





Tyly 29th, 2023

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## ROLLER DERBY BASICS

Two 15-skater teams play two 30-minute periods. Each period consists of multiple "jams." Each jam is an opportunity for both teams to score points, and ends after 2 minutes or when the Lead Jammer calls off the jam.

It is legal for a skater to block opponents with their hips, rear, and shoulders. It is not legal to block to the back, to trip, elbow, or to back talk officials. Players committing illegal actions are penalized 30 seconds and their team plays short for that time.



Jammers wear a star on their helmets and are the scoring players for each team. The Jammers attempt to pass the opponents as many times as possible by sprinting around the track and lapping the pack.



The Blockers are simultaneously focused on stopping the opposing Jammer from passing them and assisting their Jammer to pass the opposing team's Blockers. The pack is formed by the largest group of Blockers with players from each team on the track



The Pivot is the Blocker that wears the stripe on their head. They are the only Blocker that is allowed to accept a star pass from the Jammer, thus becoming the new Jammer and gaining the ability to score points.

#### Each team fields 4 Blockers and

Each team fields 4 Blockers and 1 Jammer. Blockers start anywhere between the Jammer Line and the Pivot Line, 30 feet (9.15 meters) away. Jammers start behind the Jammer Line. Play starts with a single whistle blast.



#### FIRST PASS

During the first pass, the first Jammer to pass all skaters in the pack legally is Lead Jammer. Lead Jammer status is signaled by the officials blowing two short whistle blasts and pointing at the Lead Jammer.



In subsequent passes,
Jammers earn 1 point for each
opposing player they pass
legally. The opposing Blockers
will try to stop the Jammer,
while helping their own
Jammer through the pack.



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### **ABOUT WFTDA**

The Women's Flat Track Derby Association (WFTDA) is the international governing body of roller derby representing more than 450 member leagues on 6 continents. The mission of the WFTDA is to govern and promote the sport of flat track roller derby and revolutionize the role of women in sports through the collective voice of its member leagues around the world. The WFTDA sets the international standards for rankings, rules, and competition each year and provides guidance and resources to the sport of flat track derby.



#### **OFFICIALS**

HEAD REF: Queen Hellsa
Professor Vex
Bamzoni
Daemon Star
AK
Marie Fury
Dijon
Slaya
Ramona the Pestilence

### NSO's

HEAD NSO: Sailor BOOM

Jennifer Russell,
Pat on the Back
Curly, Baby Shark, Beth
Riot, Bad "D "cisions
Ramona, Viper, Valhalla
Killface, Chrissy Quickstep
PumperKnuckel, Hollysized Hellion
DutchBlitz, Puppy, Oryx N Break

Announcer: The Little Dreadheaded Hippie

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I.C.E (In Case of Emergency)

Your Image Designs

GAME

Chrissy Quickstep (C) #24

Gunn a Getcha #79

Veronica disLodge #76

PumperKnuckel #17

Splattin'Em Blonde (C) #53

Brutal Bambi #1942

Betty Fight #7

Kraken Skulls #96

Rainbow Brat #23

Princess Slaya #1994

Jo Worst Nightmare #333

Something Wicked #69

Harley Twin #22

COACHING STAFF:

Patches O'Houlihan

Maqoo



# DURHAM REGION R O L L E R D E R B Y

Ramona the Pestilence #104

Demanda Pain #03

Holly Sized Hellion #10

Dutch Blitz #1111

Ruby Poho #22

Hikki #225

Zuul #42

Rory Killmore #56

Bashing Beauty #77

Kateastrophy #900

Killface Frisky Dingo #1701

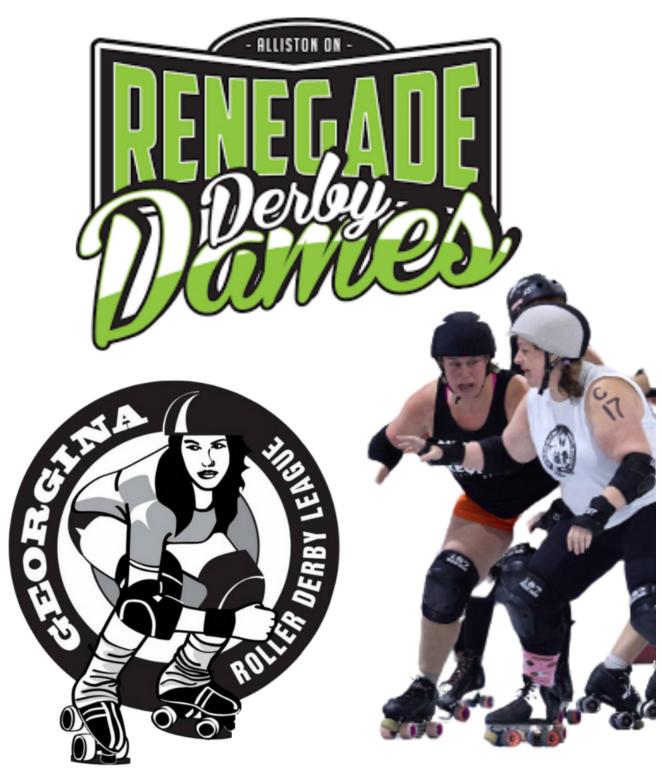
Natural Disaster (C) #69

PunishHer #99

COACHING STAFF:
Rainbow Flash
Sneaky Dee
Daisy

Renegade Derby Dames (RDD) was founded in 2011, in Alliston, Ontario. The Striking Vikings are RDD's "A"

Travel Team and WFTDA Charter team! They compete at WFTDA competitions both at home and abroad. They are made up of the strongest, fiercest, most competitive players their league has to offer!



# DURHAM REGION R O L L E R D E R B Y

The Durham Region Roller Derby (DRRD) league was formed in 2009. Every member of DRRD has the chance to be involved in the organization both on and off the track. DRRD is comprised of three teams: DRRD'y Farmers (Farm), Motor City Madames (Select), and Atom Smashers (Competitive).

Currently they are practicing as one team.







Daemon Star (C) #99 Smokin' Gunz Barbie #911

> COACHING STAFF: Patches O'Houlihan Wicked Wentch

# DURHAM REGION R O L L E R D E R B Y

RachHELL #11

Daisy TripHer #1223

Bossy Boots (C) #1934

Rambo Brite #13

Sneaky Dee #17

Harley Twin #22

Beth #182

AK #47

Zuul #42

Dijon #2304

Firewalker #316l

Rainbow Flash #44

7Gorschach #8008

COACHING STAFF: Cherry Bomb Hits N Bytes Georgina Roller Derby League is a not—for—profit flat track roller derby league, founded in 2018. Our first players trained weekly and skated in their first Fresh and Furious Tournament in Toronto in July of 2019. We had our first game in North Bay in the fall that year. Next came, well...



...three years of 2020.

After coaching several Freshies through Learn to Skate and Derby 101 programs, we would like to introduce



our first team, Hell's Belles!
Rocking a brand new logo, our
temperature is high, and we're
taking no prisoners! We're
pumped to ring in our first
home game ever!!

TO ROLLER SKATE PROGRAM

> DERBY 101 TRAINING

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