



# Neighbourhood Watch SA

**MARCH 2020**

Quarterly Neighbourhood Newsletter of Panorama 2 NHW Area 193

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## PANORAMA 2 NEIGHBOURHOOD WATCH AREA 193

**Annual General Meeting**  
 Wednesday 27th May  
 7pm Colonel Light Gardens RSL,  
 Colonel Light Gardens

### ALL WELCOME!

*Bringing local residents & police together for a safe & connected community*

Come to a meeting, see what we do & show support for your NHW area

Our meetings are held quarterly at  
**7pm 4th Wednesday night**  
 of February, May (AGM),  
 August and November

#### Area Co-ordinator

Bruce Gallasch Ph: 8276 8608  
[brucegallasch@hotmail.com](mailto:brucegallasch@hotmail.com)

#### Report Graffiti Damage

**Council owned property**  
 City of Mitcham 8372 8888

**Stobie poles or ETS boxes**  
 ETS Utilities 8404 5673

**Payphones**  
 Telstra 1802244

**Private property**  
 Sturt Police 8207 4700

**Police Attendance 131444**

DIAL **000** to report a crime in progress  
 or has just been committed  
**CrimeStoppers 1800 333 000**

## SAPOL Bike Passport

The Bike Passport will help better secure your bike and make it easier to identify if stolen.

The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike that will assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting [www.police.sa.gov.au](http://www.police.sa.gov.au)

#### Consider the following crime prevention tips:

- Engrave or mark your bike frame (near the serial number) with an ultraviolet (UV) pen, microdot or by other permanent means with your driver's licence number prefixed by the letter 'S' for South Australia, e.g. S123456.
- Mark all accessories including helmet, lights, pump, saddle, etc.
- Take a photograph of your bike.
- Complete the Bike Passport and keep it in a safe place.
- Purchase and fit a good quality bike lock.
- Always park and secure your bike in well-lit and populated areas.
- Always lock the frame and both wheels to a secure object.
- When securing your bike, remove equipment including helmet, lights, pump, etc.
- Never leave your bike unattended and unlocked, even for a short period of time.
- When at home, secure your bike in a locked shed or inside your house.

#### My bike details

**Make/Model:** \_\_\_\_\_  
**Type** (racing/mountain etc): \_\_\_\_\_  
 Women's    Men's    Unisex    Child's  
**Frame colours:** \_\_\_\_\_  
**Frame size:** \_\_\_\_\_ **Wheel size:** \_\_\_\_\_  
**Tyres** (make/colour): \_\_\_\_\_  
**Rims** (make/type): \_\_\_\_\_  
**Gears** (make/type/number): \_\_\_\_\_  
**Handlebar type** (racing/flat etc): \_\_\_\_\_  
**Pedal type** (clipless/flat etc): \_\_\_\_\_  
**Saddle** (make/colour/material etc): \_\_\_\_\_  
**Accessories** (lights/reflectors/saddle bag/computer etc): \_\_\_\_\_  
**Serial number** (located under crank shaft): \_\_\_\_\_  
**Inscription** (placement/mark e.g. engraved driver's licence number): \_\_\_\_\_  
**Identifying marks** (stickers/badges/damage/distinctive paintwork etc): \_\_\_\_\_  
**Insurance details** (company/policy number): \_\_\_\_\_  
**Date of purchase:** / /   **Value:** \_\_\_\_\_

For further information contact your local police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au)

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## KOALA RESCUE SERVICE

**Help us help our Koalas**

Call our 24 HOUR HOTLINE to report Koalas who are injured, sick or orphaned

**1300 KOALAS (1300 562 527)**  
 24 HOURS A DAY, 365 DAYS A YEAR

[www.faunarescue.org.au](http://www.faunarescue.org.au)  
 Facebook: Fauna Rescue  
 Koalas - 1300koalas



**TIPS FOR THEFT PREVENTION**

**Do they have to break in BEFORE you think about it?**




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contact: **Ed Bernard CPA**  
info@formulaaccounting.com.au  
**(08) 7221 1671**  
www.formulaaccounting.com.au


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Dr Stacey Seakins  
Dr Matthew Webber  
Dr Alison Clarke  
Dr Talina Vizard  
Dr Philip Lock

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**Tel: 8366 2000**



**NHW HELPING THE COMMUNITY**

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).

## HEATWAVES AND HOT WEATHER

Source: <https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>



Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

### Drink plenty of water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

### Stay cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up

- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

### Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

### Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

### Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.





## FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill.

Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.
- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444.

## DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations. We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
  - within a family across generations.
- Domestic violence includes:
- physical violence
  - sexual violence
  - emotional abuse
  - verbal abuse
  - property damage
  - financial abuse
  - threats to harm
  - stalking.

Domestic violence is damaging to victims, their children, family and friends.



Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number & property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au)

*If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.*

Where possible we try to hold the person responsible for the violence accountable for their actions.

### Help and Support at Domestic Violence Situations

#### Police assistance

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent police assistance.

Seek advice about your options by contacting the Southern District Family Violence Investigation Section on 8392 9172.

Counselling and emergency accommodation is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence Counselling Service on 1800 RESPECT.

Further information is available on the 1800RESPECT website.

## BALTHAZAR

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See Something,  
Say Something,  
Call Crime Stoppers

**CRIME STOPPERS**  
.com.au  
1800 333 000

South Australia

**000 EMERGENCY** **THINK FIRST THEN DIAL** **POLICE ASSISTANCE 131444**

## PROPERTY DAMAGE

- 27/11/19 Lyall Avenue Unit damaged by known persons. Windows smashed, screen door stolen.

## THEFT

- 21/12/19 Tafquin Street Tools taken from carport of premises. Value \$927
- 4/2/20 O'Neil Street Cactus stolen from front yard. Value \$150.

## TRESPASS/BREAK-IN

- 22/11/19 Springbank Rd Attempt to enter home by forcing rear glass sliding door. No entry made.
- 26/11/19 O'Neil Street Smashed rear window of house. Jewellery and computer items stolen. Value \$10,800.
- 16/01/20 Ontario Ave Door to granny flat at rear of property forced and entry gained. Jewellery stolen. Value \$7200.
- 17/1/20 Ottawa Avenue Premises entered via open front and rear doors while occupant gardening. Jewellery taken. Value \$1000.
- 22/1/20 Quinlan Ave Occupants asleep while vehicle & house rummaged. Mobile phone stolen. Offender confronted and decamped.
- 5/2/20 Springbank Road Business vending machine forced open. Stock and cash taken. Cash and stock value \$382.

PARLIAMENTS OF SOUTH AUSTRALIA

**Carolyn Power MP**  
MEMBER FOR ELDER



2/212 Belair Road, Hawthorn  
Mon - Fri 9am - 5pm  
8274 1939  
elder@parliament.sa.gov.au  
www.carolynpower.com.au  
@Carolyn4Elder

Here for you.

**REPORT DANGEROUS DRIVING TO POLICE**

**Traffic Watch**

**131 444**

**Smallacombe**

Your local area specialist

**Mike Carter** 0417 872 504 mikecarter@smallacombe.com.au  
Phone or email for an assessment of your home.

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