



Neighbourhood Watch SA

FEBRUARY 2020

Quarterly Neighbourhood Newsletter of Seacliff Park NHW Area 326

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SEACLIFF PARK NEIGHBOURHOOD WATCH

NEXT MEETING

Tuesday 7:30pm

25th February 2019

All Saints Anglican Church
Corner Brighton Rd and
Lamington Ave, Seacliff Park

GUEST SPEAKER

Richard Glazbrook
Topic: Migration

ALL WELCOME

Area Co-ordinator:
Paul Sutcliffe Ph: 0438 446 064

Police Co-ordinator:
Sen. Constable Jason Barker

USEFUL NUMBERS

POLICE EMERGENCY 000
POLICE ATTENDANCE 131 444
STURT POLICE 8207 4700
CRIME STOPPERS 1800 333 000

State Emergency Service
132 500

Flinders Medical Centre
8204 5511

City of Holdfast Bay **8229 9999**
City of Marion **8375 6600**
Poisons Information Line
131 126

News from the Coordinator

Next Meeting – Migration

The next meeting will be held on **Tuesday February 25 at 7:30pm** at All Saints Anglican Church on the corner of Brighton Rd and Lamington Ave.

We have invited **Richard Glazbrook**, a local resident, and Life Member and former Chairman and National President of the **Migration Institute of Australia**.

Richard will talk about the process of migration, how it works, what help is available, and the different categories of migration - refugees, students, overseas workers and visitors.

Previous Meeting

At the last meeting we had a very poor attendance. To help remedy this situation we have begun the search to find local residents with interesting stories to tell. If you know of someone, or would like to share your story, please contact us.

It was really nice to have Debbie Mundy from Moving Paws Inc, a not for profit small breed dog rescue group located in Adelaide.

Debbie explained how each dog is cared for in a loving foster home environment and treated as one of the family, they are

provided with the best vet care, grooming, training and socialisation, while an appropriate for-ever home can be found.

Moving Paws helps a lot of special needs and senior doggies and they are committed to making sure they live out their twilight years with love and dignity.

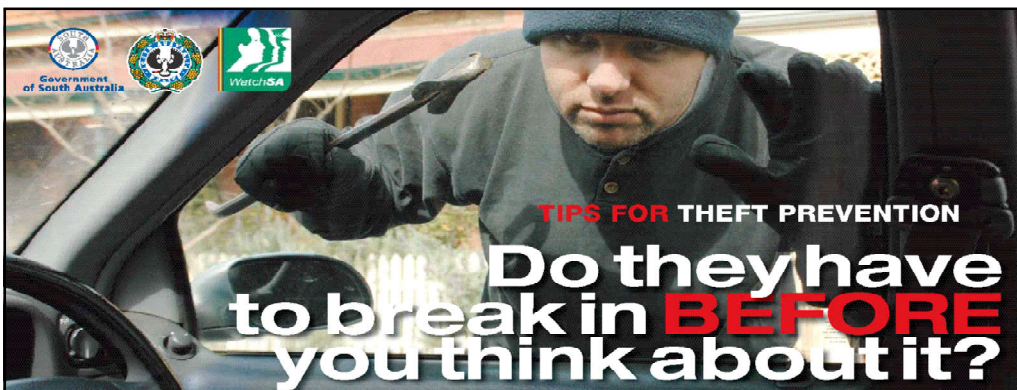
Many thanks to people who donated dog leads, blankets, dog food and other useful items that Moving Paws can use.

If you want to make contact visit their website (www.movingpaws.org.au), their Facebook page, or via email: movingpaws@live.com.au.

In December last year there was a spate of illegal interference to motor vehicles. Sadly, many of them involved vehicles which were left unlocked.

Remember to remove valuables and lock your vehicles.

Paul Sutcliffe, Seacliff Park NHW Area Coordinator



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HEATWAVES AND HOT WEATHER

Source: <https://www.redcross.org.au/get-help/emergencies/looking-after-yourself/heatwaves-and-hot-weather>



Heatwaves and hot weather have killed more people in Australia than any other natural disaster. Here's how you can beat the heat and keep cool this summer.

Heatwaves not only affect your daily activities, but can be a serious risk to your health and wellbeing.

Heatwaves and hot weather kill more people in Australia than bushfires, cyclones and any other natural disaster, so it's important to adapt your activities and have a plan to keep cool.

Heatwaves can be dangerous for anyone, but they're especially dangerous for older people, young children and people with a medical condition. However, there are lots of things you can do to help yourself - and your family, friends, neighbours and pets - beat the heat and keep cool this summer.

Drink plenty of Water

- Even when you don't feel thirsty, drink plenty of water.
- Avoid alcohol, tea, coffee and sugary or fizzy drinks. They make dehydration worse.
- Eat small meals more often, rather than large meals. And eat more cold food like salads and fruit.

Stay Cool

- Stay indoors: keep out of the heat if you can.
- If you need to go outside, wear light clothing and a hat, put on sunscreen and take water with you.
- Do daily activities like shopping and gardening early in the day or ask someone to help you.
- Draw blinds early in the day.
- Check that your fan or air-conditioner works well. Have it serviced if necessary.

- Turn your air-conditioner on before the room heats up
- Take cool showers and splash yourself several times a day with cold water, or use a damp cloth.
- Go to an air-conditioned building in your local area to cool off: a shopping mall, community centre, library or swimming pool.

Get Connected

- Check the forecast. This will help you prepare ahead for shopping and scheduling appointments.
- Identify your support network. Include people who can help you get things you need during and after a heatwave. This could be family, friends, neighbours or a carer.
- Write down your important numbers.
- Keep in touch with friends, neighbours and relatives, particularly if they're unwell or isolated.

Get Organised

- Store medicines safely at the recommended temperature.
- Talk to the doctor about how the heat might affect you.
- Ensure your pets are also well hydrated and have plenty of shade when they are outside.
- Look at the things you can do to make your home cooler such as installing awnings or shade cloths.
- Stock up on food, water and medicines.

Get Help

If you or someone you know shows signs of heat stroke (fits, confusion, staggering), call 000 immediately.

Heat stroke is a life-threatening emergency and can cause a person to collapse or fall unconscious.



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Saturday 10:00 to 1:00 pm | After hours by appointment

FIRE PREVENTION

Fires can cause serious harm to people and properties. Whether deliberately lit or caused by reckless or negligent actions, fire can kill.

Know your responsibilities, take positive action and report suspicious behaviour to police.

To help keep your property safe from fire, consider implementing these crime prevention tips:

- Maintain vegetation around your property and remove plant debris.
- Erect fences, gates and warning notices to identify your property boundaries.
- Immediately repair or replace any damaged sections of fencing or gates.
- Inspect your property regularly to ensure rubbish, including glass bottles, are disposed of immediately.
- Store flammable fuels, fertilisers and chemicals in a secure area.
- Be aware of any restrictions when using incinerators, BBQs, welding or cutting equipment or farm machinery during the Fire Danger Season and on Total Fire Ban days.

If you see anything suspicious immediately call police on 131 444.

DOMESTIC VIOLENCE

South Australia Police supports victims of domestic violence and attends domestic violence situations. We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
 - within a family across generations.
- Domestic violence includes:
- physical violence
 - sexual violence
 - emotional abuse
 - verbal abuse
 - property damage
 - financial abuse
 - threats to harm
 - stalking.

Domestic violence is damaging to victims, their children, family and friends.

Keep a note pad and record helpful details including:

- location of the suspicious activity i.e. RPA number & property name, road name, or identifying landmarks
- vehicle details i.e. registration number, make, model, colour & any distinguishing features (e.g. dents, stickers)
- characteristics of anyone acting suspicious i.e. age, gender, weight, height, hair colour and clothing.

For further information contact your local police station or visit www.police.sa.gov.au

If you have any information about who is deliberately lighting fires or engaging in reckless or negligent fire lighting behaviour call Crime Stoppers on 1800 333 000.

Where possible we try to hold the person responsible for the violence accountable for their actions.

Help and Support at Domestic Violence Situations

Police assistance

Call Triple Zero (000) if the situation is an emergency or 131 444 for non-urgent police assistance.

Seek advice about your options by contacting the Southern District Family Violence Investigation Section on 8392 9172.

Counselling and emergency accommodation is available from the Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

Contact the National Sexual Assault Family and Domestic Violence Counselling Service on 1800 RESPECT. Further information is available on the 1800RESPECT website.

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See Something,
Say Something,
Call Crime Stoppers

CRIME STOPPERS
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South Australia

000 EMERGENCY **THINK FIRST THEN DIAL** **POLICE ASSISTANCE 131444**



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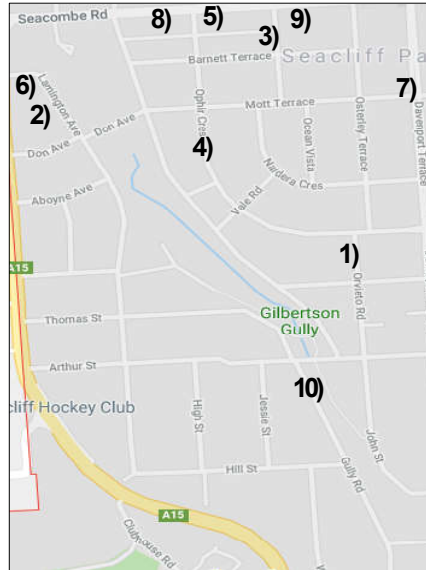
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Police Incidents 1 October - 31 December 2019



PROPERTY DAMAGE

- 19/10/2019 Orvieto Rd
Damage to 2 CCTV cameras
- 07/10/2019 Lamington Av
Graffiti on fence.
- 23/12/2019 Burke St
Graffiti on roller door.

THEFT

- 15/11/19 Ophir Cr
Front/rear number plates stolen from car parked in carport.
- 22/10/19 Seacombe Rd
Phone/credit cards stolen from unlocked vehicle in carpark.
- 09/12/19 Lamington Av
Unlocked car in driveway entered overnight, no damage
- 12/12/19 Davenport Tce
Property stolen from unlocked vehicle in driveway.
- 12/7/19 Seacombe Rd
Theft of vehicle parked in parking bay.
- 22/7/19 Seacombe Rd
6 bottles of alcohol stolen. Value \$326.
- 21/8/19 Seawynd Ct
Wallet stolen from unlocked car in unit car park.
- 11/9/19 Gilbertson Rd
Items stolen from locked vehicle in driveway.
- 4/7/19 Seacombe Rd
Shed broken into. Tools stolen. Address currently vacant.
- 25/9/19 Gully Rd
Person entered premises and stole jewellery.

BREAK-INS

Support our supporters

This Neighbourhood Watch Newsletter is only made possible through the support of local businesses - please return the favour by supporting our sponsors.

Area Personnel Contact Numbers

Area Coordinator	Paul Sutcliffe	80438 446 064	Correspondence to: C/- 40 Gully Road Seacliff Park 5049
Deputy Coordinator	VACANT		
Secretary	Christine Solomon	88296 2295	
Treasurer	Christine Solomon	8296 2295	

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David Speirs
Member for Black

Supporting Seacliff Park Neighbourhood Watch
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