



# Neighbourhood Watch SA

**FEBRUARY 2020**

Bimonthly Neighbourhood Newsletter of Reynella NHW Area 048/146

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## REYNELLA NEIGHBOURHOOD WATCH AREA 146

**NEXT MEETING: 7pm Wed. 19th February 2020**

Reynella Sports & Social Club Oval Rd, Old Reynella

### CONGRATULATIONS CHRISTMAS RAFFLE WINNERS

1st Prize Marlene Gill, 2nd Gloria Rolls, 3rd Lyn Ellis - and to all other winners!

Thank you to all those who purchased tickets

*Congratulations to Ross and Julie on your 60th wedding anniversary*



**Area Co-ordinator:** Dianne Harvey Ph: 8381 3981

**Email:** reynellanhw@bigpond.com

**Secretary:** Joy Rolls Ph: 8381 1061

**Police Co-ordinator:** Probationary Constable Coden South Coast Police

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facebook: Fauna Rescue Koalas  
- 1300koalas



We would love some younger people to join our group as a lot of the members are getting older.

We need help in delivering some newsletters every other month and would love to see you at our meetings if you have the time.

Meetings for 2020 are February 19th, April 15th, June 17th, August 19th, October 21st and December 16th.

Meetings are held at 7pm at The Sports and Social Club, Old Reynella or feel free to contact me on 0400133538 or email [reynellanhw@bigpond.com](mailto:reynellanhw@bigpond.com)

## Report Graffiti Damage

**Council owned property**

Onkaparinga Council  
Graffiti Hotline 8384 0622

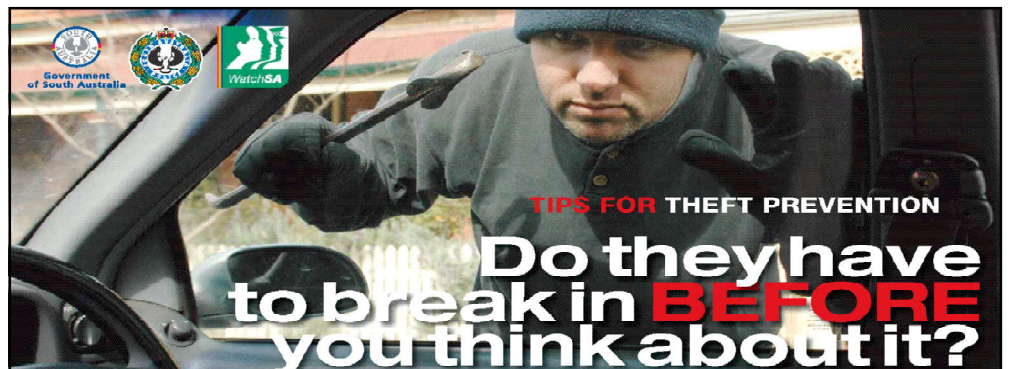
**Private property**

**South Coast Police 8392 9000**

## Support our supporters

This Neighbourhood Watch Newsletter is only made possible through the support of local businesses - please return the favour by supporting our sponsors.

South Coast Police 8392 9000  
Street Light Repair 131366  
Traffic Light Out 1800 018313  
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## HEATWAVES AND HOT WEATHER

Source: <https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>



Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

### Drink plenty of water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

### Stay cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.
- Turn your air-conditioner on before the room heats up

- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

### Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

### Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

### Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.

## FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill.

Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.
- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444.

## DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations. We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
  - within a family across generations.
- Domestic violence includes:
- physical violence
  - sexual violence
  - emotional abuse
  - verbal abuse
  - property damage
  - financial abuse
  - threats to harm
  - stalking.

Domestic violence is damaging to victims, their children, family and friends.



Keep a note pad in the car and record helpful details including:

- location of the suspicious activity i.e. RPA number & property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour and any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au)

*If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.*

Where possible we try to hold the person responsible for the violence accountable for their actions.

### Help and Support at Domestic Violence Situations

#### Police assistance

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent police assistance.

Seek advice about your options by contacting the Southern District Family Violence Investigation Section on 8392 9172.

Counselling and emergency accommodation is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence Counselling Service on 1800 RESPECT.

Further information is available on the 1800RESPECT website.



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KNOW THE SCAM

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believe  
everything  
I’m told,  
do you?”



Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit [www.scamwatch.gov.au](http://www.scamwatch.gov.au)

Report all scams to the police assistance line by calling 131 444.




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**NHW HELPING  
THE COMMUNITY**

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime. The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

Come to a meeting, see what we do and show support for your NHW area (details on front page).

## HOME SECURITY

**To reduce the opportunity for thieves to gain entry into your home, consider the following crime prevention security tips:**

- Ensure appropriate keyed locks are fitted to all doors and windows.
- Even when you are outside, be sure to lock all doors and windows.
- Lock gates, garages and sheds when not in use.
- House keys, car keys and garage remote controls should be kept in a safe location. Thieves may use them to gain entry to your home or to steal your car.
- Install and activate an alarm system.
- Keep trees and bushes in front of doors and windows trimmed to avoid being used as hiding places.
- Lock all garden tools and ladders away securely so they cannot be used to break into your home.
- Don't leave valuables in obvious places. Thieves often target jewellery in jewellery boxes on bedroom dressers & other valuables in bedside drawers and cupboards.

- Break down packaging of expensive items and place it in your bin. Don't leave it next to your bin on the street.
- Lock your meter box to prevent thieves interfering with your power supply (contact your local electricity provider for more information).

### Mark Valuable Property

- Use an engraver, ultra violet (UV) pen or microdots to mark property.
- UV pens are best used for items that cannot be engraved e.g. ceramics, antiques etc.
- Mark your valuables with your driver's licence number, prefixed by the letter 'S' for South Australia, e.g. S123456.
- Photograph jewellery with a ruler beside it to give an indication of the actual size.
- Record all details on a property record and keep this in a safe place.

For further home security crime prevention information please visit [www.police.sa.gov.au](http://www.police.sa.gov.au) or contact your local police station.

## VEHICLE SECURITY THEFT FROM MOTOR VEHICLE

*There are a number of valuable items that are a common target for thieves to steal from vehicles because of their value and ability to be sold for quick cash. These include:*

- Laptops
- GPS devices
- Mobile phones
- Cameras
- Sporting and fishing goods
- Cash/wallets

*To reduce your chances of becoming a victim of theft, please consider the following security tips.*

- Ensure all valuables are removed from your vehicle or conceal them in the boot of the vehicle before arriving at your destination.
- Lock your vehicle doors and close windows.
- Install an audible alarm.
- At night park your vehicle in a well-lit area.

- Engrave your valuables with your driver's license number prefixed with 'S' for South Australia.
- Park your vehicle in a garage at night where possible.
- Avoid hiding a second set of keys in the vehicle - if the vehicle is broken into, they may find the keys and take the car as well as your valuables.
- Avoid placing bags and wallets on the passenger seat where they could be easily grabbed.

Thieves will look into vehicles to see what items can be easily stolen. Even a small amount of cash may be the catalyst for becoming a target. Ensure you conceal or remove all cash and valuable items from your vehicle.

For further information please go to [www.carsafe.com.au](http://www.carsafe.com.au)

*If you have any questions please contact the Police Crime Prevention Section at your nearest police station or visit [www.police.sa.gov.au](http://www.police.sa.gov.au).*