Pilates Class Calendar

Tuesdays at 5 p.m.

- October 6, 2026
- October 13, 2026
- October 20, 2026
- October 27, 2026
- November 10, 2026
- November 17, 2026

Thursdays at 10 a.m.

- October 8, 2026
- October 15, 2026
- October 22, 2026
- November 5, 2026
- November 12, 2026
- November 19, 2026



CHARMS COLLECTIVE

NOURISH • EDUCATE • ELEVATE •