



Neighbourhood Watch SA

JUNE 2020

Bimonthly Neighbourhood Newsletter of Reynella NHW Area 048/146

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REYNELLA NEIGHBOURHOOD WATCH AREA 146



NOTICE: MEETINGS POSTPONED

We hope everyone in our area is keeping safe and well during the Coronavirus response.

Regretfully our meetings are still on hold, hopefully it will not be too long before we can return to normal.

In the meantime we hope everyone will keep following the rules and keep well.

We will still be producing and delivering our newsletters, meetings will resume when it is deemed safe to do so.

Area Co-ordinator:

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Secretary:

Joy Rolls Ph: 0418 839 046

Police Co-ordinator:

Constable Patrick Taylor,
South Coast Police

Around The House Recycling



Do not put your soft plastic bags into your recycle bin, take them back to Coles next time you shop and put them in the *Redcycle* bin near the checkouts. The *Redcycle* program accepts soft plastics including biscuit packets, lolly bags, frozen food bags, bread, rice and pasta bags. These soft plastics can be recycled into furniture, playground equipment garden edging, wheel stops, and materials for walkways in parks, roads and bollards.

Recipes

Cheese Cake

Ingredients

1 pkt crushed biscuits and melted butter
3 cups plain or vanilla yogurt
1 tin condensed milk
Grated rind of 1 lemon

Method

Mix biscuit crumbs with enough butter to make a base and press into a microwave safe dish
Combine condensed milk, lemon rind and yogurt
Pour mixture into base (will be runny)
Cook in microwave for 4 minutes
Put in fridge to set
Decorate as you choose

Chicken Pie



Ingredients

2 sheets of puff pastry
500 mgs of diced chicken
1 can of cream of chicken soup
2 cups of mixed veg fresh or frozen

Method

Line a pie plate with 1 sheet of the pastry. In a bowl combine chicken, soup, veg and salt and pepper to taste. Pour mixture into pie dish, cover with other sheet of pastry, seal edges with a fork & trim any excess pastry. Brush with egg or milk & cut several vents in the pastry. Bake for 30 - 40 mins - enjoy

Remember: See Something, Say something, Call Crime Stoppers



COVID-19

TRUSTED SOURCES OF INFO

Check your symptoms
healthdirect.gov.au


National updates
health.gov.au

Local updates and information
sahealth.sa.gov.au/COVID2019

The latest travel advice
smartraveller.gov.au

For general questions

Coronavirus Health Information Line: 1800 020 080

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Business Security

The following checklist will help you identify the strengths and weaknesses of your business' physical security.

Common vulnerabilities may be identified whenever your response is no.

BUILDING SECURITY

- Are all external doors and windows in good condition and professionally fitted?
- Are there good quality locks on all doors and windows at ground level?
- Are there good quality locks on each accessible door and window above ground level?
- Can internal doors be locked when the building is left unattended for long periods?
- Do you nominate members of staff to check that all doors and windows are closed and locked at the end of the business day?
- Do you have good visibility around the perimeter of your building?

- Do you have adequate lighting around your building during the hours of darkness?

CCTV

- Do you have your CCTV cameras regularly maintained?
- Do your CCTV cameras cover the entrances and exits of your building?
- Do you have CCTV cameras covering critical areas of your business such as server rooms or cash offices?
- Could you positively identify an individual from the recorded images on your CCTV system?

SA Police is committed to working with the community to prevent crime and reduce the fear of crime.

Please see our crime prevention booklets, fact sheets and posters at www.police.sa.gov.au/safety-and-security-tips

NEIGHBOURHOOD WATCH HELPING THE COMMUNITY



Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime.

The police can only be in one place at a time, and the area they cover is large. Any information the public can give Police helps in their investigations.

Disclaimer: This publication has been prepared as a public service initiative and while every care has been taken in its preparation no warranty is given nor representation, either express or implied, made regarding the accuracy, currency or fitness for purpose of the information, advice provided and no liability or responsibility is accepted by the State of South Australia, its instrumentalities, South Australia Police (their agents, officers and employees) and Neighbourhood Watch SA (Neighbourhood Watch Volunteers Assoc. of SA Inc.) for any loss suffered by any person in consequence of any use of and reliance placed by any person upon the said information or advice.



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Home Security

An effective way of improving the security of your home, from the environment around the boundary to the high-value items contained within its walls, is to consider security measures for three strategic layers.

The three layers to think about are:

1. Perimeter
2. Exterior
3. Interior

This process can be applied to every type of home, from the bungalow style home with gardens, to town houses, and even single student rooms found in shared houses.

At each layer the aim is to implement good security measures which will deter the offender by making it harder and riskier for them to get in and out of your home.

Each of the following sections will provide you with helpful hints to make it harder for a burglar to penetrate each of these layers.

The preferred answer to all questions is YES. Any question answered with NO indicates a weakness in your home security.

PERIMETER

- Is the area around the house free from items that an offender could use to break in i.e. bricks, ladders, and garden tools?
- Are sheds, garages and outbuildings locked at all times?
- Have you trimmed trees and plantings to provide good surveillance from the road?
- Are vehicles at the premises secured with all belongings removed when not in use?

- If you have a garage, is it used to secure the vehicle(s) inside, instead of being used as a storage space?

EXTERIOR

- Are doors kept locked with keys removed?
- Do you avoid leaving spare keys in accessible places, i.e. under plant pots, door mat or stone?
- When you are outside do you lock all doors and windows?
- Are ground floor and accessible windows closed and locked?
- If you have an alarm fitted, do you always use it?
- Do you have exterior security lighting fitted?

INTERIOR

- Do you use lights with timer switches when leaving the house unoccupied?
- Are items such as cash, car keys, laptops, jewellery and phones kept out of view and in a safe location?
- Do you avoid leaving high value items, including jewellery in obvious places, i.e. in jewellery boxes in the bedroom?
- Have you made a written and photo record of items of value?
- Have you marked valuable items with your driver's license number prefixed with the letter 'S' for South Australia using an engraver or ultra violet pen?

SA Police is committed to working with the community to prevent crime and reduce the fear of crime. Please see our crime prevention booklets, fact sheets and posters at www.police.sa.gov.au/safety-and-security-tips





GARY'S BAZAAR
Rescuing and recycling unwanted household items

We remove all* unwanted household items for **NO CHARGE**
** except rubbish, broken items and stained mattresses*

We sort it for local Op shops, overseas charity and sell some items to cover the cost of pick up and storage.

To arrange pick up of your unwanted items click the "Book a Collection" button on our website at www.garys-bazaar.com.au

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Visit our warehouse at 2/14 Kitawah St Lonsdale to view what we have for sale.
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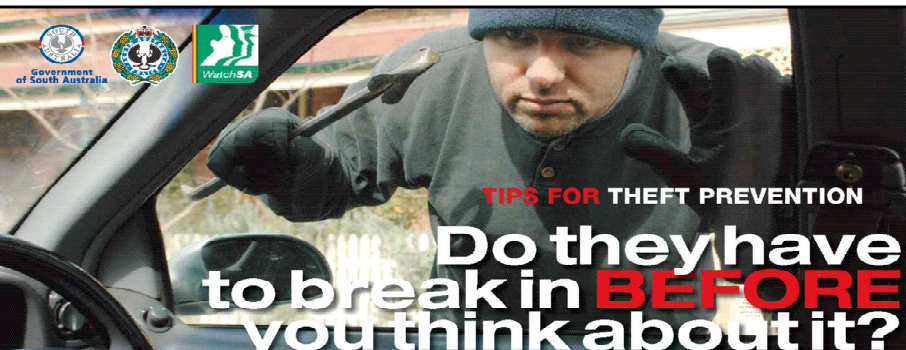
"I don't believe everything I'm told, do you?"



Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit www.scamwatch.gov.au

Report all scams to the police assistance line by calling 131 444.



TIPS FOR THEFT PREVENTION

**Do they have
to break in **BEFORE**
you think about it?**

Neighbourhood Watch Facebook Page

In the current climate of self-isolation and reduced physical contact, the official Neighbourhood Watch Facebook page at:

<https://www.facebook.com/NeighbourhoodWatchSA/> is a great way of staying in touch with us and other followers, plus hearing about the latest topical crime prevention news and SA Health updates on COVID-19. Get your family, friends and neighbours to follow our Facebook page!

You do not need to have a Facebook account to enjoy reading our Facebook page. However, if you create a Facebook account at <https://www.facebook.com/> you will be able to follow us, like and add comments to our posts, and also share our posts to other Facebook pages. You will also be able to send us direct messages to our

Neighbourhood Watch Facebook page inbox.

We welcome any community feedback at this time, if you have any thoughts about any way we can better provide a service to the NHW groups or other community members, please let us know! If you have any good new stories or examples of community kindness at this challenging time, or doing good things in relation to crime prevention, then share it with us.

Feel free to contact me directly (details below in my signature block), or any of my team at SA Police Headquarters by phone 732 23298, or email SAPOL.NeighbourhoodWatch@police.sa.gov.au/nhw.

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CAN YOU HELP?

We have recently had volunteers retire from walking or leave our zone and thus need replacements.

If you can spare about one hour every second month please contact us on 8381 3981 or email reynellanhw@bigpond.com

For a small amount of your time every second month you can help keep Reynella safe.

SUPPORT OUR SUPPORTERS

Thank you to the businesses that advertise in this newsletter.

Local advertising pays for its production and printing.

We ask you to return the goodwill and support these community-minded businesses when shopping.

NUMBER PLATE ANTI-THEFT SCREWS

Southern District Police have noticed an increase in the theft of number plates from motor vehicles. The below article relates to free RAA anti-theft screw installation. **Did You know that you don't have to be an RAA member?**

SECURE YOUR NUMBER PLATES

Approximately 3,000 number plates are stolen in South Australia each year. RAA is working with the Department of Planning, Transport and Infrastructure, SA Police, the Attorney General's Department and the Motor Trade Association to encourage motorists to have tamper-resistant screws installed on their vehicle's number plates.

A number of RAA Approved Repairers are offering to supply and install tamper-resistant screws free of charge.

To take up this offer, please contact RAA on 8202 4689 to find your nearest participating RAA Approved Repairers. For more information, visit www.raa.com.au/numberplatetheft.

Remember:

- If your number plate is stolen, report it immediately to police by calling the Police Assistance line on 131 444.
- To order new plates, contact Department of Planning, Transport and Infrastructure or visit www.sa.gov.au/topics/transport-travel-and-motoring/zyreg.