

Important Hotlines

- **Substance Abuse Hotline**
1-800-662-4357
- **AA Meetings List**
aaci11.org
- **AA Phone**
(217) 615-0452
- **Growing Strong Sexual Assault Center**
(217) 428-0770
- **DOVE-Domestic Violence**
(217) 774-4888
(217) 728-9303
- **Suicide Prevention**
1-800-273-8255

ROSC Advisory Councils (Recovery Oriented System of Care)

Serving Shelby and Moultrie
Counties

**Have questions or need
further assistance?**

Reach out!

We are here for YOU!

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Tess Miller

ROSC Coordinator

(217) 549-7427

tessm@hourhouserecovery.org

or

Skylar Miller

Recovery Navigator

(217) 549-7519

skylark@hourhouserecovery.org

<https://www.govst.edu/ROSC-GSU/ROSCC/>

Shelby/Moultrie County Resource Quick Guide

**Recovery Oriented
Systems of Care
(ROSC)
Advisory Council**

Agencies and Persons with Lived Experience , working together to build communities supportive of those in Recovery from Substance Use Disorders

Recovery
IS POSSIBLE!

Mental Health

Counseling

**Shelby County Community
Services**

(217) 774-2113

**Moultrie County Counseling
Center**

(217) 728-4358

Substance Use Disorder

Treatment

Hour House

(217) 774-5566

(217) 348-8108 (24hrs)

Shelbyville Outpatient Services

(217) 774-5566

New Vision

(217) 774-6436

DOPP Site (Hour House)

Food Aid

**Shelbyville First United
Methodist Church**

(217) 774-4131

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Herrick Food Pantry

(618) 428-5560

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**New Life Ministry
Center**

(217) 728-4200

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**Department of Human
Services**

(217) 774-3971

Housing Aid

CEFS

(217) 774-4541

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**Salvation Army-
Shelbyville**

(217) 871-0513

COVID Questions

Shelby County Health Dept.

(217) 774-9555

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**Moultrie County Health
Dept.**

(217) 728-4114

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**Or contact your personal
Physician.**
