

“As a healthcare professional, I have made a career of helping others. As an alcoholic, I found I couldn't even help myself. Today I am grateful for my alcoholism, without it I wouldn't have discovered the life changing 12 step recovery program that offered me a way out and a much better new way of living.”

**-local meeting attendee**



“For the first time, I saw that there was another path—and even though I didn't understand it yet, something in me was willing to try. That willingness became the first step in changing everything.

I have multiple years in recovery, and I am so grateful for the life that I get to live today!”

**-local meeting attendee**

## East Central Illinois ROSC Councils

Serving Clark, Coles, Cumberland,  
Douglas, Edgar, Effingham,  
Moultrie & Shelby



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**\*Shelby Co ROSC\***



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# Local Recovery Meetings

Shelby County



**Recovery  
is possible!**

Shelby County ROSC

**Sundays - 7pm\*\***

Fellowship Baptist Church  
411 W N 5<sup>th</sup> St  
Shelbyville, IL

**Mondays - 7pm**

First Christian Church  
901 N Henrietta  
Effingham, IL

**Fridays - 7pm\*\***

Shelbyville Public Library  
154 N Broadway St  
Shelbyville, IL

**Saturdays - 7pm\*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL

*Recovery*  
is possible!

Shelby County ROSC

**Wednesdays - 3pm\*\***

Shelby Co ROSC Office  
155 S Morgan St  
Shelbyville, IL

**Sundays - 6pm**

Watson Civic Center  
103 N Jackson St  
Watson, IL

**Mondays - 7pm**

First United Methodist Church  
216 W Jefferson  
Sullivan, IL

**Tuesdays - 7pm**

United in Faith Church  
609 Fairground Rd  
Pana, IL

**Wednesdays - 7pm**

First United Methodist Church  
216 W Jefferson  
Sullivan, IL

**Thursdays - 7pm \*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL

**Fridays - 7pm**

Centenary Methodist Church  
203 E Grove Ave  
Effingham, IL

**Saturdays - 7pm \*\***

First Baptist Church  
1000 W North 6th St,  
Shelbyville, IL

**Mondays - 7pm\*\***

First Assembly of God  
108 W South 1<sup>st</sup> St  
Shelbyville, IL

**Tuesdays - 7pm**

Centenary Methodist Church  
203 E Grove Ave  
Effingham, IL



Celebrate Recovery

**Mondays - 6pm\*\***

First Assembly of God  
108 S Oak St  
Shelbyville, IL

**Thursdays - 6pm\*\***

Christ Tabernacle  
10 N Meyers Ave  
Herrick, IL

**\*\* in Shelby County**