



Neighbourhood Watch SA

MARCH 2020

Quarterly Neighbourhood Newsletter of Glengowrie/Morphettville NHW

ISSUE NO. 238

Coordinator's Report ..	1
Bike Passport	1
Fire Prevention	2
Domestic Violence	2
Heatwaves	3
Police Incidents	4

GLENGOWRIE/ MORPHETTVILLE

NEIGHBOURHOOD
WATCH AREA
282/283/152

NEXT MEETING

3rd June

**7.30pm Glengowrie
Retirement Village**
(Southern Ave off Hazelmere -
next to the dog park)

ALL WELCOME

Names & contacts for your Watch area

Area Co-ordinator:

Kelly van Ruth

M: 0412 700 056

E: kellymarie-77

@hotmail.com

Police Coordinator:

Constable Patrick Burns

Nearest Police Station

333 Sturt Road, Bedford Park

Ph: 8207 4700

7 days 9am-9pm

Police Attendance:

Ph 131 444

DIAL **000** to report a crime in
progress or has
just been committed

Area Coordinator's Report

Welcome to the first edition of the newsletters for Glengowrie/Morphettville Neighbourhood Watch Group.

Please note dates for our 2020 meetings below. You may have noticed we now meet quarterly rather than bi-monthly.

We voted to change the frequency of our meetings last year in the hope it may increase numbers at our meetings and reduce the workload for our committee members.

Two meetings will consist of our AGM and our December Christmas get together.

I hope to have a guest speaker at the other two meetings however given our

meetings are held at night time securing a guest speaker is difficult.

If you know of anyone from our community that would like to attend our meetings and speak about an organisation they are involved in, please contact me either via mobile on 0412 700 056 or via email kellymarie-77@hotmail.com.

In the past we have had guest speakers from Marion Council, MFS, Guide Dogs volunteer, COTA, SAPOL, Local Members for Morphett.

We look forward to seeing some new faces at our future meetings.

Warm regards, Kelly van Ruth

2020 MEETINGS

4th March 7.30pm

3rd June 7.30pm

2nd September 7.30pm - AGM

Wed 7.30pm 2nd December

Christmas get together

All Welcome

SAPOL Bike Passport

The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike that will assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting www.police.sa.gov.au

Consider the following crime prevention tips:

- Engrave or mark your bike frame (near the serial number) with an ultraviolet (UV) pen, microdot or by other permanent means with your driver's licence number prefixed by the letter 'S' for South Australia, e.g. S123456.
- Mark all accessories including helmet, lights, pump, saddle, etc.
- Take a photograph of your bike.
- Complete the Bike Passport and keep it in a safe place.
- Purchase and fit a good quality bike lock.
- Always park and secure your bike in well-lit and populated areas.
- Always lock the frame and both wheels to a secure object.
- When securing your bike, remove equipment including helmet, lights, pump, etc.
- Never leave your bike unattended and unlocked, even for a short period of time.
- When at home, secure your bike in a locked shed or inside your house.

My bike details

Make/Model:	_____		
Type (racing/mountain etc):	_____		
<input type="checkbox"/> Women's	<input type="checkbox"/> Men's	<input type="checkbox"/> Unisex	<input type="checkbox"/> Child's
Frame colours:	_____		
Frame size:	_____	Wheel size:	_____
Tyres (make/colour):	_____		
Rims (make/type):	_____		
Gears (make/type/number):	_____		
Handlebar type (racing/flat etc):	_____		
Pedal type (clipless/flat etc):	_____		
Saddle (make/colour/material etc):	_____		
Accessories (lights/reflectors/saddle bag/computer etc):	_____		
Serial number (located under crank shaft):	_____		
Inscription (placement/mark e.g. engraved driver's licence number):	_____		
Identifying marks (stickers/badges/damage/distinctive paintwork etc):	_____		
Insurance details (company/policy number):	_____		
Date of purchase:	/ /	Value:	_____

**For further information contact
your local police station or
visit www.police.sa.gov.au**

JANUD DENTURE CLINIC

For all your denture needs



- Complete and partial dentures
- Immediate dentures
- Denture reline service (same day)
- Denture repair service (within 2-3 hours)
- Mouthguards

Open Mon-Friday 9:30-5:00

SADS & DVA Patients welcome

Pensioners & Seniors Discounts

NOTE: Emergency Denture Repair appointments may be made any time of day

1496 Main South Rd, Sturt

Mobile Service Available

Ph: 8377 1001 Mob: 0421 514 647



REPORT
DANGEROUS
DRIVING TO POLICE

Traffic Watch
131 444

Find us on
Facebook

NHWSA Facebook Page

A Statewide Neighbourhood Watch

Facebook page can be found at

<https://www.facebook.com/NeighbourhoodWatchSA/>



NHW HELPING
THE COMMUNITY

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).

FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill.

Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.

If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.

- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444. Keep a note pad and record helpful details including:

- location of the suspicious activity i.e. RPA number and property name, road name, or identifying landmarks
- vehicle details i.e. registration no., make, model, colour & distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information visit

www.police.sa.gov.au

DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations.

We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
- within a family across generations.

Domestic violence includes:

- physical violence
- sexual violence
- emotional abuse
- verbal abuse
- property damage
- financial abuse
- threats to harm
- stalking.

Where possible we try to hold the person responsible for the violence accountable for their actions.

Help & Support at Domestic Violence Situations

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent **police assistance**. Seek advice about your options by contacting the Southern District Family Violence Investigation Section on 8392 9172.

Counselling & **emergency accommodation** is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence **Counselling Service** on 1800 RESPECT.

Further information is available on the 1800RESPECT website.

Secure and social The perfect retirement lifestyle!

- 24/7 emergency staff for peace of mind
- Home maintenance and gardening
- Professional cleaning services
- Nutritious, delicious meals served daily
- Family and medical liaison
- Busy activities and social calendar

For more information about a safe and secure lifestyle, call us on 8376 1434

170 Oaklands Road, Glengowrie Phone 8376 1434 www.retireaustralia.com.au



Glengowrie Estate
RETIREMENT VILLAGE
Especially made for you

HEATWAVES & HOT WEATHER

Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

Drink plenty of Water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

Stay Cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up
- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping

mall, community centre, library or swimming pool.

Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.

JUNIPER & PINE
 CAFE RESTAURANT

2/450 Brighton Road
 Brighton 8358 2453

25% OFF*

NOW OPEN FOR
BREAKFAST - LUNCH - DINERS

Present this Coupon to redeem offer
 Not Valid with any other offers
 Dine-in or Takeaway

Disclaimer: This publication has been prepared as a public service initiative and while every care has been taken in its preparation no warranty is given nor representation, either express or implied, made regarding the accuracy, currency or fitness for purpose of the information, advice provided and no liability or responsibility is accepted by the State of South Australia, its instrumentalities, South Australia Police (their agents, officers and employees) and Neighbourhood Watch SA (Neighbourhood Watch Volunteers Assoc. of SA Inc.) for any loss suffered by any person in consequence of any use of and reliance placed by any person upon the said information or advice.

JAMES RAMSEY
 MANUFACTURING JEWELLER
 0451 470 483
 jrmmanufacturingjeweller@hotmail.com
 www.jrjewellers.com.au

WE OFFER SAME DAY REPAIRS

KEY CUTTING
\$5 PER ITEM

WATCH BATTERIES
\$10 PER ITEM

RHODIUM PLATING
\$25 PER ITEM

SEKONDA
 THE CARE BY WATCH BRAND

254 Brighton Road, Somerton Park, SA, 5044
 Next to Tradelink

OPENING HOURS: Tuesday to Friday 10am to 5pm
 Saturday 10:00 to 1:00 pm | After hours by appointment

See Something,
 Say Something,
 Call Crime Stoppers

CRIME STOPPERS
 .com.au
1800 333 000
 South Australia

000 EMERGENCY
THINK FIRST THEN DIAL
POLICE ASSISTANCE 131444

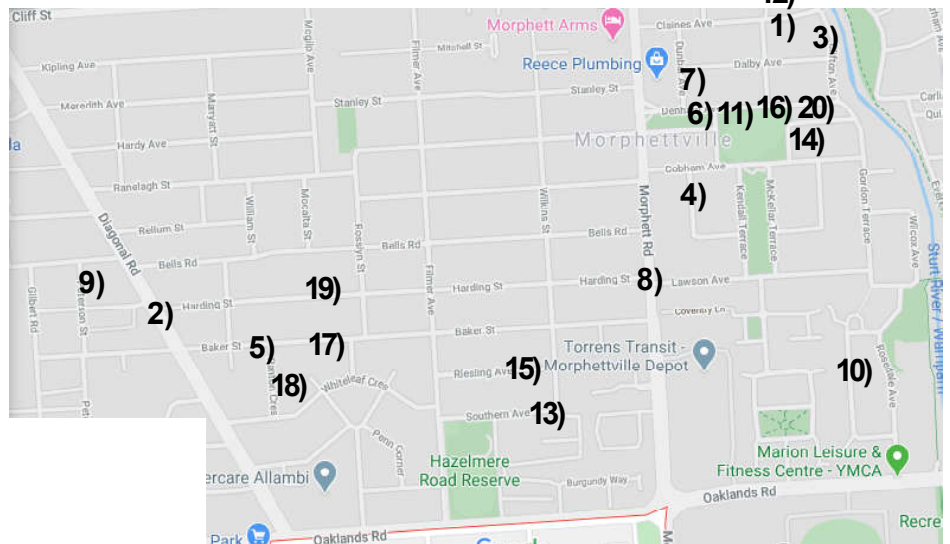
IGA GLENELG EAST IGA

Cnr Diagonal Road & Cliff Street

- Fresh fruit & vegetables
- Grocery
- Dairy
- Frozen
- Meat

Proudly Supporting Neighbourhood Watch

Open every day



PROPERTY DAMAGE

- 18/11/19 Claines Av Window panel near front door broken. Nil entry. Value \$300.
- 19/12/19 Diagonal Rd Fence damaged. Value \$100.00.
- 24/01/20 Clifton Av Door latch damaged and pot plants stolen.
- 25/01/20 Gilmore Cr Spray painted graffiti on front fence with 2 tags.
- 03/02/20 Baker St Property damage and graffiti to fence.

THEFT

- 11/11/19 Denham Av CCTV camera stolen from business premises.
- 26/11/19 Dunbar Av Copper piping stolen from 3 dwellings on building site. Value \$3600.
- 06/12/19 Morphet Rd Theft of number plate from vehicle.
- 13/12/19 Paterson Cr Work bag containing papers and laptop stolen from unlocked vehicle parked in driveway.
- 14/12/19 Radstock St Copper wiring stolen from stobie pole to house. Value \$6000.
- 18/12/19 Denham Av Theft from motor vehicle.
- 21/12/19 Empire Rose Ct Unlocked vehicle entered in street overnight. Nil stolen.
- 10/01/20 Southern Av Theft from motor vehicle, unknown items stolen.
- 17/01/20 Wallage Av Theft of CCTV camera.
- 18/01/20 Riesling Av Front number plate stolen while parked in driveway.
- 02/02/20 Denham Av Theft of CCTV camera.
- 04/02/20 Baker St Numerous items stolen from unlocked vehicle in driveway.
- 05/02/20 Panton Cr Handbag stolen from beside open front door.

TRESPASS/BREAK-IN

- 24/11/19 Harding St Theft of electrical piping, including 20m outside and 20m of solar cables inside.
- 24/01/20 Denham Av Attempted break-in to supermarket.

CLIMATE MASTERS SEELEY INTERNATIONAL

ADELAIDE HEATING & COOLING

Keep cool this summer
and save on running costs with Breezair evaporative air conditioning

MAGIQTOUCH
Controller

53 Main South Road, O'Halloran Hill
Ph: 8322 9111

Breezair
by SEELEY INTERNATIONAL

WHITE LADY FUNERALS
a woman's understanding

**GLENSIDE
HILLCREST
PLYMPTON**

1300 656 550
whiteladyfunerals.com.au

**Tuesday 12pm-7pm
Thursday 12pm-7pm**

We're in your area during these times.

To book your free appointment and discover your property's worth, give us a call today.

Jarad Henry & Debbie Mundy
0418 842 701

LJ Hooker

Glenelg 82946000 | RLA 182909