



Neonatal Eating Assessment Tool – Bottle-feeding (NeoEAT – Bottle-feeding) Screening Instrument

Intended Use: The NeoEAT – Bottle-feeding Screening Instrument is intended to assess observable symptoms of problematic feeding in infants less than 7 months old who are bottle-feeding. The NeoEAT – Bottle-feeding Screening Instrument is intended to be completed by a caregiver that is familiar with the child’s typical eating. This is most often a parent, but may be another primary care provider.

Disclosure: The NeoEAT – Bottle-feeding Screening Instrument does not replace a healthcare provider’s clinical assessment. The NeoEAT – Bottle-feeding is also not intended to provide a diagnosis, but instead may provide the healthcare provider with an objective assessment of the infant’s feeding in order to facilitate diagnosis and treatment decisions. The Screening Instrument is intended to identify infants in need of more thorough feeding evaluation.

Referencing Information: Please give appropriate credit to the authors when presenting, publishing, or otherwise referencing the Neonatal Eating Assessment Tool – Bottle-feeding (NeoEAT – Bottle-feeding).

Pados, B., Estrem, H., Thoyre, S., Park, J., & McComish, C. (2017). The Neonatal Eating Assessment Tool (NeoEAT): Development and content validation. *Neonatal Network: The Journal of Neonatal Nursing, 36*(6), 359-367. doi: 10.1891/0730-0832.36.6.359

Pados, B., Thoyre S., Estrem, H., Park, J., & McComish, C. (2018). Factor structure and psychometric properties of the Neonatal Eating Assessment Tool –Bottle feeding (NeoEAT-Bottle feeding). *Advances in Neonatal Care, 18*(3), 232-242. doi: 10.1097/ANC.0000000000000494

Pados, B.F., Park, J., & Thoyre, S. (2019). The Neonatal Eating Assessment Tool – Bottle-feeding: Norm-reference values for infants less than 7 months old. *Clinical Pediatrics, 58*(8), 857-863. doi: 10.1177/0009922819839234

Please check the Feeding Flock website for updates to references: www.feedingflock.com

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Neonatal Eating Assessment Tool - Bottle feeding (NeoEAT-Bottle feeding)

Screening Instrument

Directions: We are interested in learning about your baby's eating and behavior. When filling this out, think about what is typical for your baby at this time (in the past week). This version of the NeoEAT Screening Instrument is intended for infants who have fed by bottle in the past week.

My baby...	Never	Almost Never	Sometimes	Often	Almost Always	Always
1. seems uncomfortable after feeding.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. throws up during feeding.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. sounds gurgly or like they need to cough or clear their throat during or after eating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. gets exhausted during eating and is not able to finish.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. breathes faster or harder when eating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. needs to rest during eating to catch his/her breath.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. can only suck a few times before needing to take a break.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. holds breath when eating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. becomes upset during feeding (whines, cries, gets fussy).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. gags on the bottle nipple.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SCORING INSTRUCTIONS

If any response falls in the gray zone, further evaluation is needed and the parent should be asked to complete the full version of the NeoEAT - Bottle-feeding.