

Mercy Life Coaching & Self-Defense

Prices

Women Empowerment is a critical aspect in life of understanding who you currently are and who you choose to grow into while knowing how to hold yourself mentally, physically, and aligning yourself spiritually.

Classes and prices are as follows:

Private Empowerment

Mommy & Me Empowerment

Group Empowerment

Private Empowerment

\$60.00 - 1hour 15min class

\$100.00 – 2hour class

Mommy & Me Empowerment

\$75.00- 1hour 15min. class includes 1 Child

Per Child after will be \$15.00

\$130.00- 2hour class includes 1 Child

If more than 4, Rates drop to \$10.00 per Child.

Group Empowerment

M1- Minimum Group of 5 or less- \$45.00 per person/ 1hour 15min Class

M2- Group of 6 or more- \$40.00 per person 1hour 15min Class

M1- 5 or less- \$40.00 per person per hour- 2hour Class

M2- 6 or more \$35.00 per person per hour- 2hour Class

All prices are set. All classes are paid in advance. Cancellations must be done 48 hours in advance for refunds. No refunds will be given if cancelled within 48 hours of the class.

Courses taught are for women's empowerment through life coaching techniques, defensive protection etc.