



Neighbourhood Watch SA

MAY 2020

Quarterly Neighbourhood Newsletter of Seacliff Park NHW Area 326

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SEACLIFF PARK NEIGHBOURHOOD WATCH

NO MAY MEETING

NEXT MEETING

Tuesday 7:30pm

25th August 2020

All Saints Anglican Church
Corner Brighton Rd and
Lamington Ave, Seacliff Park

GUEST SPEAKER

To Be Announced

ALL WELCOME

Area Co-ordinator:

Paul Sutcliffe Ph:0438 446 064

Police Co-ordinator:

Sen. Constable Jason Barker

News from the Coordinator *by Paul Sutcliffe, Seacliff Park NHW*

May Meeting – Cancelled

Due to the restrictions in place for Covid-19 Neighbourhood Watch (NHW) face to face meetings are now strongly discouraged, so we have taken the decision not to hold a meeting in May.

We live in interesting times at the moment and the COVID-19 virus has had an impact and will continue to do so for the foreseeable future for all of us.

By now we have become used to social distancing, 1 person per 4 square metre rules and avoiding unnecessary travel.

One of the positive outcomes from the situation we find ourselves in has been the increased number of people out and about exercising, or with their families.

Those near the Gully Road Reserve will have noticed the increase in cyclist coming down the hill, plenty more dogs getting their daily exercise, and people out walking and running.

As we move closer to easing of restrictions I encourage you to continue to support our local businesses.

A decision about the August meeting will be made closer to the date.

Previous Meeting

At the last meeting in February **Richard Glazbrook**, a local resident, and Life Member and former Chairman and National President of the **Migration Institute of Australia** provided an interesting and entertaining talk about the history of migration and how the process of migration works.

Some of the topics covered included the Gold Rush and the link to Robe, the White Australia Policy, World War Two, Snowy Mountain Scheme, and how the process of migration works.

Keeping touch via Facebook

If you want to keep up to date with what is happening you can use the NHW Facebook page at <https://www.facebook.com/NeighbourhoodWatchSA/> where regular COVID – 19 updates are posted, as well as topical crime prevention advice. Feel free to comment, 'like' or forward posts to others.

USEFUL NUMBERS

POLICE EMERGENCY 000
POLICE ATTENDANCE 131 444
STURT POLICE 8207 4700
CRIME STOPPERS 1800 333 000

State Emergency Service
132 500

Flinders Medical Centre
8204 5511

City of Holdfast Bay **8229 9999**

City of Marion **8375 6600**

Poisons Information Line
131 126

COVID-19

TRUSTED SOURCES OF INFO

Check your symptoms
healthdirect.gov.au

National updates
health.gov.au

Local updates and information
sahealth.sa.gov.au/COVID2019

The latest travel advice
smartraveller.gov.au

For general questions

Coronavirus Health Information Line: 1800 020 080

**PROTECT YOURSELF
KNOW THE SCAM**

"I don't believe everything I'm told, do you?"

Anyone can be a target for scammers – so be on the look out. Scammers use sophisticated methods to take your money.

To learn how to **PROTECT YOURSELF** and **KNOW THE SCAM** visit www.scamwatch.gov.au

Report all scams to the police assistance line by calling 131 444.

Coronavirus is changing how we work. Online scammers are taking advantage

ABC technology reporter Ariel Bogle and Siobhan Heanue

Australians are now working from home offices and kitchen tables as social distancing measures to slow the spread of coronavirus ramp up. But this change to how we work makes us more vulnerable to cybersecurity threats.

Australia's cyber spy agency has warned of scams and phishing attempts, as criminals try and take advantage of the disruption.

Scamwatch has also received 94 reports of COVID-19 scams since the beginning of the year, with numbers expected to rise.

Karl Hanmore, the acting head of the Australian Cyber Security Centre — part of the Australian Signals Directorate — said there are already examples of coronavirus-inspired cybercrime.

"Most importantly, don't click on links you receive via text message or email, especially if they're around the coronavirus."

Phishing scams using COVID-19-themed text messages are already circulating in Australia.

One of them appears to be sent from "GOV" and shares a link that claims to help people find out where they can get tested for coronavirus.

But the link and the sender are fake. Clicking on the link could install malware designed to steal your banking details.

"That's criminals trying to steal your banking details at a time when you're least able to protect yourself," says Mr Hanmore.

World Health Organisation (WHO) 'phishing' scam

SA Police are warning of a phishing email which claims to be from WHO and contains a 'button' to seek more information regarding safety measures to protect yourself from the Coronavirus.

Clicking on the button will take the user to a phishing website which appears to be a legitimate WHO page.

This page will prompt the user to enter personal details, including email address and password. These personal details can then be used to steal the user's identity.

Phishing is an attempt to commit identity theft by disguising the attempt in a manner that appears to be from a trustworthy entity.

Think About It

Take the time to think before following links or clicking on buttons contained in emails.

Phishing emails often contain spelling and grammatical errors which would not be expected from the organisation from which the email was supposedly

**Brighton Lions
Need You!**

Can you spare 2-4 hours a month helping The Brighton Lions at their Shed and other Fund Raising Events?

For more information on how to Volunteer or Join
Contact Ian on 8298 2901

**NEIGHBOURHOOD
WATCH
HELPING
THE COMMUNITY**

Neighbourhood Watch areas work against crime: the public are the eyes and ears for the police in our neighbourhood.

Keeping people informed, being observant and alert, is being proactive against crime.

The police can only be in one place at a time, and the area they cover is large.

Any information the public can give Police helps in their investigations.

To protect yourself from phishing:

- Don't click on links in emails or messages, or open attachments, from people or organisations you don't know
- Before you click a link, hover over that link to see the actual web address it will take you to (usually shown at the bottom of the browser window)
- If you do not recognise or trust the address, try searching for relevant key terms in a web browser. This way you can find the article, video or webpage without directly clicking on the suspicious link
- If you're not sure, talk through the suspicious message with a friend or family member, or check its legitimacy by contacting the relevant business or organisation (using contact details sourced from the official company website)

Source: Australian Cyber Security Centre

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Next to Tradelink

OPENING HOURS: Tuesday to Friday 10am to 5pm
Saturday 10:00 to 1:00 pm | After hours by appointment

SEKONDA

HOME SECURITY

To reduce the opportunity for thieves to gain entry into your home, consider the following crime prevention security tips:

- Ensure appropriate keyed locks are fitted to all doors and windows.
- Even when you are outside, be sure to lock all doors and windows.
- Lock gates, garages and sheds when not in use.
- House keys, car keys and garage remote controls should be kept in a safe location. Thieves may use them to gain entry to your home or to steal your car.
- Install and activate an alarm system.
- Keep trees and bushes in front of doors and windows trimmed to avoid being used as hiding places.
- Lock all garden tools and ladders away securely so they cannot be used to break into your home.
- Don't leave valuables in obvious places. Thieves often target jewellery in jewellery boxes on bedroom dressers and other valuables in bedside drawers and cupboards.
- Break down packaging of expensive items and place it in your bin. Don't leave it next to your bin on the street.
- Lock your meter box to prevent thieves interfering with your power supply (contact your local electricity provider for more information).

Mark Valuable Property

- Use an engraver, ultra violet (UV) pen or microdots to mark property.
 - UV pens are best used for items that cannot be engraved e.g. ceramics, antiques etc.
 - Mark your valuables with your driver's licence number, prefixed by the letter 'S' for South Australia, e.g. S123456.
 - Photograph jewellery with a ruler beside it to give an indication of the actual size.
 - Record all details on a property record and keep this in a safe place.
- For further home security crime prevention information please visit www.police.sa.gov.au or contact your local police station.

HANDY 'AT-HOME' RECIPES

2 INGREDIENTS BREAD

1x cup of natural yogurt
 1x & ½ cups of Self Raising flour
 Mix together in a bowl then knead on a board until a soft dough.
 Bake @180° for 15mins in pieces or longer if in one piece. Form into balls to make rolls, fruit or seeds can be added for variation before baking.
 When ready, roll flat & thin to make pizza or spread with vegemite and cheese, roll & cut into slices to make scrolls.

RECIPE FOR HAND SANITISER

2/3 cup rubbing alcohol (isopropyl or ethanol)
 1/3 cup aloe gel
 8-10 drops of essential oil of your choice
 Mix all ingredients with a spoon.
 Using a funnel pour into an empty bottle, label and use.
 All ingredients available at most chemists and some at hardware stores.

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 Say Something,
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CRIME STOPPERS
 .com.au
 1800 333 000

South Australia

000 EMERGENCY **THINK FIRST THEN DIAL** **POLICE ASSISTANCE 131 444**

Support our supporters

This Neighbourhood Watch Newsletter is only made possible through the support of local businesses - please return the favour by supporting our sponsors.

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Police Incidents 1 January - 31 March 2020



THEFT

- 06/01/20 Gully Rd Car broken into in driveway, tools stolen. Rear shed broken into and tools stolen.
- 22/03/20 Bothwell Ave Bicycle stolen from garage. Value \$1999.
- 23/01/20 Davenport Tce Wallet stolen from unlocked car.
- 01/02/20 Lamington Ave Items stolen from vehicle.
- 05/02/20 Seacombe Rd Car door opened overnight.

BREAK-INS

- 25/01/20 Orvioto Rd Attempted break-in. CCTV available.
- 30/01/20 Arthur St Electric bike stolen from locked garage.
- 29/02/20 Seacombe Rd Attempted break-in at pharmacy. Damage \$500.

NUMBER PLATE ANTI-THEFT SCREWS

Southern District Police have noticed an increase in the theft of number plates from motor vehicles. The below article relates to free RAA anti-theft screw installation. ***You don't have to be an RAA member!***

SECURE YOUR NUMBER PLATES

Approximately 3,000 number plates are stolen in South Australia each year. RAA is working with the Department of Planning, Transport and Infrastructure, SA Police, the Attorney General's Department and the Motor Trade Association to encourage motorists to have tamper-resistant screws installed on their vehicle's number plates.

A number of RAA Approved Repairers are offering to supply and install tamper-resistant screws free of charge.

To take up this offer, please contact RAA on 8202 4689 to find your nearest participating RAA Approved Repairers. For more information, visit www.raa.com.au/numberplatetheft.

Remember:

- If your number plate is stolen, report it immediately to police by calling the Police Assistance line on 131 444.
- To order new plates, contact Department of Planning, Transport and Infrastructure or visit www.sa.gov.au/topics/transport-travel-and-motoring/ezyreg.

Area Personnel Contact Numbers		
Area Coordinator	Paul Sutcliffe	80438 446 064
Deputy Coordinator	VACANT	
Secretary	Christine Solomon	88296 2295
Treasurer	Christine Solomon	8296 2295

Correspondence to:
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Seacliff Park 5049

NICOLLE FLINT MP
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Authorised by Nicole Flint MP, Liberal Party of Australia,
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David Speirs
Member for Black

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