



Neighbourhood Watch SA

FEBRUARY 2021

Bimonthly Neighbourhood Newsletter of Reynella NHW Area 048/146

IN THIS ISSUE

Area News	1
Rural Fire Prevention	2
Overpayment Vehicle Scam Warning	3
Heatwaves and Hot Weather	4

REYNELLA NEIGHBOURHOOD WATCH AREA 146
NEXT MEETING
7pm 17th February 2021

Reynella Sports and Social Club Rooms
Everyone Welcome

GUEST SPEAKER:
 Michael Mc Carthy, SA Water

CAN YOU HELP?

We have a few areas that are no longer receiving newsletters as we just don't have enough volunteers to deliver them.

If you would like to help your community please contact Dawn on 0410 538 122

Area Co-ordinator:

Dianne Harvey Ph: 8381 3981

Email:

reynellanhw@bigpond.com

Secretary:

Joy Rolls Ph: 0418 839 046

Newsletter Co-ordinator:

Dawn Ph: 0410 538 122

Police Co-ordinator:

To be announced

REYNELLA NEIGHBOURHOOD WATCH AREA 146

NEXT MEETING: 7pm Wed. 17th February 2021

Reynella Sports & Social Club Oval Rd, Old Reynella

Thank you to the people of Reynella for your support over 2020 and

Welcome to 2021 let's hope this is a better year for everyone.

Next meeting is 17th Feb at 7pm at Reynella Sports and Social Club Rooms.

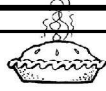
Everyone is welcome and you are under no obligation to join.

Our **Guest speaker** is Michael Mc Carthy from SA Water who will be giving an update on the Happy Valley Reservoir opening to the public.

Come along and hear what is happening and voice any concerns you may have.

If you would like to see anything in our newsletter, please let us know

We are always looking for people to deliver our newsletters



Recipe: Vege Muffins

Ingredients

- 2 cups self-raising flour (300g)
- 1 cup grated cheese (reserve 1/4 cup)
- 400g can creamed corn (reserve 1/4 cup)
- 1 cup buttermilk

Method

- Pre-heat oven to 180°
- Line a muffin tray with papers
- Place flour into a large bowl, make a well

- Add remaining ingredients (not reserved)
- Season using a large metal spoon
- Mix till just combined
- Spoon mixture into cups in muffin tray
- Top with remaining combined corn and cheese (you can also grate carrot, zucchini, or your choice of veg)
- Bake for 20 mins or until cooked

Noarlunga-Morphett Vale Lions Club

Garage Sale

Lions shed, corner of Lindsay and Brian Roads, Lonsdale

During our recent unavoidable closure, we have expanded our display area and made the layout more accessible.

Covid 19 precautions, such as hand sanitisation and social distancing practices are in place.

Third Saturday Each Month from 9a.m. to 12noon

We hope to see you there.

Come and grab a bargain, while helping Lions to help our community.

email: lionsnmv@gmail.com



COVID-19

TRUSTED SOURCES OF INFO

Check your symptoms
healthdirect.gov.au


National updates
health.gov.au

Local updates and information
sahealth.sa.gov.au/COVID2019

The latest travel advice
smartraveller.gov.au

For general questions

Coronavirus Health Information Line: 1800 020 080

- TYRES
- WHEELS
- BATTERIES
- SUSPENSION REPAIRS
- BRAKE REPAIRS
- CAR SERVICING

Southside Tyrepower - Morphett Vale
 159 Main South Rd
Ph: 8186 0622
 Fax: 8186 0612

RURAL FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill. Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Erect fences and gates to identify your property boundaries – indicating private property.
- Immediately repair or replace any damaged sections of fencing or gates.
- Ensure security and warning notices are visible to people entering your property.
- Keep fertilisers and other chemicals in a secure location.
- Store petrol, diesel or other flammable fuels in secure areas and locked away when not in use.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Remove hay from fields as soon as possible after harvesting and store it away from fuels, flammable goods and homes.

If you see anything suspicious immediately call police on 131 444. Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number and property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit www.police.sa.gov.au

YOUR LOCAL HANDY FELLA!

Yucky yard?
 Floppy fence?
 Drippy taps?
 Odd jobs need doing?
 Just want it done NOW?

That Handy Fella
Property Maintenance
Phone Grant:
0407 799 311
 Gutters cleaned Lawns mowed
 Watering systems Fence repairs
 General handyman services
 Fully Insured - Reasonable Rates - Reliable Service
 Email: thathandyfella@adam.com.au
 Web: thathandyfella.com.au

See Something,
 Say Something,
 Call Crime Stoppers

CRIME STOPPERS
 .com.au
1800 333 000

South Australia

000 EMERGENCY
THINK FIRST THEN DIAL
POLICE ASSISTANCE 131444

Support Our Supporters

We continue to serve the community because of two groups of people.
The first being our dedicated volunteers who deliver the 2300 newsletters throughout Reynella.
If you wish to join our team please contact Dawn on 0467 621 403.
The second important group are the businesses that advertise in this newsletter.
Local advertising pays for its production and printing.
We ask you to return the goodwill and support these community-minded businesses when shopping. Thank you.



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Your local Plumbing & Electrical experts
Fixed Price Guaranteed!
 For everything plumbing and electrical in your home

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Overpayment scam targets vehicle sellers

WA ScamNet has received a spike in reports about overpayment scams targeting consumers selling goods through online classified adverts with recent incidents involving scammers using false identities, such as a driver's licence and targeting car sellers.

Overpayment scams usually work by getting you to 'refund' a scammer who has sent you too much money for an item you are selling or to forward the additional funds to someone else to cover costs such as shipping.

These scammers are contacting people selling vehicles on websites like Gumtree and carsales.com.au, and then requesting they contact them via email to discuss the sale of the vehicle.

They then ask the seller to accept an additional amount of money from them which is to be forwarded by the seller on their behalf via Western Union or MoneyGram in order to pay for the shipping of the vehicle.

The seller then receives a fake PayPal email stating the funds have been transferred and will be placed into the nominated account once a receipt is provided showing the transfer of the payment to the courier for shipping.

The scammers often make claims like:

"I'm ok with the condition as described on the advert."

"I work on North West Shelf in the Rowley Sub-basin in Perth and the reception here is terrible. We do not have access to phone at the moment, which is why I contacted you with internet messaging facility."

They also claim the car is a surprise and is to be delivered elsewhere such as to Darwin, and then request the following:

"I am more than happy to go ahead with the purchase, that is ok with me, please do provide me with your paypal email address or bank details so that I can go ahead with the transfer to your bank account via my paypal, can you also give me the pickup postcode? so that I can get a definite quote from the carriers. As regards the papers, all I will need is a receipt, the rego will have to be done in NT, so there will be no use for the existing Reg and RWC."

Tips for sellers

- Never pay money via wire transfer to help a customer access the goods or services you are selling;
- Be cautious when dealing with customers only via email or who claim to be overseas or interstate – independently verify who you are dealing with before sending any money or goods. If doubtful, then do not proceed with the sale;
- Be sceptical if normal banking processes are not available; and
- When accepting a payment, check with the bank or PayPal to make sure it is legitimate before proceeding with the sale.

GARY'S BAZAAR
Rescuing and recycling unwanted household items

We remove all* unwanted household items for **NO CHARGE**
*except rubbish, broken items and stained mattresses

We sort it for local Op shops, overseas charity and sell some items to cover the cost of pick up and storage.

To arrange pick up of your unwanted items click the "Book a Collection" button on our website at www.garys-bazaar.com.au

Call Gary on 0412 681 882

Visit our warehouse at 2/14 Kitawah St Lonsdale to view what we have for sale.
Open Monday to Friday 9am-5pm

BEAT THE HEAT

\$89

Air Cond Regas while you wait

ULTRA CAR CARE SA APPROVED REPAIRER
8322-6660 RAA
137 SHERRIFFS ROAD, REYNELLA MECHANICAL

Solomons
Flooring & Sultan's Blinds
REYNELLA

VISIT OUR SHOWROOM & CLEARANCE WAREHOUSE FOR A BARGAIN
- or we can come to you with our free 'shop at home' service

35 SHERRIFFS RD LONSDALE
83813977
Seniors Discount Available
OPEN 7 DAYS

PROTECT YOURSELF KNOW THE SCAM

"I don't believe everything I'm told, do you?"

Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit www.scamwatch.gov.au

Report all scams to the police assistance line by calling 131 444.



Heatwaves and hot weather

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

Get connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours & relatives, particularly if they're unwell or isolated.
- Stock up on food, water and medicines.

Drink plenty of water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

Stay cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up
- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

Get organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.

Get help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately. Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious. Here are some tips on how to identify the signs and symptoms of heatstroke and heat exhaustion and what you should do.

<https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>

CLIMATE MASTERS SEELEY **ADELAIDE HEATING & COOLING**

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available with smart **MAGIQTOUCH** Controller

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Ph: 8322 9111 **Breezair** SEELEY INTERNATIONAL

NHW HELPING THE COMMUNITY

WatchSA

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).

REPORT DANGEROUS DRIVING TO POLICE

Traffic Watch
131 444



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TIPS FOR THEFT PREVENTION

Do they have to break in BEFORE you think about it?

Logos: Government of South Australia, SA Police, WatchSA