



# Neighbourhood Watch SA

**MARCH 2021**

Quarterly Neighbourhood Newsletter of Panorama 2 NHW Area 193

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## PANORAMA 2

NEIGHBOURHOOD  
WATCH AREA 193

### Annual General Meeting

Wed. 24th February 2021  
7pm Colonel Light Gardens RSL,  
Colonel Light Gardens

**ALL WELCOME!**

*Bringing local residents & police together for a safe & connected community*

Our meetings are held quarterly at  
**7pm 4th Wednesday night**  
of February, May,  
August and November  
**Area Co-ordinator**  
Bruce Gallasch Ph: 8276 8608  
[brucegallasch@hotmail.com](mailto:brucegallasch@hotmail.com)

### Report Graffiti Damage

**Council owned property**  
City of Mitcham 8372 8888

**Stobie poles or ETS boxes**  
ETS Utilities 8404 5673

**Payphones**  
Telstra 1802244

**Private property**  
Sturt Police 8207 4700

**Police Attendance 131444**

DIAL **000** to report a crime in progress  
or has just been committed  
**CrimeStoppers** 1800 333 000

## Heatwaves and hot weather

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

### Drink plenty of water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

### Stay cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up

## WATCH OUT - TAKE CARE

*We have recently noticed an increase in traffic on Boothby St (going to/from Eliza Place), particularly at peak times.*

*One of our residents, who herself narrowly avoided a collision, noticed cars are not always giving way when they approach Strathcona Avenue.*

*As representatives of Panorama NHW group we telephoned the Mitcham Council's traffic area who advised that they would investigate, assess and look at taking action (if necessary) to improve safety at that intersection. Please take care!*

- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

### Get connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours & relatives, particularly if they're unwell or isolated.
- Stock up on food, water and medicines.

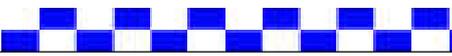
### Get organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.

### Get help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately. Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious. Here are some tips on how to identify the signs and symptoms of heatstroke and heat exhaustion and what you should do.

<https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>




**formula**  
accounting

- ✓ Proudly supporting Neighbourhood Watch
- ✓ Tax, accounting, business advisers, systems advice
- ✓ Xero gold partner

contact: **Ed Bernard CPA**  
info@formulaaccounting.com.au  
**(08) 7221 1671**  
www.formulaaccounting.com.au

**Pasadena Medical**  
Pasadena Shopping Centre  
Fiveash Drive, Pasadena  
**7324 4585**  
**OPEN HOURS**  
Monday - Friday 8.30am - 5.30pm  
Saturday 8.30am - 11.30am

Dr John Pakos  
Dr Alison Clarke  
Dr Elaine Leung  
Dr Matthew Webber  
Dr Phillip Lock  
Dr Nyall Valentine  
Dr Sean Black-Tiong

**BULK BILLING FOR ALL PATIENTS ON PENSIONS OR HEALTH CARE CARDS AND CHILDREN UNDER 16**

Providing healthcare to all ages in a caring, friendly and professional manner with a positive and willing attitude at all times.



**CLINPATH**  
**PATHOLOGY**  
Pathology Collection Centre (located within Pasadena Medical)  
**OPEN HOURS**  
Monday - Friday 8.30am - 12.30pm  
Saturday 8.30am - 11.30am  
ALL PATHOLOGY REQUEST FORMS WELCOME  
www.clinpath.com.au  
**Tel: 8366 2000**

See Something,  
Say Something,  
Call Crime Stoppers



**CRIME STOPPERS**  
.com.au  
**1800 333 000**  
South Australia



**000**  
EMERGENCY

**THINK FIRST THEN DIAL**

**POLICE ASSISTANCE 131444**

## RURAL FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill. Know your responsibilities, take positive action and report suspicious behaviour to police.

**To help keep your property safe from fire, consider implementing these crime prevention tips:**

- Erect fences and gates to identify your property boundaries – indicating private property.
- Immediately repair or replace any damaged sections of fencing or gates.
- Ensure security and warning notices are visible to people entering your property.
- Keep fertilisers and other chemicals in a secure location.
- Store petrol, diesel or other flammable fuels in secure areas and locked away when not in use.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Remove hay from fields as soon as possible after harvesting and store it away from fuels, flammable goods and homes.

If you see anything suspicious immediately call police on 131 444. Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number and property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au)

## Support Our Supporters

*We continue to serve the community because of two groups of people. The first being our dedicated volunteers who deliver 1350 newsletters throughout Panorama.*

***We are looking for community-minded people** to join our volunteers and help distribute the newsletter to a street or a block near you. The second important group are the businesses that advertise in this newsletter, which pays for its production and printing. Please return their goodwill and support local community businesses when shopping. Thank you.*



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Saving off any service

**Your local Plumbing & Electrical experts**

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For everything plumbing and electrical in your home

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**8152 6790**

Precise is Proudly South Australian

## Overpayment scam targets vehicle sellers

WA ScamNet has received a spike in reports about overpayment scams targeting consumers selling goods through online classified adverts with recent incidents involving scammers using false identities, such as a driver's licence and targeting car sellers.

Overpayment scams usually work by getting you to 'refund' a scammer who has sent you too much money for an item you are selling or to forward the additional funds to someone else to cover costs such as shipping.

These scammers are contacting people selling vehicles on websites like Gumtree and carsales.com.au, and then requesting they contact them via email to discuss the sale of the vehicle.

They then ask the seller to accept an additional amount of money from them which is to be forwarded by the seller on their behalf via Western Union or MoneyGram in order to pay for the shipping of the vehicle.

The seller then receives a fake PayPal email stating the funds have been transferred and will be placed into the nominated account once a receipt is provided showing the transfer of the payment to the courier for shipping.

The scammers often make claims like:

*"I'm ok with the condition as described on the advert."*

*"I work on North West Shelf in the Rowley Sub-basin in Perth and the reception here is terrible. We do not have access to phone at the moment, which is why I contacted you with internet messaging facility."*

They also claim the car is a surprise and is to be delivered elsewhere such as to Darwin, and then request the following:

*"I am more than happy to go ahead with the purchase, that is ok with me, please do provide me with your paypal email address or bank details so that I can go ahead with the transfer to your bank account via my paypal, can you also give me the pickup postcode? so that I can get a definite quote from the carriers. As regards the papers, all I will need is a receipt, the rego will have to be done in NT, so there will be no use for the existing Reg and RWC."*

### Tips for sellers

- Never pay money via wire transfer to help a customer access the goods or services you are selling;
- Be cautious when dealing with customers only via email or who claim to be overseas or interstate – independently verify who you are dealing with before sending any money or goods. If doubtful, then do not proceed with the sale;
- Be sceptical if normal banking processes are not available; and
- When accepting a payment, check with the bank or PayPal to make sure it is legitimate before proceeding with the sale.



## NHW HELPING THE COMMUNITY

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).

## STAR DISCOUNT CHEMIST

### WE OFFER

- Free Home Delivery
- Discount Prescriptions
- Scripts on File
- Personal Medication Packs

### OPEN TIMES:

Monday-Friday 8.30am - 6pm

Saturday 9am - 5pm

Sunday 11am - 4pm

FIVEASH DRIVE PASADENA  
TELEPHONE 8276 6044

**PROTECT YOURSELF KNOW THE SCAM**

*"I don't believe everything I'm told, do you?"*

Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit [www.scamwatch.gov.au](http://www.scamwatch.gov.au)

Report all scams to the police assistance line by calling 131 444.

**MEAT YOUR NEEDS**

**BUTCHER SHOP**

**0418 621 463**

**7/98 SPRINGBANK ROAD CLAPHAM, SA**

**TUE: 9AM - 6PM**  
**WED: 9AM - 6PM**  
**THU: 9AM - 6PM**  
**FRI: 9AM - 6PM**  
**SAT: 8AM - 5PM**

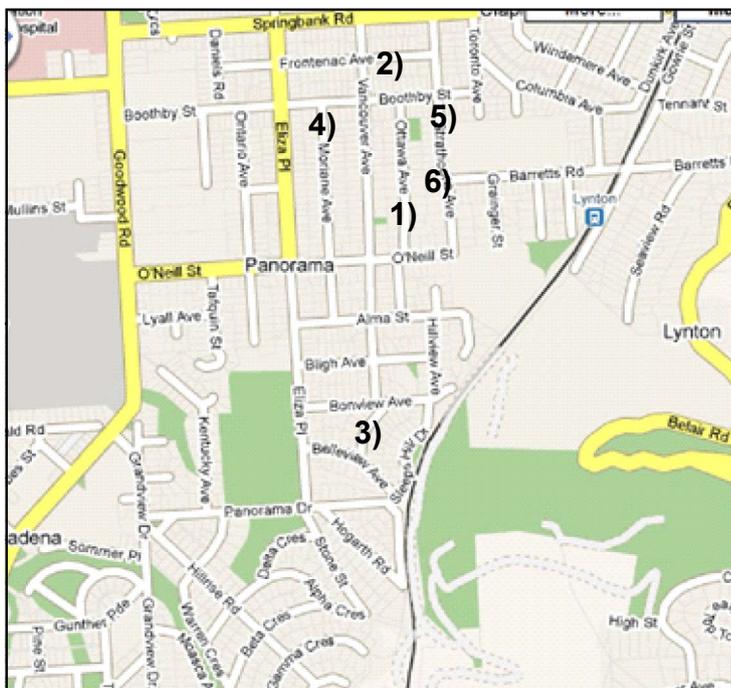
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**\*CRIME TREND ALERT\***  
**Theft from Motor Vehicles**

**REMEMBER**  
Remove belongings from sight & REMOVE ALL VALUABLES from your vehicle

**\*LOCK YOUR VEHICLES AT ALL TIMES\***



**NICOLLE FLINT MP**  
FEDERAL MEMBER FOR **BOOTHBY**

08 8374 0511 nicolle.flint.mp@aph.gov.au  
nicolleflint.com NicoleFlintLiberal

Authorised by Nicole Flint MP, Liberal Party of Australia,  
Shop 2, 670 Anzac Hwy, Glenelg East SA 5045.

Date	Location	Details
<b>THEFT</b>		
1. 1/1/21	Ontario Ave	Unlocked vehicle in driveway rummaged through. Cash and wallet stolen. Value \$80.
2. 21/1/21	Frontenac Ave	Unlocked vehicle parked on street. Wallet and cash stolen.
3. 26/1/21	Crescent Ave	Unlocked vehicle under carport rummaged through. Wallet and cards stolen. Cards used at various locations.
4. 27/1/21	Moriane Ave	Unlocked vehicle parked in driveway rummaged through. Cash stolen. Value \$20.
5. 30/01/21	Strathcona Ave	Homeowner disturbed two male persons rummaging through vehicle. Coins stolen.
<b>TRESPASS/BREAK-IN</b>		
6. 26/12/20	Strathcona Ave	Front screen door of vacant house pried open. No entry gained.

**Carolyn Power MP**  
MEMBER FOR ELDER

08 8374 1939  
@elder@parliament.sa.gov.au  
carolynpower.com.au  
facebook/carolyn4elder

Here for you.

Remember: See Something, Say something, Call Crime Stoppers

**CRIME STOPPERS**  
1800 333 000  
South Australia

**000 EMERGENCY**

**THINK FIRST THEN DIAL**

**POLICE ASSISTANCE 131 444**

**Smallacombe**

Your local area specialist

**Mike Carter** 0417 872 504 mikecarter@smallacombe.com.au  
Phone or email for an assessment of your home.

www.Smallacombe.com.au