

Dear Dr. _____,

I am a hypnotherapist certified by the International Board of Coaches and Practitioners. You may check my credentials at www.IBCPOnline.com

Your patient, _____ and/or parent/guardian has requested help in the area of _____.

Hypnosis is in no way a substitute for conventional medicine. Through hypnosis, one uses the natural faculties of the mind to create a positive attitude and boost the immune system, allowing the client to make the most of any medical help available.

Your signature below allows me to help your patient - through visualization and progressive relaxation, to increase his/her own natural resources.

Thank you,
Tracy Manning, CCHt

Doctor _____

Patient _____

Parent/Guardian _____