

Mental Health Counseling

LifeLinks
(217) 238-5700

Substance Use Disorder Treatment

Hour House
(217) 348-8108

**Charleston Police
Department
Safe Passages Program**
(217) 348-5221

**Mattoon Police
Department
Safe Passages Program**
(217) 235-5451

Food Aid

Salvation Army-Mattoon
(217) 234-3915

**Mattoon Community Food
Pantry**

(217) 258-8321

**Catholic Charities
Blessings Food Pantry-
Mattoon**

(217) 235-0420

Charleston Food Pantry

(217) 348-3030

Carpenter's Table-Charleston
(217) 549-3378

Veterans

**Coles County Veteran Support
Coalition**

www.veteransupportcoalition.com

**Supportive Services for
Veteran Families**

(217) 278-9897

Housing Aid

**Embarrass River Basin
Agency (ERBA)**

(217) 500-3120 (Charleston)

(217) 961-0831 (Mattoon)

Salvation Army

(217) 234-3915

Coles County

Housing Authority

(217) 235-4175

Mattoon Township

(217) 234-3877

The Haven-Shelter

(217) 234-7237

COVID

Questions

Coles County Health Dept.

(217) 348-0530

Or your personal physician

Important Hotlines

- **Substance Abuse Hotline**
1-800-662-4357
- **AA Meetings List**
<http://aa-eci.org>
(217) 373-4200
- **NA Meeting List**
<http://na.org>
(800) 304-2219
- **SACIS - Sexual Assault Counseling and Information Services**
1-888-345-2846
- **HOPE of ECI - Coalition Against Domestic Violence**
(217) 348-5931

ROSC Advisory Council (Recovery Oriented Systems of Care)

Serving Coles County

**Have questions or need
further assistance?**

Reach out!

We are here for YOU!

Dana Tell

ROSC Coordinator

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DanaT@hourhouserecovery.org

Whitley Grayson

ROSC Navigator

(217) 549-7516

WhitleyG@hourhouserecovery.org

Updated 1/31/2024

<https://www.govst.edu/ROSC-GSU/ROSCC/CEAD/>

Coles County Resource Quick Guide

**Recovery Oriented
Systems of Care
(ROSC)
Advisory Council**

Agencies and Persons with Lived Experience , working together to build communities supportive of those in Recovery from Substance Use Disorders

Recovery
IS POSSIBLE!