

eSafety can help to remove harmful online content, provided it meets the legal threshold for investigation.

It can investigate:

- **Cyberbullying** - Serious harmful online communication to or about a child or young person under 18. This behaviour can include being mean online, sending hurtful messages, sharing embarrassing photos and creating fake accounts.
- **Adult cyber abuse** - Seriously harmful online communication to or about a person who is 18 or older. This content is menacing, harassing or offensive and intended to cause serious harm. It may include tech abuse, being cyber stalked, threatened online or being doxed (having private or identifying information published typically without consent and/or with malicious intent).
- **Image based abuse** - Sharing or threatening to share nudes or intimate images or videos of a person without their consent - sometimes called 'revenge porn' or sexual extortion.
- **Illegal or restricted content** - Content that shows or encourages the sexual abuse or exploitation of children, terrorist acts or other types of violent crimes or extreme violence.

How to make a report

Online abuse can happen on a social media site, game, app or any other

online or electronic platform. It can include posts, comments, texts, messages, chats, livestreams, memes, images, videos and emails.

There are different steps to follow when you make a report - based on the type of abuse:

- **For cyberbullying and adult cyber abuse:** Report to the online service or social platform first. If they don't remove the content within 48 hours, report to eSafety.

- **For image-based abuse or illegal and restricted content:** Report to eSafety immediately.

Find out more about what eSafety can investigate, how to make a report and how to collect evidence.

Even if eSafety cannot get the material removed, they will check that you are safe and give you support and information to help you protect yourself.

Support and resources

Seek help if this happens to you. It's not your fault and you are not alone.

eSafety Commissioner - www.esafety.gov.au

Australian Centre to Counter Child Exploitation - www.acce.gov.au

Lifeline - 13 11 14 or www.lifeline.org.au

Kids Helpline - 1800 55 1800 or <https://kidshelpline.com.au>

Source: SAPOL website <https://www.police.sa.gov.au/your-safety/scams-and-cybercrime/cyberbullying>

Help protect your car and property from thieves!



- Remove all your valuables from your vehicle.
- Keep vehicle interior tidy, even shopping bags can entice thieves!
- Tradies! Ensure tools and trade equipment are secure and out of sight.
- Close your windows and lock your vehicle.



SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES



Government of South Australia



Neighbourhood Watch SA

What is the Online Safety Act ?

The Online Safety Act 2021 is legislation that makes Australia's laws for online safety more expansive and much stronger.

Our laws need to keep pace with advances in technology and the threats we face online from harmful behaviour and toxic content. These modern times of rapid change and social upheaval call for robust new laws.

The new powers in the Online Safety Act cement eSafety's role as a world leader in online safety. They place Australia at the international forefront in the fight against online harm.

The Act has significant implications for online service providers because it makes them more accountable for the online safety of the people who use their service.

The Act gives eSafety substantial new powers to protect all Australians – adults now as well as children – across most online platforms and forums where people can experience harm.

There is, for the first time, a clear set of expectations for online service providers that makes them accountable for the safety of people who use their services.

The Act also requires industry to develop new codes to regulate illegal and restricted content. This refers to the most seriously harmful material, such as videos showing sexual abuse of children or acts of terrorism, through to content that is inappropriate for children, such as high impact violence and nudity.

What are the latest changes in the Act?

The Online Safety Act:

- creates a world-first Adult Cyber Abuse Scheme for Australians 18 years and older
- broadens the Cyberbullying Scheme for children to capture harms that occur on services other than social media
- updates the Image-Based Abuse Scheme that allows eSafety to seek removal of intimate images or videos shared online without the consent of the person shown
- gives eSafety new powers to require internet service providers to block access to material showing abhorrent violent conduct such as terrorist acts
- gives the existing Online Content Scheme new powers to regulate illegal and restricted content no matter where it's hosted
- brings app distribution services and search engines into the remit of the new Online Content Scheme
- introduces Basic Online Safety Expectations for online service providers
- halves the time that online service providers have to respond to an eSafety removal notice, though eSafety can extend the new 24 hour period.

For more information visit:
esafety.gov.au



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Dr Feroz Rammal MBBS, FRACGP
Dr Rupinder Sekhon Female GP MBBS, FRACGP
Dr Naila Sherwani Female GP MBBS, FRACGP
Dr Yog Raman Sareen MBBS, FRACGP
Dr Sudhir Anand MBBS, FRACGP, DCP, PG Dip Diabetes
Dr Deepak Janardhan MBBS FRACGP
Dr Anurag Pillai MD FRACGP

Monday	9:00 am - 7:30 pm
Tue - Wed	9:00 am - 9:00 pm
Thursday	9:00 am - 8:30 pm
Friday	9:00 am - 5:30 pm
Saturday	1:00 pm - 6:00 pm
Sunday	12:30 pm - 5:00 pm

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Property damage

1. 9/2/24 Vynland Drive Water balloons thrown at home, occupant heard them hitting door. Nil damage.

Remember: See Something, Say something, Call Crime Stoppers





THINK FIRST THEN DIAL

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Erin Thompson MP
MEMBER FOR DAVENPORT
Delivering for Davenport



8270 5122 | PO Box 1137, Flagstaff Hill SA 5159 | Shop 11, The Hub Shopping Centre, Taylors Road Aberfoyle Park 5159
[erinthompsondavenport](https://www.facebook.com/erinthompsondavenport)

WHAT IS NEIGHBOURHOOD WATCHSA?



NHW SA is a community crime prevention program delivered by the Neighbourhood Watch Volunteers Association of SA Inc. in partnership with SA Police. The vision of NHW SA is to create a safe and connected community.

Local Neighbourhood Watch Areas (like this one) work with local SA Police to help prevent crime. Together we can take action on local issues and help raise awareness of safety and security.

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