



JANUARY 2026

Neighbourhood Watch SA

Newsletter of Aberfoyle Park & Happy Valley Neighbourhood Watch Area 491

ISSUE #161

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ABERFOYLE PARK & HAPPY VALLEY

NEIGHBOURHOOD WATCH AREA 491

NEXT MEETING

7:30pm Monday
19th January 2026

Aberfoyle Community Centre
(corner of Sandpiper Cres and Jessica St)

Guest Speaker

Red Cross - Bernadette

ALL WELCOME

FUTURE MEETING
7:30pm 16th March

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Police Coordinator:

Andrew Paterson

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Sturt Police Station

333 Sturt Road, Bedford Park SA
Ph: 8207 4700 7 days 9am-9pm

Police Attendance: Ph 131 444
DIAL 000 to report a crime in progress or has just been committed

Should you require support with issues within the area that are outside the remit of our NHW group, your elected Local Member of Parliament, Erin Thompson, can be contacted on 8270 5122

Neighbourhood Watch Area 491 News

Previous Meeting

At our meeting on November 17, we had the privilege of hearing from our dedicated Police representative, Brevet Sgt Andrew Paterson, who along with his regular SAPOL local crime report, provided a well-presented item on updated criminal activities, focusing on bogus banknotes being passed off as genuine money.

It's fascinating the lengths that criminals will go to, in trying to print their own currency – an activity thankfully being made more difficult these days due to plastic notes and upgraded security features used.

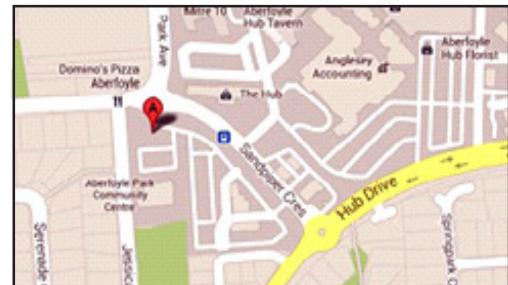
Next Meeting – Monday January 19

On January 19, we will hear from Red Cross agent Bernadette, who is presenting an Emergency Redi session, as the name suggests, covering what to do in domestic emergency situations, such as cardiac arrest and other unexpected trauma.

As many of our attendees are in the mature age bracket, this could prove some valuable information, so do come along to hear "Bernie's" message.

Our relaxed, friendly and Covid safe NHW meetings are held on the third Monday of odd-numbered months. The next meeting is **Monday January 19** at the Aberfoyle Community Centre, at 7:30 pm.

The meeting is also a great chance to meet fellow residents and time for an informal chat as a group.



Thanks

As always, a special thanks to our local Harcourts Tagni Real Estate (8322 5000) for their continued support by funding the hire of the Aberfoyle Community Centre for our meetings.

Please support our supporters

We continue to serve the community because of two groups of people.

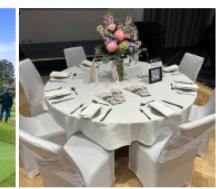
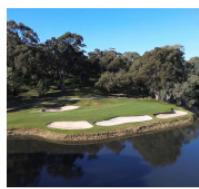
The first being the 38 volunteers that deliver the 2950 newsletters throughout Aberfoyle Park and Happy Valley. If you wish to join our delivery team, please contact us by email at newsletter@nhw491.com.au.

The second important group are the businesses that donate products and/or finances directly to us and those businesses that advertise in this newsletter. It is the advertising that pays for its production and printing.

What we ask is that you return the good will and support these community-minded businesses when shopping. If you wish to advertise, please contact mark.bird@optusnet.com.au or call Mark on 0409 916 091.

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REPORTING CRIME

Emergencies

Call Triple Zero (000) in an emergency.

Where life or injury is threatened, or danger to people and property.

Non-Emergencies

Call 131444 for non-urgent police assistance.

For reporting after a crime, reporting a missing person or making police-related enquiries.

Crime Stoppers

Report information about criminals and suspicious activities to Crime Stoppers on 1800 333 000 or at www.crimestopperssa.com.au

Cybercrime

To report cybercrime, or to get further information about frauds and scams, visit:

SAPOL: www.police.sa.gov.au/scams

AUSTRALIAN CYBER SECURITY CENTRE

Website: www.cyber.gov.au

IDCARE Phone: 1300 432 273

Web: www.idcare.org

SCAMwatch:

www.scamwatch.gov.au

HOLIDAY SAFETY TIPS



AWAY FROM HOME

Use light timers and leave shoes by the door. Ask a neighbour or friend to collect mail and leave a spare set of keys with them, never outside.

VEHICLE SAFETY

Always lock your car and store the keys somewhere secure, away from doors or windows.

SAFE PACKAGE DELIVERY

If you're expecting a parcel, arrange for secure delivery to prevent it from being left in an easily accessible spot.

Consider requesting signature confirmation or picking it up from the post office, if you're unavailable.

Providing a secure drop-off location can also keep your package safe from opportunistic potential thieves.

FAKE DELIVERY MESSAGES

You may receive fake texts or emails claiming you have a parcel for pick up or delivery. These messages can look very real and appear legitimate.

Do not click on any links. Put messages you're unsure of into the junk file folder and then check the senders email address or the website URL to check the address provided.

BE ALERT & WATCH FOR SCAMS

Watch out for holiday scams. Scammers often target online shoppers during the holiday season with fake gift offers, fraudulent websites or by posing as charities.

Never share personal or financial information and avoid opening emails or clicking links from unknown senders.

Search for suspicious transactions on your banking app.

SOCIAL MEDIA

Try to avoid posting about gifts or travel plans on social media. Would-

be thieves can monitor these posts to learn when homes will empty.

SECURE YOUR DEVICES

To ensure the security of your smart devices against viruses and unauthorised access.

Regularly update your anti-virus software and install the latest security patches. Don't forget to add the same level of protection to any gifted items.

ONLINE CHILD SAFETY

Children often spend more time online during the holidays. It's essential during this time to stay extra vigilant about knowing which websites and apps they are using, and talking openly to them about the potential risks of sharing personal information or photos online.

Child sex sexual exploitation can happen to anyone, anywhere. If you are concerned, contact the police for advice on keeping children safe online and how to report. For more information visit www.accce.gov.au.

REPORTING

Remember, you have the power to keep your community safe. If you notice any suspicious activity, don't hesitate to report it to the police.

In an emergency or when a crime is taking place, call Triple Zero (000). If a crime has already occurred, you can also ring 131444. For anonymous reporting, call Crime Stoppers on 1800 333 000. All are available 24/7.

JOIN NEIGHBOURHOOD WATCH

Consider joining your local Neighbourhood Watch group.

These groups play a vital role in enhancing the safety of our community by sharing valuable crime prevention resources and alerts, fostering a sense of solidarity where members look out for one another.

Source: Neighbourhood Watch Australasia

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E-Bikes and E-Scooters under the Law

Staying safe on the road is important for all road users and with the increased popularity and use of power assisted bicycles and motorised wheeled recreational devices, it is important to know the road rules.

The rules as they apply to these power-assisted devices are as follows:

What is a power assisted bicycle?

A power assisted bicycle is a pedal cycle with an electric motor attached to assist the rider.

The attached electric motor may provide assistance but the pedals must be the main means of propulsion.

In South Australia, there are two types of power assisted bicycles that can be legally used on roads:

- a bicycle with up to 200 Watts of power that is controlled by a throttle or an accelerator
- a bicycle with up to 250 Watts of continuous power that is controlled using pedals and meets the definition of a pedelec.

Rules for power assisted bicycles

Riders do not require a driver's licence, motor vehicle registration or compulsory third party insurance; however, riders are bound by the same rules as bicycles including, but not limited to:

- wearing an approved helmet that is securely fitted
- having effective brakes
- having a working warning device

- at night and in hazardous weather having a white light that is clearly visible at least 200 metres from the front; a red light that is clearly visible at least 200 metres from the rear, and a red reflector.

What is an E-Scooter

An E-scooter is a two wheeled device powered by an electric motor and battery pack.

Rules for E-Scooters

On 13th July 2025, new regulations came into effect governing the use of E-Scooters, classed as Personal Mobility Devices (PMD) in South Australia.

Riders must be aged 16 years or over, wear a helmet, use a flashing, or steady front and rear lights at night or in low light, and not be under the influence of alcohol or drugs.

Riders must not use a mobile phone or carry passenger/s.

E-Scooters must not exceed 10km/h on footpaths or beaches. They must not exceed 25km/h when ridden in dedicated bike lanes or paths.

E-scooters cannot be used on roads with a speed limit above 50km/h. The only exception to this is in a dedicated bike lane of a road with a 60km/h limit.

For more information visit mylicence.sa.gov.au/roadrules/personal-mobility-devices

All riders must follow the rules to keep everyone safe. Failure to do so could result in hefty fines and loss of demerit points.

It is against the law to ride an E-Scooter or other PMD on public land if it doesn't meet South Australian device requirements.

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Dr Feroz Rammal

MBBS, FRACGP

Dr Rupinder Sekhon

Female GP MBBS, FRACGP

Dr Naila Sherwani

Female GP MBBS, FRACGP

Dr Sudhir Anand

MBBS,FRACGP, DCP, PG Dip Diabetes

Dr Deepak Janardhan

MBBS FRACGP

Dr Anurag Pillai

MD FRACGP

Monday 8:30 am - 7:30 pm

Tuesday 8:30 am - 7:00 pm

Wednesday 8:30 am - 6:00 pm

Thursday 8:30 am - 8:30 pm

Friday 8:30 am - 5:30 pm

Saturday 1:00 pm - 6:00 pm

Sunday 1:00 pm - 5:00 pm

PH 8270 4000

E: enquiries@aberfoyleparkfp.com.au

W: www.aberfoyleparkfp.com.au

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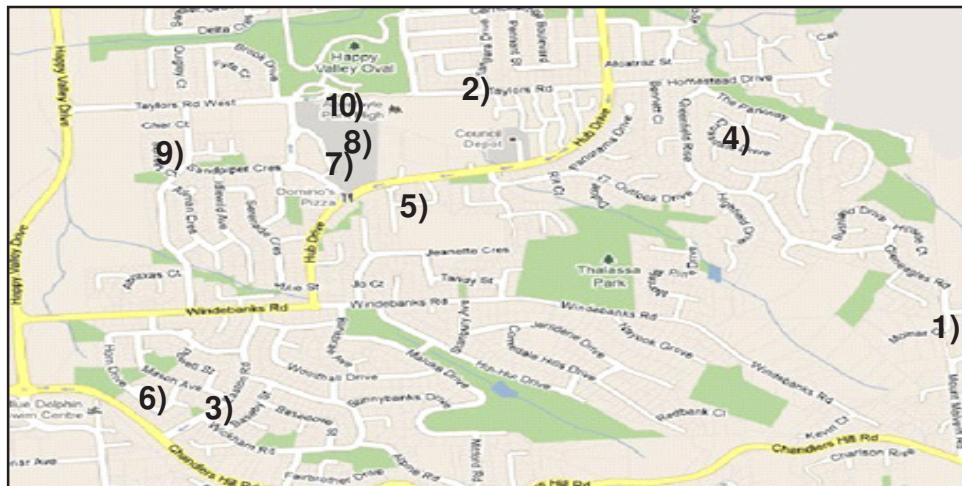
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PROPERTY DAMAGE

- 02/12/25 Corella Av, Chandlers Hill Damage to rear window of house. Value \$2,500.
- 05/12/25 Taylors Rd Graffiti. Clean-up costs estimated at \$800.

THEFT

- 17/08/25 Easton Rd, Happy Valley Mobile phone stolen from share house.
- 2-3/10/25 Crossdale Dr Unknown person/s have cut and rolled up fly screen on bathroom window of house. Upside down tubs placed below window to climb onto. Nil entry gained.
- 27-31/10/25 Spring Park Cct Rear door of house forced. Items stolen from within.
- 04/11/25 Horn Dr, Happy Valley Package stolen from front doorstep. Value \$119.
- 14/11/25 Hub Dr Theft of groceries worth \$175 from Woolworths. 27-year-old female arrested by police.
- Oct/Nov Hub Dr Significant shop theft reported on 11/10, 8/11, 11/11 & 15/11. A lone female issuspected of stealing over \$1000 of groceries from supermarkets in Aberfoyle Park. Described as Aboriginal appearance, 40 years, slim build, with long black hair, tied in a bun.

TRESPASS

- 12/11/25 Sunset Ct Trespass and property damage. White paint marked on front of house.

WEAPON

- 10.21/11/25 Taylors Rd Student in possession of a hammer at school.



Erin Thompson MP
MEMBER FOR DAVENPORT



8270 5122 | PO Box 1137, Flagstaff Hill SA 5159 | Shop 11,
The Hub Shopping Centre, Taylors Road Aberfoyle Park 5159

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Kerbside and Bin Numbering

Let NHW paint your house number on the kerbside for \$10 and for only an extra \$3 each, we can do your garbage, green-waste, and recycling bins as well. That's your kerb and 3 bins for a total of only \$19.

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