

## **Important Hotlines**

**Substance Abuse Hotline**  
**(800) 662-4357**

**Prevail - Sexual Assault  
Counseling and Information  
Services**  
**(888) 345-2846**

**HOPE of ECI - Coalition  
Against Domestic Violence**  
**(217) 348-5931**

**Illinois Helpline for Opioids  
and Other Substances**  
**(833) 234-6343**

**Suicide Prevention**  
**(800) 273-8255**  
**or 988**

## **ROSC Advisory Council (Recovery Oriented System of Care)**

**Serving Clark &  
Cumberland County**

**Have questions or need  
further assistance?  
Reach out!  
We are here for YOU!**

**Kristina Drum**  
**ROSC Coordinator**  
**(217) 273-7342**  
kristinad@hourhouserecovery.org

**Kyle Houser**  
**Recovery Navigator**  
**(217) 508-2765**  
kyleh@hourhouserecovery.org

[www.govst.edu/Recovery-Support/South-Central-IL-ROSC/DCRC-ROSC-Council/](http://www.govst.edu/Recovery-Support/South-Central-IL-ROSC/DCRC-ROSC-Council/)

## **CLARK/ CUMBERLAND COUNTY RESOURCE QUICK GUIDE**

## **RECOVERY ORIENTED SYSTEMS OF CARE (ROSC) ADVISORY COUNCIL**

**Agencies and Persons with Lived  
Experience, working together to  
build communities supportive of  
those in Recovery from Substance  
Use Disorders**

*Recovery*  
IS POSSIBLE!

**Substance Use Disorder  
Counseling**

**HRC (Forsythe Center)**  
**(217) 826-6212**

**Hour House**  
**(217) 348-8108**

**Mental Health Counseling**

**Noble Health Associates**  
**(217) 923-2024**

**HRC (Forsythe Center)**  
**(217) 826-6212**

**Transportation**

**Rides Mass Transit**  
**(217) 461-6921**

**Medication Assisted Treatment**

**Toledo Clinic (Dr. Venatta)**  
**(217) 849-3151**

**Noble Health Associates**  
**(217) 543-2446**

**SIHF**  
**(217)-543-2446**

**Housing Aid**

**Embarras River Basin Agency (ERBA)**  
**(217) 712-2090 (Clark)**  
**(217) 921-5505 (Cumberland)**

**The Haven- Shelter (Mattoon)**  
**(217) 234-7237**

**Food Aid**

**Embarras River Basin Agency (ERBA)**  
**(217) 923-3133 (Cumberland)**

**Neoga Community  
Food Pantry (Cumberland)**  
**217-273-1198**

**Toledo Christian Church  
(Cumberland)**  
**(217) 848-3187**

**Casey First Baptist Church (Clark)**  
**(217) 932-5736**

**Westfield United Methodist (Clark)**  
**(217) 967-5294**

**Martinsville Community Food Pantry**  
**(217) 264-4380**

**Eastern Illinois Foodbank Foomobile**  
**<https://www.eifoodbank.org/help/mobile.html>**

**Support Groups**

**Alcoholics Anonymous**  
**<http://aa-eci.org>**

**Adult Children of Alcoholics &  
Dysfunctional Families**  
**<https://adultchildren.org/>**

**Al-Anon (Electronic)**  
**<https://al-anon.org/>**

**Alateen (Electronic)**  
**<https://al-anon.org/>**

**Celebrate Recovery**  
**<https://celebraterecovery.com>**

**Narcotics Anonymous**  
**<http://ppana.org>**

**Local AA Contact**  
**(217) 994-4984**

**Local CR Contact**  
**(217) 849-4033**

**\*Additional resources  
available through 211**