

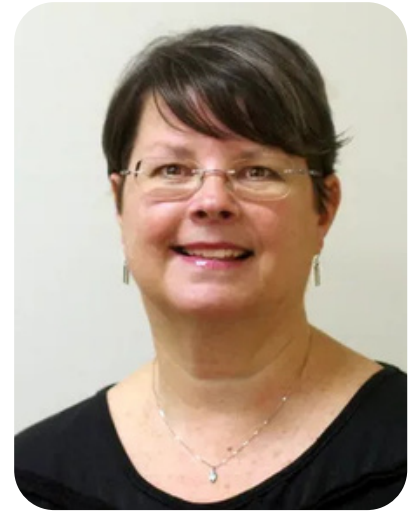


# IMPACT REPORT



# Letter from our Executive Director

FY25 was a year of growth, innovation, and deeper community impact for Hour House. We expanded our services with new programs and embraced a one-year opportunity to create and share resources that support children and adolescents grieving substance-related loss across Illinois. We fulfilled every requirement of the project and left behind a rich collection of training tools and references on our Illinois Family Resource Center website for youth-serving professionals and volunteers statewide.



Teresa Perdieu,  
MA CADC

We also launched new initiatives to reach some of the people who need us most—those experiencing homelessness or housing instability and youth at risk. Our treatment programs grew as well, with expanded peer support, new collaborations with the local drug court, strengthened Stabilization and Transition Services, and major progress on the renovation of our Women’s Residential Treatment Program near Lerna. We anticipate reopening this beautiful space early in FY26.

This progress is only possible because of the remarkable people behind it. I want to thank our Board of Directors for their steady leadership, our Leadership Team for championing quality and supporting our staff, our direct service teams for providing compassionate, stigma-reducing care, and our support staff for ensuring we are ready to serve every single day. Your dedication makes all the difference.

I can’t wait to see the lives changed and communities strengthened in FY26.

# About Us

Central East Alcoholism and Drug (CEAD) Council dba Hour House is a community-based, private, not-for-profit, 501(c)(3) corporation that has provided services and programs to address substance use disorders and other therapeutic needs since 1972.

As a nonprofit community-based organization, Hour House is dedicated to providing comprehensive prevention, intervention, treatment, and recovery support services that meet people where they are and help them move toward healthier, more fulfilling lives. Our agency delivers a full continuum of clinical treatment services designed to address the diverse needs of the populations we serve. This includes residential and outpatient treatment for men, women, and women with children; outpatient services for adolescents; and tailored care for individuals at different stages of their recovery journey. Recognizing the importance of addressing co-occurring concerns, Hour House also provides gambling disorder services, ensuring individuals have access to integrated, responsive care.

Community programs form another cornerstone of our work. Hour House coordinates programs that extend beyond clinical care, focusing on prevention and education, recovery support, housing stability, and family well-being. We provide resources and services for individuals experiencing homelessness or struggling with SUD, connect youth at risk of use with supportive interventions and resources, and offer trainings and resources to families navigating the challenges of a loved one's substance use and youth and teens who have experienced grief due to SUD.

Each effort reflects our belief that healing does not happen in isolation but within the strength of community and connection. Through five decades of service, Hour House has continually adapted to meet emerging needs while holding fast to its core purpose:

*helping people build lives of **recovery**, **dignity**, and **purpose**.*

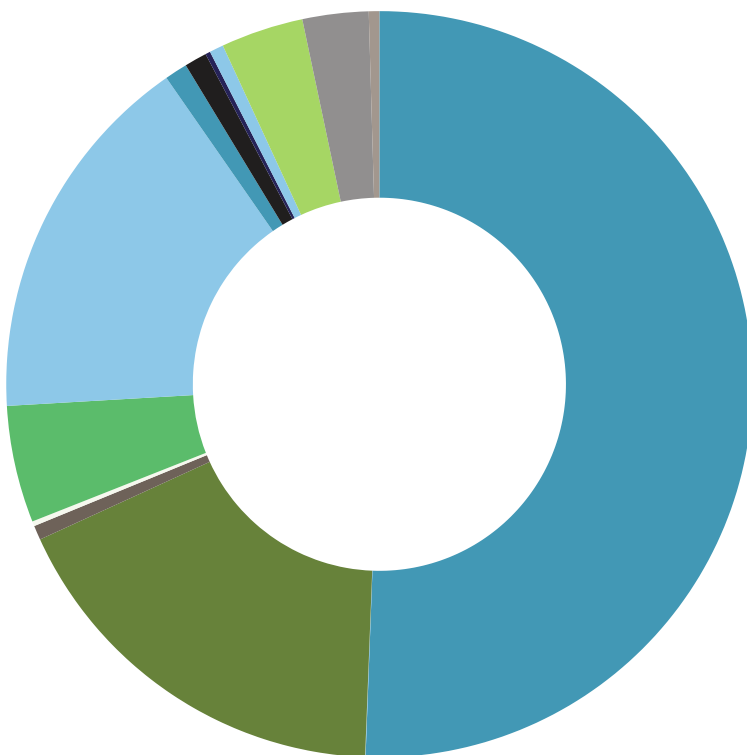
# Revenue



## \$10.7 million

in Revenue in FY 25

- IL DHS SUPR Contract and Grant
- Shelby County 708 Board
- Coles County 708 Board
- Coles/Cumberland Drug Court
- US Probation
- Medicaid
- MCO's
- 1st Party Self Pay
- 3rd Party Insurance
- SIHF Revenue
- Local Opioid Settlement Funds
- BASE
- CORS
- Food Stamps



### Largest Revenue Sources:

- ▶ IDHS SUPR Contract and Grants
- ▶ Medicaid
- ▶ Managed Care Organization's (MCO)
- ▶ RCCA Grants (BASE & CORS)

FY 25 Revenue was over budget by approximately

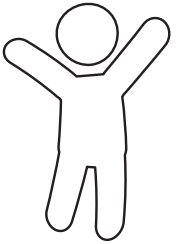
**\$79,530** (+74%)

# Our Staff



137

TOTAL # OF STAFF AT BEGINNING OF FY 25



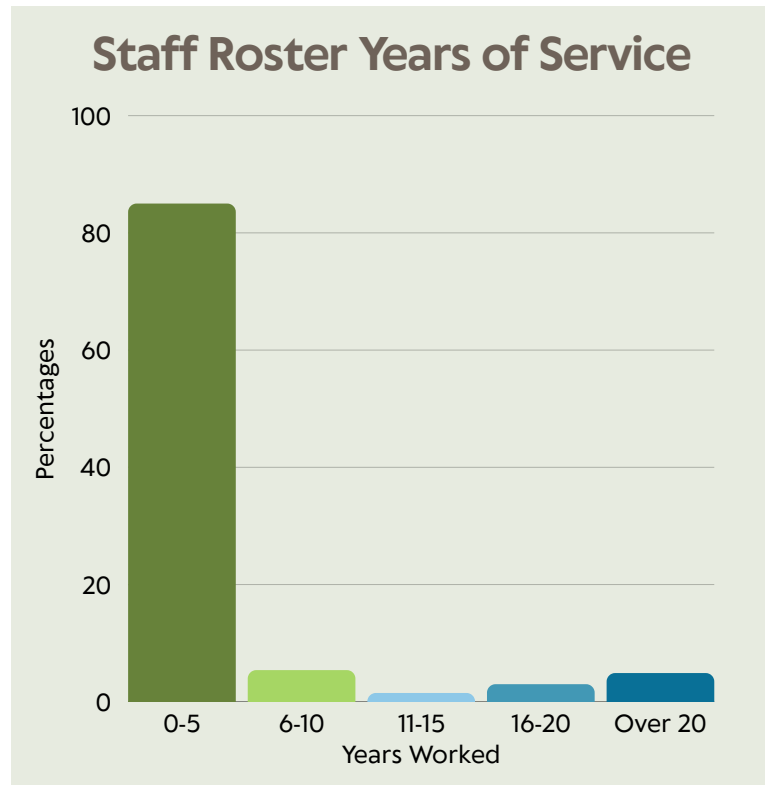
94

TOTAL # OF NEW HIRES IN FY 25



129

TOTAL # OF STAFF AT END OF FY 25



In FY 25 we made several additions to continue to value our employees and retain them. We offered the following as of the end of FY 25.



Offering 12 paid holidays



Adding a birthday holiday



Holiday cash bonus of \$500 for FTE and \$250 for PTE



All employees received a wage or salary increase and bonus, based on years of service

THANK  
you

to our amazing  
staff!

# Treatment Services

## TREATMENT CLIENTS SERVED



**904** UNDUPLICATED CLIENTS

**359** FEMALE CLIENTS

**543** MALE CLIENTS

**2** UNKNOWN

## NUMBER OF CLIENTS SERVED BY PROGRAM

**17** CHILDCARE RESIDENTIAL SERVICES

**462** OUTPATIENT SUBSTANCE USE DISORDER SERVICES

**66** DETOXIFICATION SERVICE

**24** RECOVERY HOME SERVICES

**33** DUI SERVICES

**442** RESIDENTIAL SERVICES

**102** HALFWAY HOUSE SERVICES

**1739** SCREENING SERVICES

**12** INTENSIVE OUTPATIENT SUBSTANCE USE DISORDER SERVICES

**400** STABILIZATION AND TRANSITION UNIT SERVICES

## CLIENT ETHNICITY

**853** NOT HISPANIC/LATINO

**18** HISPANIC/LATINO

**10** SPECIFIC HISPANIC/LATINO

**6** MEXICAN

**3** AFRICAN AMERICAN

**3** PUERTO RICAN

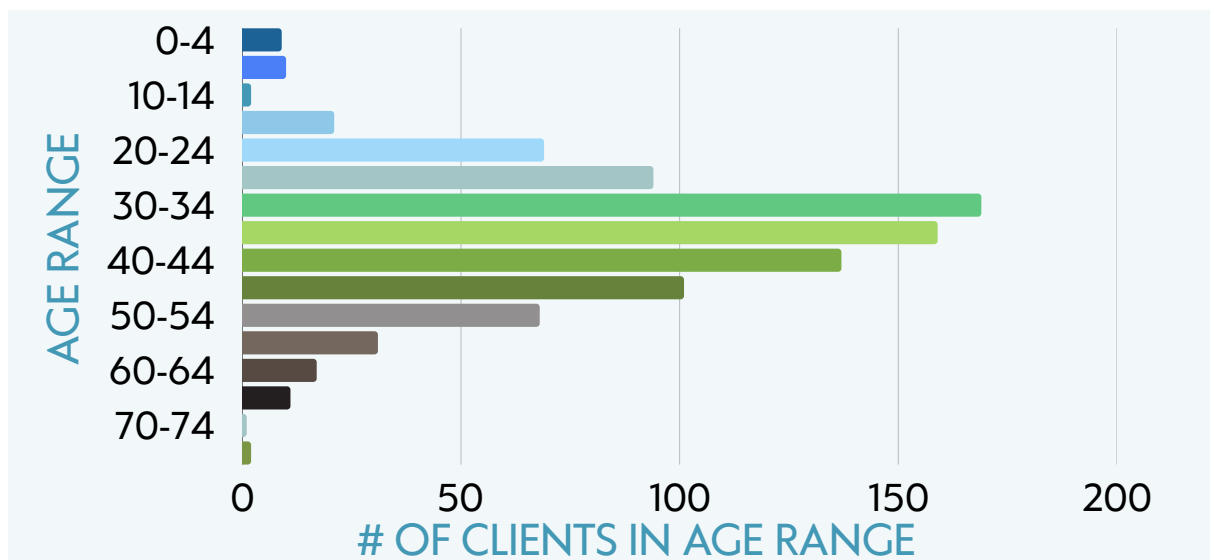
**6** UNKNOWN

## TOP 19 COUNTIES SERVED

COLES  
EFFINGHAM  
CUMBERLAND  
MOULTRIE  
CHAMPAIGN  
DOUGLAS  
SHELBY  
RICHLAND  
LAWRENCE

CHRISTIAN  
EDGAR  
WHITE  
CRAWFORD  
MADISON  
FAYETTE  
MACON  
JEFFERSON

## AGES SERVED



# Build. Amplify. Support. Empower (BASE) Program

**40**

Workshops, evidence-based curriculum sessions, informational sessions, and resource tables organized.

**625**

individuals reached through outreach events, with 500 of this total being youth.

**+150**

Meetings attended with law enforcement, community organizations, local coalitions, and school administrators.

## YOUTH RESOURCE BAGS DISTRIBUTED

**190** CHARLESTON

**70** ARTHUR

**164** MATTOON

**60** ATWOOD

**50** OAKLAND

**60** LOVINGTON

**10** ARCOLA

**55** TUSCOLA

## YOUTH IN ATTENDANCE FOR WORKSHOPS/RECEIVED KITS



**190** COLES COUNTY

**91** DOUGLAS COUNTY

OF THE RESOURCE BAGS DISTRIBUTED,

**30%** WERE GIVEN TO NON-HISPANIC BLACK, HISPANIC BLACK, AND HISPANIC YOUTH



**195** YOUTH WHO ATTENDED RESOURCE TABLES

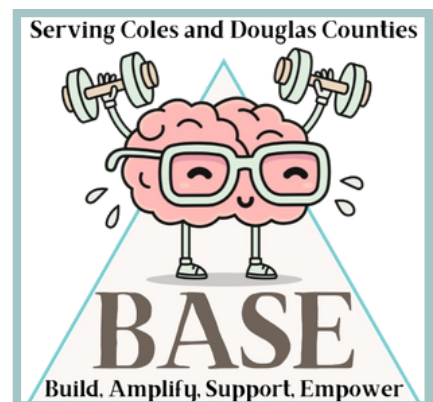


THE BASE TEAM PROVIDED **PROJECT TOWARDS NO DRUG (TND)** INFORMATIONAL SESSIONS TO YOUTH IN GRADES 9-12.

**81** HIGH SCHOOL STUDENTS IN COLES AND DOUGLAS COUNTIES

**38** MALES

**43** FEMALES



# Circle of Care

**1.4 million**

people reached through program outreach efforts

**21**

conferences attended

**+150**

one-on-one meetings promoting the resources

## GRIEF SUPPORT SERVICES DIRECTORY

**639**

CLINICAL AND NON-CLINICAL GRIEF RESOURCES, SUPPORTS, AND SERVICES IN THE STATE OF ILLINOIS FOR CHILDREN, TEENS, AND FAMILIES

## ONLINE RESOURCE TOOLKITS

CREATED FOR COMMUNITY HELPERS TO USE WITH CHILDREN AND TEENS WHO HAVE EXPERIENCED THE INTERSECTION OF GRIEF AND SUBSTANCE USE DISORDER. CONTAINS RESOURCES ON:

- **HOW TO SUPPORT CHILDREN BASED ON THEIR DEVELOPMENTAL AGE**
- **A DEEPER DIVE INTO GRIEF, LOSS, AND SUPPORT**
- **EXPANDING THE REACH OF RESOURCES FOR UNIQUE POPULATIONS**
- **CHILDREN'S BOOKS ON GRIEF, LOSS AND HEALING**

**14,400**

COMFORT BAGS FOR KIDS DISTRIBUTED TO THIS # OF AGENCIES IN THE IDHS/SUPR REGIONS:

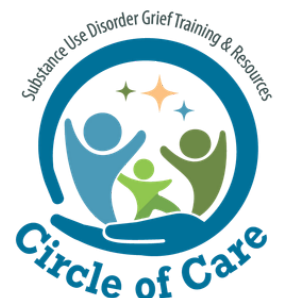
REGION 1	<b>23</b>
REGION 2	<b>32</b>
REGION 3	<b>22</b>
REGION 4	<b>55</b>
REGION 5	<b>44</b>
STATEWIDE	<b>4</b>



TRAINED

**437**

COMMUNITY HELPERS ACROSS THE STATE ON HOW TO RESPOND COMFORTABLY AND CONFIDENTLY TO CHILDREN AND TEENS IMPACTED BY SUD AND GRIEF



# Illinois Family Resource Center (IFRC)



**1,598**

INDIVIDUALS REACHED THROUGH EVENTS/EXHIBITS

**433**

INDIVIDUALS REACHED THROUGH CONFERENCE WORKSHOPS

**430**

INDIVIDUALS REACHED THROUGH TECHNICAL ASSISTANCE CONTACTS

WEBINARS	SOCIAL MEDIA
<b>24</b> WEBINARS HOSTED	<b>832</b> FACEBOOK POSTS
<b>878</b> INDIVIDUALS IN ATTENDANCE	<b>106</b> WEBSITE POSTS

THE IFRC HAS OVER **10,000** CONTACTS ON THEIR MAILING LIST!



THE IFRC CONDUCTED SURVEYS WITH **48** PROVIDERS, **44** YOUTH, AND **29** FAMILY MEMBERS AND FOUND:

- PERSISTENT CHALLENGES TO ACCESSING SERVICES SUCH AS STIGMA, LACK OF TRUST IN PROVIDERS, LACK OF AWARENESS OF SERVICES
- YOUTH AND FAMILY REPORTED EMOTIONAL OBSTACLES TO SEEKING HELP SUCH AS SHAME, FEAR OF BEING JUDGED, FAMILY RESISTANCE
- PROVIDERS EMPHASIZED THE IMPORTANCE OF TRAUMA INFORMED APPROACHES, PEER SUPPORT, FAMILY-CENTERED CARE, AND ACCESS TO SAFE STABLE RECOVERY ENVIRONMENTS AS KEY ELEMENTS FOR IMPROVING OUTCOMES

ATTENDED **35** COMMITTEE MEETINGS ACROSS THE STATE OF ILLINOIS.



The Illinois Family Resource Center

Sometimes change happens an hour at a time

# Hour House Prevention

## PROGRAMS FACILITATED BY PREVENTION TEAM



**EVIDENCE BASED CURRICULUMS: TOO GOOD FOR DRUGS, PROJECT ALERT, & BOTVIN LIFE SKILLS**



**UNDERAGE DRINKING AND VAPING CAMPAIGNS**



**YOUTH ADVISORY COMMITTEE AT CHARLESTON HS**

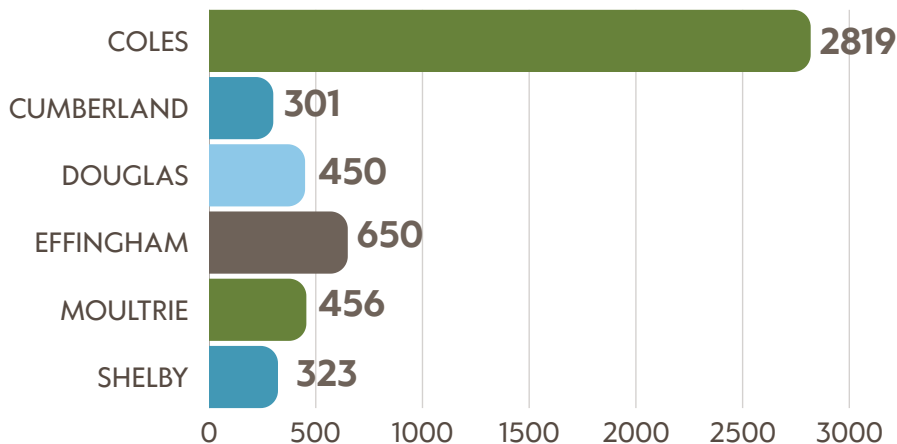


**NATIONAL PREVENTION WEEK ACTIVITIES**

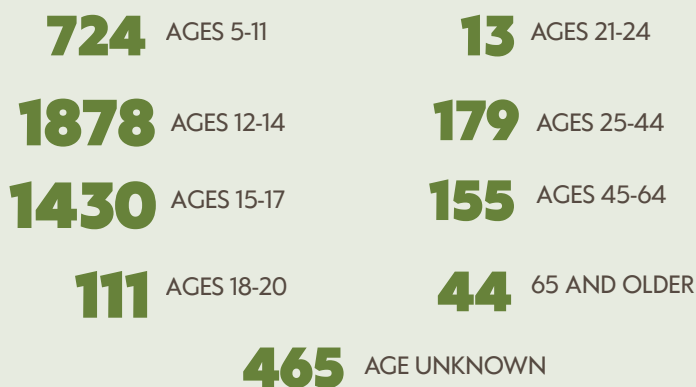


**GENERATION Rx EDUCATION**

## INDIVIDUALS SERVED ACROSS REGION

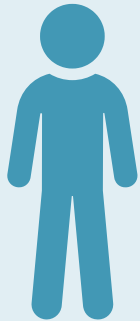


### AGE OF INDIVIDUALS SERVED



# Community Outreach and Recovery Support (CORS) Services

## COLES COUNTY CLIENTS SERVED



**23** DURING GROUP SESSIONS

**26** FOR ONE-ON-ONE SESSIONS

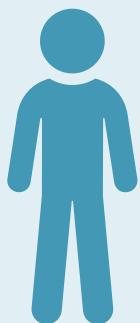
## DOUGLAS COUNTY CLIENTS SERVED



**15** DURING GROUP SESSIONS

**13** FOR ONE-ON-ONE SESSIONS

## EDGAR COUNTY CLIENTS SERVED



**7** DURING GROUP SESSIONS

**9** FOR ONE-ON-ONE SESSIONS

**1,940**

RESOURCE BAGS  
DISTRIBUTED



## CORS OUTREACH

### COLES COUNTY

**48** ATTENDED ONE-ON-ONE MEETINGS

**62** ATTENDED OUTREACH EVENTS

### DOUGLAS COUNTY

**38** ATTENDED ONE-ON-ONE MEETINGS

**47** ATTENDED OUTREACH EVENTS

### EDGAR COUNTY

**31** ATTENDED ONE-ON-ONE MEETINGS

**47** ATTENDED OUTREACH EVENTS

**24**

COALITION  
MEETINGS  
ATTENDED

**224**

ATTENDEES AT  
COALITION  
MEETINGS



**HOUR  
HOUSE**

Community Outreach & Recovery Support  
217-348-8108

# Recovery Oriented Systems of Care (ROSC) Councils

## BOXES OF NARCAN DISTRIBUTED

<b>120</b>	CLARK COUNTY
<b>2068</b>	COLES COUNTY
<b>132</b>	CUMBERLAND COUNTY
<b>627</b>	DOUGLAS COUNTY
<b>1032</b>	EDGAR COUNTY
<b>1028</b>	EFFINGHAM COUNTY
<b>240</b>	MOULTRIE COUNTY
<b>396</b>	SHELBY COUNTY

## DRUG OVERDOSE PREVENTION SITES

<b>14</b>	CLARK COUNTY
<b>65</b>	COLES COUNTY
<b>7</b>	CUMBERLAND COUNTY
<b>21</b>	DOUGLAS COUNTY
<b>9</b>	EDGAR COUNTY
<b>7</b>	EFFINGHAM COUNTY
<b>13</b>	MOULTRIE COUNTY
<b>23</b>	SHELBY COUNTY

**852**

XYLAZINE TEST STRIPS  
DISTRIBUTED ACROSS  
ALL COUNTIES

**1490**

FENTANYL TEST STRIPS  
DISTRIBUTED ACROSS  
ALL COUNTIES

**340**

HYGIENE KITS  
DISTRIBUTED ACROSS  
ALL COUNTIES



ACROSS THE 6  
ROSC COUNCILS

**1154**

STAKEHOLDERS, COMMUNITY MEMBERS,  
FAMILY MEMBERS, AND PERSONS WITH  
LIVED EXPERIENCE ATTENDED MONTHLY  
ROSC COUNCIL MEETINGS.

HOUR HOUSE ROSC COUNCILS  
HOSTED THE FOLLOWING  
NUMBER OF EVENTS IN FY 25:

<b>11</b>	CLARK/CUMBERLAND
<b>12</b>	COLES
<b>5</b>	DOUGLAS
<b>23</b>	EDGAR
<b>26</b>	EFFINGHAM
<b>19</b>	MOULTRIE/SHELBY

*Recovery*  
is possible!

East Central Illinois ROSC