



Neighbourhood Watch SA

MARCH 2025

Newsletter of Aberfoyle Park & Happy Valley Neighbourhood Watch Area 491

ISSUE #156

Area 491 News	1
Reporting Crime	1
Protection from Scams.	2
National DV Orders	3
Police Incidents	4

ABERFOYLE PARK & HAPPY VALLEY NEIGHBOURHOOD WATCH AREA 491

NEXT MEETING

7.30pm Monday

17th March 2025

Aberfoyle Community Centre
(corner of Sandpiper Cres and Jessica St)

GUEST SPEAKER

Senior Constable Matt Robinson
SAPOL

FUTURE MEETING

19th May 2025

Contacts

Area Coordinator:

David McNabb

Newsletter Editor:

Richard Keane

Ph 0415 518 992

NHW491 E-mail:

contactus@nhw491.com.au

Police Coordinator:

Andrew Paterson

andrew.paterson@police.sa.gov.au

Sturt Police Station

333 Sturt Road, Bedford Park SA
Ph: 8207 4700 7 days 9am-9pm

Police Attendance: Ph 131 444

DIAL 000 to report a crime in progress or has just been committed

Should you require support with issues within the area that are outside the remit of our NHW group, your elected Local Member of Parliament, Erin Thompson, can be contacted on 8270 5122

Neighbourhood Watch Area 491 News

Previous Meeting

At our last meeting on January 20, we had an excellent-sized audience that heard Richard talk on the interesting subject of practical legalities of towing.

His presentation was well received, & topical, considering the number of caravans parked in our local area, and increasingly encountered on the open roads. We also welcomed several guests from Happy Valley NHW.

Next Meeting Monday March 17

Our next meeting on March 17th will feature Senior Constable Matt Robinson from SAPOL who will be talking on Cyber Crime and our best defences for avoiding the increasing incidence of online scammers and other "nasties". He will also give hints on how to deal with scams if we are "scammed".

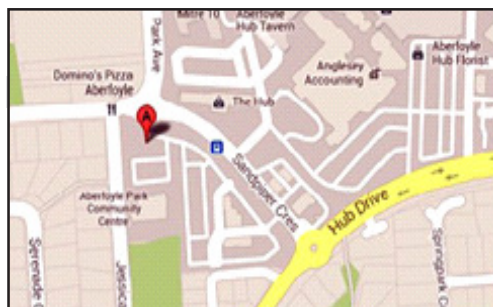
Welcome

All community members are welcome at our meetings. You are free to simply take the information given and/or voice your opinion and concerns regarding local issues.

We hope you can all join us for what should be another most informative night.

Thanks

As always, a special thanks to Harcourts Tagni Real Estate (8322 5000) for their continued support by funding hire of the Aberfoyle Community Centre for our meetings.



FREE health & happiness program

Everyone knows that helping others can benefit society, but there is now a significant and growing body of scientific research showing how altruism (ie, "the unselfish concern for the welfare of others") is associated with good health, wellbeing, and longevity.

When you get involved and help others your body produces serotonin, and this

REPORTING CRIME

Emergencies

Call Triple Zero (000) in an emergency.

Where life or injury is threatened, or danger to people and property.

Non-Emergencies

Call 131444 for non-urgent police assistance.

For reporting after a crime, reporting a missing person or making police-related enquiries.

Crime Stoppers

Report information about criminals and suspicious activities to Crime Stoppers on 1800 333 000 or at www.crimestopperssa.com.au

Cybercrime

To report cybercrime, or to get further information about frauds & scams, visit:

SAPOL:

www.police.sa.gov.au/scams

AUSTRALIAN CYBER SECURITY CENTRE

Website: www.cyber.gov.au

IDCARE Phone: 1300 432 273

Web: www.idcare.org

SCAMwatch www.scamwatch.gov.au

makes you feel happier. Research is also showing that volunteering can even boost the immune system.

Another health fact is that walking is very good for both your mind and body in many ways. So for your own health and wellbeing, why not get involved with our Neighbourhood Watch by delivering some newsletters every second month.

You could consider this a health and happiness program that's free of charge. It only takes about 30 minutes to deliver around 80 Newsletters, but the health benefits last a lot longer.

You can join our happy volunteers by phoning Richard (Newsletter editor) on 0415 518 992 or by email to newsletter@nhw491.com.au



NURSING AND DISABILITY SERVICES

- Wound Care
- Continence Assessments
- Diabetes Management
- PEG and Stoma Care
- Mental Health Support
- Palliative Care
- Transport Arrangements
- Household Tasks
- Supported Independent Living



PH: 0416 724 683

Email: info@pearlangels.com.au

Web: pearlangels.com.au



The Computer Store that Cares!

Visit TechTitan today!

We sell, repair, and upgrade

all kinds of Computers, Laptops,

Tablets and more

FREE DIAGNOSTIC CHECK!

**Shop 3, 93 Main South Road
O'Halloran Hill, SA, 5158
(08) 8317 1337**



employment services

Looking for meaningful employment?

If you have a disability, illness or injury, receive a Centrelink payment or have a NDIS Plan, call to discuss supporting your road to prosper in open employment.



08 8186 3588 | Unit 2, 251 Main South Rd, Morphett Vale



HOW TO PROTECT YOURSELF FROM SCAMS



STOP – Don't give money or personal information to anyone if unsure.

Scammers will offer to help you or ask you to verify who you are. They will pretend to be from organisations you know and trust like, Services Australia, police, a bank, government or a fraud service.



THINK – Ask yourself could the message or call be fake?

Never click a link in a message. Only contact businesses or government using contact information from their official website or through their secure apps. If you're not sure say no, hang up or delete.



PROTECT – Act quickly if something feels wrong.

Contact your bank if you notice unusual activity or if a scammer gets your money or information. Seek help from IDCARE, report scams to Scamwatch and cybercrime to ReportCyber.

What you can do to protect yourself today:

1. Beware of anyone offering you easy money through investment or a job. Visit moneysmart.gov.au to avoid investment scams.
2. Check invoices and bills before paying, by independently calling the business on the publicly listed number.
3. Add steps to show who you are when you log into your online services. This could be a code sent to your phone, a token, a secret question or your face or fingerprint.
4. Never provide information, passwords, or codes over the phone or via text to anyone. Contact government, businesses, and banks through official channels.
5. Immediately report any suspicious activity to your bank.
6. If you need crisis services or emotional support, contact Beyondblue 1300 224 636 or Lifeline on 13 11 14.

Scamwatch
www.scamwatch.gov.au

IDCARE
1800 595 160
www.idcare.org

ReportCyber
www.cyber.gov.au



STRENGTH FOR LIFE

Gym Sessions for Over 50's

Hub Recreation Centre

Monday to Thursday
2 sessions daily

Contact AMANDA
on **0481 127 781**

Kerbside and Bin Numbering

Let NHW paint your house number on the kerbside for \$10 and for only an extra \$3 each, we can do your garbage, green-waste, and recycling bins as well. That's your kerb and 3 bins for a total of only \$19.

We are far less than other providers charge. Our prices are extremely low because our service is run by volunteers. The small fee helps keep our NHW group operating.

Call NHW's Bruce on 0449 871 035 or email numbering@nhw491.com.au to get it done.



National operation of DV intervention orders

Laws have been introduced across Australia so that all intervention orders (which are domestic violence-related) are nationally recognised and enforceable.

This means, wherever your order is issued, it will apply in all states and territories so that you are protected wherever you may be in Australia.

South Australia Police supports victims of domestic violence and attends domestic violence situations.

We give the highest priority to the protection and ongoing safety of victims and their children.

Domestic violence is a pattern of abusive behaviour by one person against another:

- in a couple relationship such as marriage or dating
- within a family across generations.

It occurs in all social, age and cultural groups.

Domestic violence includes:

- physical violence
- sexual violence
- emotional abuse
- verbal abuse
- property damage
- financial abuse
- threats to harm
- stalking.

Domestic violence is damaging to victims, their children, family and friends.

Where possible we try to hold the person responsible for the violence accountable for their actions.

Find out more about domestic violence on the 1800RESPECT website.

Help and support at domestic violence situations

Police assistance

Call Triple Zero (000) if the situation is an emergency.

Call 131 444 for non-urgent police assistance.

Seek advice about your options

If you live in the metropolitan area contact the Family Violence Investigation Section in your District:

- Eastern, phone 7322 4890
- Northern, phone 8207 9381
- Western, phone 8207 6413
- Southern, phone 8392 9172

Counselling and emergency accommodation

Domestic Violence and Aboriginal Family Violence Gateway on 1800 800 098.

National Sexual Assault Family & Domestic Violence Counselling Service on 1800 RESPECT (1800 737 732).

Beating Graffiti

Rapid and Continual Removal of graffiti is one of the best deterrents to stop graffiti returning to the site.

Painting over the graffiti is most effective way to remove the graffiti.

When the graffiti is removed by the "paint out method" be sure to match the colour of paint being used - as close as possible to the existing colour of the fence prior to the graffiti damaged.

Be sure to paint the graffiti over in a "block" formation and DO NOT follow the lines of the tag.

REPORTING GRAFFITI

Onkaparinga

Council property

Graffiti Hotline 1800 040 225

Stobie poles / ETSA boxes
SA Power Networks 131 261

Public Transport / Private
property

Sturt Police 82074700
SAPOL 131444

Baxters Butchers

PROUD SUPPORTER OF
ABERFOYLE PARK
NEIGHBOURHOOD WATCH



Your Local,
Family-run
Quality Butchers



We are the only
Hills butcher supplying
DRY-AGED STEAKS

Come and taste the difference

Foodland Shopping Centre,
Ridgeway Drive, Flagstaff Hill

Phone 8270 8558

See Something,
Say Something,
Call Crime Stoppers

CRIME STOPPERS
.com.au
1800 333 000

South Australia



**ABERFOYLE PARK
FAMILY PRACTICE**

5 The Mall, Aberfoyle Park OPEN 7 DAYS

Dr Shrinivas Halivagilu MBBS, FRACGP
Dr Feroz Rammal MBBS, FRACGP
Dr Rupinder Sekhon Female GP MBBS, FRACGP
Dr Naila Sherwani Female GP MBBS, FRACGP
Dr Sudhir Anand MBBS, FRACGP, DCP, PG Dip Diabetes
Dr Deepak Janardhan MBBS FRACGP
Dr Anurag Pillai MD FRACGP

Monday 9:00 am - 7:30 pm
Tuesday 9:00 am - 5:00 pm
Wednesday 9:00 am - 9:00 pm
Thursday 9:00 am - 8:30 pm
Friday 9:00 am - 5:30 pm
Saturday 1:00 pm - 6:00 pm
Sunday 1:00 pm - 5:00 pm

PH 8270 4000

E: enquiries@aberfoyleparkfp.com.au
W: www.aberfoyleparkfp.com.au

Help protect your car and property from thieves!



Remove all your valuables from your vehicle.



Keep vehicle interior tidy, even shopping bags can entice thieves!



Tradies! Ensure tools and trade equipment are secure and out of sight.



Close your windows and lock your vehicle.



SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES



Government of South Australia



Neighbourhood Watch SA



Harcourts Tagni

SELLING IN ABERFOYLE PARK ?

FOR A FREE APPRAISAL,
SUPERIOR MARKETING &
NEGOTIATING SKILLS



CONTACT
LIZ REECE
ANYTIME

MOBILE 0423 092 294

190 Chandlers Hill Road
Happy Valley SA 5159
Email: liz.reece@harcourts.com.au



Date Location Details

PROPERTY DAMAGE

- 23/1/25 Dalpura Gr Child damaged vehicle by striking it with a metal rod. Victim did not want police action.
- 5/2/25 Greenfield Rise Vehicle taillight smashed.

THEFT

- 21/01/25 Hub Dr Vehicle displaying stolen plates, drove off without paying for 52 litres of petrol. Value \$115.
- 23/01/25 Park Av Phone stolen after left in toilet.
- 23/01/25 Hub Dr Theft of alcohol from Liquor Land. Female offender. CCTV.
- 25/01/25 Park Av 3 juveniles acting disorderly. Stole items worth \$25.
- 30/01/25 Park Av Theft of alcohol from BWS by 3 offenders. CCTV.
- 03/02/25 Hub Dr Theft of alcohol from Liquor Land by 3 offenders. CCTV.
- 04/02/25 Hub Dr Theft of alcohol from Liquor Land. Value \$1500.
- 15/02/25 Hub Dr Theft of backpack containing Apple AirPods.
- 13/02/25 Hub Dr Female youth damaged property after committing theft.

INTIMIDATION / INTERFERENCE WITH MOTOR VEHICLE

- 28/01/25 Hub Dr 2 males approached female parked at service station demanding a lift. Driver locked herself inside vehicle when males became aggressive and attempted to open doors.

FRAUD/DECEPTION/DISHONESTY

- 28/1/25 Jerilderie Dr, Happy Valley Carer transferred \$1000 to an unauthorised bank account without consent of blind account holder.



Affordable choices for a respectful funeral



40 Sandpiper Crescent,
Aberfoyle Park
8270 2511 simplicityfunerals.com.au



Erin Thompson MP
MEMBER FOR DAVENPORT



8270 5122 | PO Box 1137, Flagstaff Hill SA 5159 | Shop 11,
The Hub Shopping Centre, Taylors Road Aberfoyle Park 5159

 [erinthompsondavenport](https://www.facebook.com/erinthompsondavenport)

A NEW LEVEL IN GOLF COURSE RETIREMENT LIVING



Selling now - Apartments in The Summit and The Fairway
Our display home is now open for viewing (by appointment only).

Memford Way, Flagstaff Hill
1800 502 524 livingchoice.com.au



CLIMATE MASTERS SEELEY INTERNATIONAL

ADELAIDE HEATING & COOLING

Keep cool this summer and save on running costs with Breezair evaporative air conditioning



WARRANTY 7 YEAR WARRANTY

available with smart **MAGI@TOUCH** Controller

53 Main South Road, O'Halloran Hill
Ph: 8322 9111

