



Neighbourhood Watch SA

APRIL 2020

Bimonthly Neighbourhood Newsletter of Reynella NHW Area 048/146

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REYNELLA NEIGHBOURHOOD WATCH AREA 146



NOTICE: MEETINGS POSTPONED

We hope everyone in our area is keeping safe and well in the face of this terrible Coronavirus epidemic

It is because of this that we regretfully announce that there **will be no NHW meetings** until further notice.

We have taken this step to protect our community and to follow the rules being put in place by our Minister of Health.

We will still be producing and delivering our newsletters, **meetings will resume when it is deemed safe to do so.**

Area Co-ordinator:

Dianne Harvey Ph: 8381 3981

Email:

reynellanhw@bigpond.com

Secretary:

Joy Rolls Ph: 8381 1061

Police Co-ordinator:

Probationary Constable
Codan South Coast Police

HANDY 'AT-HOME' RECIPES

2 INGREDIENTS BREAD

1x cup of natural yogurt
 1x & ½ cups of Self Rising flour
 Mix together in a bowl then knead on a board until a soft dough.
 Bake @180° for 15mins in pieces or longer if in one piece. Form into balls to make rolls, fruit or seeds can be added for variation before baking.
 When ready, roll flat & thin to make pizza or spread with vegemite and cheese, roll & cut into slices to make scrolls.

RECIPE FOR HAND SANITISER

2/3 cup rubbing alcohol (isopropyl or ethanol)
 1/3 cup aloe gel
 8-10 drops of essential oil of your choice
 Mix all ingredients with a spoon.
 Using a funnel pour into an empty bottle, label and use.
 All ingredients available at most chemists and some at hardware stores.

SAPOL Bike Passport

SAPOL, the SA Government and NHW have joined forces to create and distribute a bike passport. The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike to assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting www.police.sa.gov.au.

The Bike Passport provides simple tips to reduce your chances of becoming a victim of bike theft. Use the Bike Passport to record details of your bike that will assist in identifying and returning it, if it is stolen. Download the Bike Passport by visiting www.police.sa.gov.au

Consider the following crime prevention tips:

- Engrave or mark your bike frame (near the serial number) with an ultraviolet (UV) pen, microdot or by other permanent means with your driver's licence number prefixed by the letter 'S' for South Australia, e.g. S123456.
- Mark all accessories including helmet, lights, pump, saddle, etc.
- Take a photograph of your bike.
- Complete the Bike Passport and keep it in a safe place.
- Purchase and fit a good quality bike lock.
- Always park and secure your bike in well-lit and populated areas.
- Always lock the frame and both wheels to a secure object.
- When securing your bike, remove equipment including helmet, lights, pump, etc.
- Never leave your bike unattended and unlocked, even for a short period of time.
- When at home, secure your bike in a locked shed or inside your house.

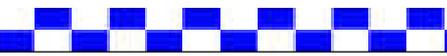
My bike details

Make/Model: _____
 Type (racing/mountain etc): _____
 Women's Men's Unisex Child's
 Frame colours: _____
 Frame size: _____ Wheel size: _____
 Tyres (make/colour): _____
 Rims (make/type): _____
 Gears (make/type/number): _____
 Handlebar type (racing/flat etc): _____
 Pedal type (clipless/flat etc): _____
 Saddle (make/colour/material etc): _____
 Accessories (lights/reflectors/saddle bag/computer etc): _____
 Serial number (located under crank shaft): _____
 Inscription (placement/mark e.g. engraved driver's licence number): _____
 Identifying marks (stickers/badges/damage/distinctive paintwork etc): _____
 Insurance details (company/policy number): _____
 Date of purchase: / / Value: _____

For further information contact your local police station or visit www.police.sa.gov.au

Please Support Our Supporters

We continue to serve the community because of two groups of people. The first being the dedicated volunteers that deliver the 2100 newsletters throughout Reynella. If you wish to join our team please contact Di by email at raymondhenderson007@gmail.com. The second important group are those businesses that advertise in this newsletter. Local advertising pays for its production and printing. We ask you to return the support these community-minded businesses when shopping.



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Southside Tyrepower - Morphett Vale

159 Main South Rd
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Fax: 8186 0612

YOUR LOCAL HANDY FELLA!

Yucky yard?
Floppy fence?
Drippy taps?
Odd jobs need doing?
Just want it done NOW?

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Phone Grant:
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Gutters cleaned Lawns mowed
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Fully Insured - Reasonable Rates - Reliable Service

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Web: thathandyfella.com.au



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& Sultan's Blinds
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CLEARANCE WAREHOUSE
FOR A BARGAIN

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Seniors Discount Available
OPEN 7 DAYS

Coronavirus is changing how we work. Online scammers are taking advantage

ABC technology reporter Ariel Bogle and Siobhan Heanue (*Updated Monday 23 March*)

Australians are now working from home offices and kitchen tables as social distancing measures to slow the spread of coronavirus ramp up. But this change to how we work makes us more vulnerable to cybersecurity threats.

Australia's cyber spy agency has warned of scams and phishing attempts, as criminals try and take advantage of the disruption.

Scamwatch has also received 94 reports of COVID-19 scams since the beginning of the year, with numbers expected to rise.

Karl Hanmore, the acting head of the Australian Cyber Security Centre — part of the Australian Signals Directorate — said there are already examples of coronavirus-inspired cybercrime.

"Most importantly, don't click on links you receive via text message or email, especially if they're around the coronavirus."

Phishing scams using COVID-19-themed text messages are already circulating in Australia.

One of them appears to be sent from "GOV" and shares a link that claims to help people find out where they can get tested for coronavirus.

But the link and the sender are fake. Clicking on the link could install malware designed to steal your banking details.

"That's criminals trying to steal your banking details at a time when you're least able to protect yourself," says Mr Hanmore.

World Health Organisation (WHO) 'phishing' scam

SA Police are warning of a phishing email which claims to be from WHO and contains a 'button' to seek more information regarding safety measures to protect yourself from the Coronavirus.

Clicking on the button will take the user to a phishing website which appears to be a legitimate WHO page.

This page will prompt the user to enter personal details, including email address and password.

These personal details can then be used to steal the user's identity.

Phishing is an attempt to commit identity theft by disguising the attempt in a manner that appears to be from a trustworthy entity.

Think About It

Take the time to think before following links or clicking on buttons contained in emails.

Phishing emails often contain spelling and grammatical errors which would not be expected from the organisation from which the email was supposedly sent.

To protect yourself from phishing:

- Don't click on links in emails or messages, or open attachments, from people or organisations you don't know
 - Before you click a link, hover over that link to see the actual web address it will take you to (usually shown at the bottom of the browser window)
 - If you do not recognise or trust the address, try searching for relevant key terms in a web browser. This way you can find the article, video or webpage without directly clicking on the suspicious link
 - If you're not sure, talk through the suspicious message with a friend or family member, or check its legitimacy by contacting the relevant business or organisation (using contact details sourced from the official company website)
- Source:** Australian Cyber Security Centre

Remember: See Something, Say something, Call Crime Stoppers




THINK FIRST THEN DIAL POLICE ASSISTANCE 131444

COVID-19

TRUSTED SOURCES OF INFO

Check your symptoms
healthdirect.gov.au

Local updates and information
sahealth.sa.gov.au/COVID2019

For general questions
Coronavirus Health Information Line: 1800 020 080

National updates
health.gov.au

The latest travel advice
smartraveller.gov.au

**PROTECT YOURSELF
KNOW THE SCAM**

"I don't believe everything I'm told, do you?"

Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit www.scamwatch.gov.au

Report all scams to the police assistance line by calling 131 444.

HOME SECURITY

To reduce the opportunity for thieves to gain entry into your home, consider the following crime prevention security tips:

- Ensure appropriate keyed locks are fitted to all doors and windows.
- Even when you are outside, be sure to lock all doors and windows.
- Lock gates, garages and sheds when not in use.
- House keys, car keys and garage remote controls should be kept in a safe location. Thieves may use them to gain entry to your home or to steal your car.
- Install and activate an alarm system.
- Keep trees and bushes in front of doors and windows trimmed to avoid being used as hiding places.
- Lock all garden tools and ladders away securely so they cannot be used to break into your home.
- Don't leave valuables in obvious places. Thieves often target jewellery in jewellery boxes on bedroom dressers and other valuables in bedside drawers and cupboards.

- Break down packaging of expensive items and place it in your bin. Don't leave it next to your bin on the street.
- Lock your meter box to prevent thieves interfering with your power supply (contact your local electricity provider for more information).

Mark Valuable Property

- Use an engraver, ultra violet (UV) pen or microdots to mark property.
- UV pens are best used for items that cannot be engraved e.g. ceramics, antiques etc.
- Mark your valuables with your driver's licence number, prefixed by the letter 'S' for South Australia, e.g. S123456.
- Photograph jewellery with a ruler beside it to give an indication of the actual size.
- Record all details on a property record and keep this in a safe place.

For further home security crime prevention information please visit www.police.sa.gov.au or contact your local police station.

TIPS FOR THEFT PREVENTION

Do they have to break in BEFORE you think about it?

ULTRA CARCARE

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www.ultracarcare.com.au

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NHW HELPING THE COMMUNITY

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).



We would love some younger people to join our group as a lot of the members are getting older.

We need help in delivering some newsletters every other month and would love to see you at our meetings.

Feel free to contact us on 0400133538 or email reynellanhw@bigpond.com

*See Something,
Say Something,
Call Crime Stoppers*

CRIME STOPPERS
com.au
1800 333 000

South Australia



COVID-19 Premier update 26 March 2020

The situation with COVID-19 is developing rapidly in South Australia and around the world.

I know that many people are anxious about what lies ahead. I want to reassure each and every one of you that the health and wellbeing of South Australians is the government's number one priority and we have a strong plan to help minimise and slow the spread of coronavirus in our state. Today we are adding \$650 million to the first support package of \$350 million announced a fortnight ago.

We want as many businesses as possible to be able to continue operating during these unprecedented times so that people can keep their jobs.

We want to relieve as much stress as possible for individuals and families.

We want to keep the South Australian community and economy functioning so that when this virus is beaten, as it will be, we can bounce back as quickly as possible.

As the fight against this virus continues, we will keep reviewing the need for any further support to households and businesses.

The key elements of the second support package are:

- Relief from taxes and charges
- A Business and Jobs Support Fund
- A Community and Jobs Support Fund
- Additional support to recipients of JobSeeker payments from Centrelink who receive a State Government Cost of Living Concession

These initiatives complement the focus of initial funding to:

1. Protect South Australians
2. Slow the spread of the virus
3. Prepare health and other services to deal with the virus
4. Support business to keep people in jobs

We've set up dedicated coronavirus clinics, including in regional SA; we've rolled out Australia's first drive-through testing clinic at the re-activated Repat; we've strengthened public health laws; and we've committed \$350 million for an economic stimulus package to secure local jobs, keep businesses' doors open and boost South Australia's economy.

We will continue to roll out more initiatives in the coming weeks. We thank you for your patience as we work with the Federal Government as quickly as we can to implement measures to cushion the impact of this crisis.

I know this is a difficult time, but we are doing everything in our power to protect South Australians and ensure our state emerges stronger and more resilient on the other side.

Together, we can and WILL get through this.

Steven Marshall
Premier of South Australia

SA Government Jobs Rescue Package

\$300 million Business and Jobs Support Fund

A fund to support individual businesses and industry sectors directly affected by coronavirus.

\$250 million Community and Jobs Fund

Supporting sporting, arts, recreational bodies, non-profit organisations and some other industry sectors facing potential collapse and the loss of jobs

Payroll tax relief

A 6-month waiver for all businesses with an annual payroll up to \$4 million. Employers with grouped annual wages above \$4m able to defer

Fees and charges waived

Waiver of liquor licence fees for those businesses forced to close as a result of social distancing restrictions.

Land tax relief

From July, the Govt's historic land

tax reforms will kick in, delivering \$189m in land tax cuts over 3 years.

Those with outstanding quarterly bills for 2019-20 will be able to defer payments for 6 months.

2020-21 Land Tax Transition Fund relief will be increased from 50% to 100%.

Access to accrued leave for public sector workforce

If a public servant has a family member who has lost their job and moved onto Commonwealth benefits, they will be able to receive their accrued leave down to a limit of 2 retained weeks.

Cost of living concessions

A once-off boost of \$500 and bringing forward the 2020-21 'Cost of Living Concession' for households who are receiving the Centrelink JobSeeker Payment assisting those who are unemployed or lose their jobs as a result of coronavirus restrictions.