

BUILD  
RESTORE  
ACTIVATE  
VITALIZE  
ENERGIZE

# B.R.A.V.E.

---

## METASCUPT

### Metabolism + Energy Dietary Supplement

B.R.A.V.E. MetaSculpt is a potent thermogenic formula that supports optimal fat metabolism, immune health, insulin sensitivity, cognitive function, energy, and healthy cholesterol levels.

Our formula utilizes 5 of the most potent natural thermogenic agents produced under the most stringent manufacturing protocols in the industry.



*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.*



**B**UILD  
**R**ESTORE  
**A**CTIVATE  
**V**ITALIZE  
**E**NERGIZE

# B.R.A.V.E.

## METASCULPT

Metabolism+ Energy Dietary Supplement

**Integrated formulas to optimize your overall health & wellness.**

SUGGESTED USE: TAKE ONE (1) CAPSULE TWICE A DAY. FOR BEST RESULTS, TAKE 20-30 MIN BEFORE A MEAL WITH AN 8OZ GLASS OF WATER, OR AS DIRECTED BY YOUR HEALTH CARE PROFESSIONAL.

### SPECIFICATIONS

- Flavor: Capsule
- 60 Capsules

### CAUTION

Check with a qualified health care professional before taking this product if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications.

### Supplement Facts

**Serving Size: 1 Veggie Capsule**

**Servings Per Container: 60**

	<b>Amount Per Serving</b>	<b>%DV</b>
Green Coffee Bean (50% extract)	130 mg	**
Raspberry Ketone (98% extract)	130 mg	**
Garcinia Cambogia (50% extract)	130 mg	**
Caffeine Anhydrous (50% extract)	130 mg	**
Green Tea (98% polyphenols, 75% catechins, 45% EGCG, 6% caffeine).	130 mg	**

\*\* Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule).

CONTAINS CAFFEINE



## KEY INGREDIENTS

INGREDIENT	BENEFITS
Green Coffee Bean	<ul style="list-style-type: none"> <li>• Natural thermogenic agent and fat hormone optimizer high in chlorogenic acid (20).</li> <li>• Supports a reduction in total cholesterol, LDL cholesterol, body fat mass, and waist-to hip circumference, and fat circulating in the bloodstream (20).</li> <li>• Decreases insulin levels and promotes efficient fat oxidation (burning) and insulin sensitivity. (20)</li> <li>• Green coffee bean inhibits enzymes that increase cholesterol production (20).</li> <li>• Increases the activity of fat oxidation (burning) enzymes (carnitine palmitoyl transferase) (20).</li> </ul>
Raspberry Ketone	<ul style="list-style-type: none"> <li>• Natural aromatic compound derived from raspberries enhancing fat oxidation( fat burning) and antioxidant protective mechanisms (21).</li> <li>• Supports suppression of lipid accumulation (fat build up) in adipocytes (fat cells) (22).</li> <li>• Increases total antioxidant capacity by increasing enzymes associated with decreasing reactive oxygen species (superoxide dismutase) (22).</li> <li>• Increases natural production of master antioxidant L-Glutathione (22).</li> </ul>
Garcinia Cambogia	<ul style="list-style-type: none"> <li>• Fruit extract derived from the rind of the garcinia cambogia plant (23).</li> <li>• Increases fat oxidation (fat burning) and improves hormones associated with mood and satiety (serotonin, ghrelin) (23).</li> <li>• Reduces fat cell growth (de novo lipogenesis) and cholesterol production via high levels of hydroxycitric acid (HCA) (23).</li> </ul>
Caffeine Anhydrous	<ul style="list-style-type: none"> <li>• Optimizes energy, cognitive function, and mental alertness (24).</li> <li>• Supplementation with caffeine has been shown to acutely enhance exercise performance (24).</li> </ul>
Green Tea 130 mg	<ul style="list-style-type: none"> <li>• Potent polyphenolic antioxidant that supports blood pressure, insulin sensitivity, and metabolic health (25).</li> <li>• High in ECGC (epigallocatechin gallate).</li> <li>• ECGC is shown to reduce body fat mass, increase fat oxidation(burning) and increase caloric expenditure during exercise (25).</li> <li>• Potent anti-inflammatory compound supporting glutathione production and inhibition of pro-inflammatory markers (cytokines) (26).</li> <li>• Reduces oxidative stress (chronic inflammation in the body) (26).</li> </ul>