

“As a healthcare professional,  
I have made a career of  
helping others. As an  
alcoholic, I found i couldn't  
even help myself. Today I am  
grateful for my alcoholism,  
without it I wouldn't have  
discovered the life changing  
12 step recovery program  
that offered me a way out  
and a much better new way  
of living.”

**-local meeting attendee**



“For the first time, I saw that  
there was another path—and  
even though I didn’t  
understand it yet, something  
in me was willing to try. That  
willingness became the first  
step in changing everything.

I have multiple years in  
recovery, and I am so grateful  
for the life that I get to live  
today!”

**-local meeting attendee**

## East Central Illinois ROSC Councils

Serving Clark, Coles, Cumberland,  
Douglas, Edgar, Effingham,  
Moultrie & Shelby



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**\*Shelby Co ROSC\***



Funded in whole or in part by the Illinois  
Department of Human Services, Division  
of Behavioral Health and Recovery.

# Local Recovery Meetings

Shelby County



*Recovery*  
**is possible!**

Shelby County ROSC



**Sundays - 7pm\*\***

Fellowship Baptist Church  
411 W N 5<sup>th</sup> St  
Shelbyville, IL

**Mondays - 7pm**

First Christian Church  
901 N Henrietta  
Effingham, IL

**Fridays - 7pm\*\***

Shelbyville Public Library  
154 N Broadway St  
Shelbyville, IL

**Saturdays - 7pm\*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL



Shelby County ROSC

**Wednesdays - 3pm\*\***

Shelby Co ROSC Office  
155 S Morgan St  
Shelbyville, IL



**Sundays - 6pm**

Watson Civic Center  
103 N Jackson St  
Watson, IL

**Mondays - 7pm**

First United Methodist Church  
216 W Jefferson  
Sullivan, IL

**Tuesdays - 7pm**

United in Faith Church  
609 Fairground Rd  
Pana, IL

**Wednesdays - 7pm**

First United Methodist Church  
216 W Jefferson  
Sullivan, IL

**Thursdays - 7pm \*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL

**Fridays - 7pm**

Centenary Methodist Church  
203 E Grove Ave  
Effingham, IL

**Saturdays - 7pm \*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL



**Mondays - 7pm\*\***

First Assembly of God  
108 W South 1<sup>st</sup> St  
Shelbyville, IL

**Tuesdays - 7pm**

Centenary Methodist Church  
203 E Grove Ave  
Effingham, IL



CelebrateRecovery™

**Mondays - 6pm\*\***

First Assembly of God  
108 S Oak St  
Shelbyville, IL

**Thursdays - 6pm\*\***

Christ Tabernacle  
10 N Meyers Ave  
Herrick, IL

**\*\* in Shelby County**