



# A 'Pomped' Up, Green Salad



Servings: 2 Time: 15 Minutes

## ingredients

### For Green Salad

- 1 bag of greens (spinach and kale)
- 1 apple (your choice), diced
- ½ cup pomegranate seeds
- ¼ cup feta cheese, crumbled
- ¼ cup walnuts, chopped

### For Pomegranate Dressing

- 1 tbsp agave syrup
- 2 tbsp white wine vinegar
- 6 tbsp extra virgin olive oil
- ¼ cup pomegranate juice
- Salt and pepper for taste

## instructions

- In a jar (i.e mason jar), add agave syrup, white wine vinegar, extra virgin olive oil, and pomegranate juice. Secure the lid and shake until mixture is combined.
- Place mixed greens (spinach and kale) in a large serving bowl. Pour 'Pomped Up' dressing over the kale. Toss until visibly coated.
- Top with cubed apples, walnuts, feta cheese crumbles, and pomegranate seeds. *Add roasted chickpeas for additional protein if desired...* Serve.



@apieceofcakenutrition

