

# AMHERST TOWNSHIP NEWSLETTER

www.amhersttownship.us

Summer 2017

Vol. XXII No. 2

## Recycling Report

Amherst Township recycled the following quantities in the 1<sup>st</sup> quarter of 2017.

Newspaper	33.84	#1 PET	5.36
Cardboard	16.92	#2 HDPE	5.92
Mixed Paper	13.54	#2 - #7 Plastic Mixed	2.26
Steel Cans	2.82	Aseptic Containers	0.56
Alum. Cans	1.13	Residuals	11.28
Mixed Glass	19.18	Total	112.80

\* Above quantities are all listed in tons.

1.375 tons of various paper through the "ABITIBI Paper Retriever" program

-----There were no dumpster days in the first quarter, therefore no scrap metal.

For questions concerning the new "Curbside Recycling Program", contact **RUMPKE** at **1-800-828-8171**.

## "2017" Dumpster Days

Amherst Township has set the following dates for "Dumpster Days" in 2017:

**October 12, 13, 14**

Hours are from 7:00 a.m. to 3:30 p.m.

Please note: **NO TIRES!**

**NO PROPANE TANKS!**

## Drop-Off Hours for Yard Waste!!

Brush, limbs, grass clippings, and leaves may be brought to the Amherst Township property located on the **EAST** side of Oberlin Road (directly across from the Township Garage which is located at 7530 Oberlin Road) at the following times:

- 8:00 a.m. – 3:00 p.m. Mon – Fri
  - 8:00 a.m. – 11:00 a.m. Saturday
  - **8:00 a.m. – 8:00 p.m. 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays**
  - Amherst Township Residents only
  - I.D. may be checked
  - No Commercial
  - **No Plastic Bags** – place bags in 55 gal drum
- ➔ **Yard Waste Pile** is located at the far back of the property on the east side of Oberlin Road.

**Have a problem?** Complaint forms are available at the Township Hall, inside the white bulletin board, or they may be downloaded from the Township's website.

## Township Hall & Garage 988-5894

Fax ..... 988-5877

Fiscal Officer ..... **Ext. 104**

Email: [amherstwpfo@oh.rr.com](mailto:amherstwpfo@oh.rr.com)

Road Superintendent (garage) ..... **Ext. 111**

Email: [amherstwproads-2@oh.rr.com](mailto:amherstwproads-2@oh.rr.com)

Office (Zoning Inspector) ..... **Ext. 103**

Office Hours for Zoning Insp.:

Mon., Wed., & Sat. – 8 a.m. to 11 a.m.

Voice Mail is checked daily

Email: [amherstwpzoning@oh.rr.com](mailto:amherstwpzoning@oh.rr.com)

Remi Cerrone, Zoning Inspector

## Trustees

Dennis Abraham ..... (cell) 213-6775

(Ambulance, Cemetery, Park, Water, Buildings, Land, Zoning, Neighborhood Watch, Enterprise Zones, County Health Rep.)

Neil Lynch ..... 988-7681

(Sewer, Fire, Equipment, Personnel, Senior Services, Phase II Storm Water/ Environmental Strategy, LORCO, Facility Security, NIMS Primary Contact, Lorain County Community Alliance Rep, Lorain County Joint Police District Rep.)

David C. Urig ..... 385-0333

(Lighting, Solid Waste, Roads, Ditches)

## Fiscal Officer

Howard Akin ..... 233-7624

## Road Superintendent

Kevin Smarsh ..... 370-5242

## Amherst Twp Senior Services Office

Lynda Ashley ..... **Ext. 101**

Email: [amherstwp seniors@oh.rr.com](mailto:amherstwp seniors@oh.rr.com)

Office Hours – Mon thru Fri – 8am to 12 Noon

## Fire Prevention Officer

Wayne Eppley ..... 324-3921

Email: [amherstwpfire@gmail.com](mailto:amherstwpfire@gmail.com)

## LifeCare Ambulance, Inc.

Pete or Herb de la Porte ..... 323-6111

Sheriff's Department ..... 329-3710

## Ohio Edison

(1-888-LIGHTTS)

Automated Outage Reporting Line ..... 1-888-544-4877

## TRUSTEE MEETINGS:

2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of each month at **7:00 p.m.**

Amherst Township Trustee Meetings may be viewed on Amherst Cable Channel 12. They will air for 7 days, running Mon – Mon, following the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. Air times are at 9 am, 4 pm, & 10 pm. All airings are subject to change.

# NEW TOWNSHIP BUSINESSES

With the economy improving Amherst Township zoning has been busy with several new projects for this year. Following is some information about these projects and businesses.

## Bricklayers Headquarters

A headquarters for the Ohio-Kentucky district of the International Bricklayers & Allied Craftworkers union is being constructed on the northeast corner of SR58 and SR113.

Phase I of this project was the construction of a 27,000 sq/ft Technical Training Center with an additional 6,970 sq/ft covered, open storage area. This building is where apprentices will learn bricklaying, cement laying, marble masonry, and laying tile. This facility will employ 26 full-time and 4 part-time workers. The Training Center has been built and is scheduled to open in the summer of 2017.

Phase II of this project began in April of this year and includes a two-story building that will house an 8,163 sq/ft first floor and 5,180 sq/ft second floor Office as well as a 4,115 sq/ft Union Meeting Hall which seats 300. The union hall can also be rented out for private events. This building should be completed this summer and the offices are due to open in the fall.

After the building is complete, the remaining old, existing buildings will be removed and the aesthetics of this corner will be greatly improved.

There will also be three storm water runoff retention basins located on this property. These basins will manage the timed release of storm water and also improve the quality of the storm water by removing sediment.

## Dairy Queen

Owners of the Dairy Queen located at the corner of SR58 and Middle Ridge Road will be remodeling their facility. They will be removing the front atrium and will construct a small addition to the front in order to enlarge the dining area. The building itself will be given a facelift and will sport a new look by the end of the summer.

If you have a sweet tooth don't worry. Dairy Queen intends to stay open throughout the construction!

## Ambari Nutrition Headquarters

AmBari Nutrition, a family owned business, purchased property on the southeast corner of SR58 and SR113 and is looking to begin construction of a new 16,000 square foot facility this summer. The main aspect of the business is e-commerce, in which AmBari's bariatric & nutritional weight loss food and supplements are sold online. The back portion of the facility will be used to warehouse inventory and prepare the daily shipments for distribution to their customers. The front portion will house an indoor rock climbing gym, a yoga studio, and a retail store. They hope to have everything opened for the public by the summer of 2018.

AmBari (pronounced Am-Berry) Nutrition is an organization dedicated to Health and Wellness that specializes in high protein foods for healthy weight loss. Like the owner and his family, most of the employees are Amherst High School graduates. They are currently located in Avon Lake and have 10 employees, but hope to double that in the first year of opening their new facility. The AmBari team stays involved in the community and they have sponsored several events in the area including races, marathons, wheelchair rugby, and even the Brewfest (Lorain Growth Corp.).

To learn more about AmBari Nutrition you can visit them online at [www.AmBariNutrition.com](http://www.AmBariNutrition.com).

## Dollar General

A new Dollar General store will be constructed at 46505 Telegraph Road, which is located across from Sliman Lumber & Supply Co. Plans are to tear down the current residential buildings and then construct a new building beginning this summer.

This will be the second Dollar General store that is located in Amherst Township.

## U-Haul Rental

For those in need of renting a moving truck or one of their various trailers, there is a U-Haul rental location on SR58, just south of the Ohio Turnpike. "Free Change Auto" is located at 8325 Leavitt Road in the old A & C Tire building. They have been in business since June of 2016. Their hours are Mon-Fri from 8:30 am to 5:30 pm & Sat from 9 am to 1 pm.

# FRUGALITY PAYS OFF!



Amherst Township Road Crew is **frugal** with taxpayer dollars and **efficient** with time utilization!

The township's 20 year old Flail Mower attachment did not operate properly and the tractor had seen better days. A new Flail Mower attachment would cost at least \$5,848, but with repairs and using some serious "elbow grease" the Road Crew transformed both pieces of equipment to working condition at a cost of \$2,747, which includes labor! They repaired and rebuilt the Flail Mower. Maintenance and

repairs to the tractor included a new alternator, engine gaskets, engine exhaust, lights, & electrical. Both pieces of equipment were given a fresh coat of paint. View color photos in the online newsletter!!

With their skills, the Road Crew was able to do all these repairs in-house as they worked between the snowflakes during the winter time and had this equipment ready to go for the mowing season.



## Healthy Yard, Clean Water

Where does our water go? All of the water we use at home goes directly to the sewer system, to a treatment plant where it is cleaned and released back into our streams and rivers.

How about the water from our yards, driveways, roads, ditches and parking lots? Where does this water go? It is not always easy to see after it goes down the drain, but often the rain water that falls in our yard overflows into a stream before it can be cleaned.

What happens to the rain? Rain water picks up trash and pollution – including oil and antifreeze that drips on our driveway, fertilizer from our yards, litter and dog waste. Once it is picked up by the rain, it moves through ditches, street gutters, and pipes to our streams, rivers, and lakes where it can cause health and safety problems for us and our children.

Because we live near Lake Erie most of our water in Northeast Ohio flows from our streams to the Lake. When you live near a stream, what you do in your yard affects the health of fish and wildlife in your stream. It also affects the health of the Lake and your safety when you visit the beach.

What can we do to keep our streams and Lake Erie healthy and safe for our use? Keep the pollutants out of rain water. For more information visit the Lorain PIPE (Public Information & Public Education) website at: [www.lorainswcd.com/lcpipe](http://www.lorainswcd.com/lcpipe).

## LCSWD MINI-GRANT

The Lorain County Storm Water District (LCSWD) has created a new “Mini-Grant” program. Grant awards range from \$1000 to \$5000 with a total annual distribution of \$10,000 per fiscal year. Grants are awarded on a “First-Come-First-Serve” basis for qualified projects and require a 20% minimum financial match from the township. Funding is awarded for projects that protect and/or restore the watersheds within Lorain County.

Amherst Township Road Superintendent Kevin Smarsh has identified five catch basins in the Hidden Valley subdivision that are in need of immediate repair in order to abate erosion and sediment conditions and the undermining of the streets. The total estimated cost to repair these five catch basins is \$11,590.

Amherst Township was the first township to apply for this grant and was awarded \$5000 towards this project. Deteriorating catch basins are causing erosion issues for adjoining properties and streets, allowing sediment to wash into the storm sewer system draining to the Beaver Creek watershed, causing loss of value and environmental concerns.

## ENTER THE LORAIN COUNTY BIG TREE CONTEST

The Lorain Soil & Water Conservation District (SWCD) is excited to announce the second annual Lorain County BIG TREE Contest! This voluntary contest will promote the beauty and benefits provided by our county’s biggest and oldest trees.



This year the featured tree species is the **Red Oak** and the **Red Oak family**. Participants can nominate what they believe might be the largest in Lorain county based on trunk circumference, crown spread, and total height.

Nomination forms must be submitted to Lorain SWCD no later than Friday, July 14th by 4:30 p.m. Please email to [lpارش@loraincounty.us](mailto:lpارش@loraincounty.us) or submit in person or through the mail to the Lorain Soil & Water Conservation District, 42110 Russia Rd., Elyria, OH 44035.

The top three winners will be awarded gift certificates to Sliman Lumber of South Amherst. Top prize is \$100.00, second place is \$50.00 and third is \$25.00 and will be announced at the Lorain SWCD Annual Meeting in September.

For more information and to see the contest description visit their website at:

<http://www.lorainswcd.com/news>

Or call the Lorain SWCD at **440-326-5800**.

## **RESIDENTIAL PARKING**

Township roads are not intended to be a parking lot.

We understand that residents are going to have visitors and there may not be enough spots in their driveway. This occasional parking on the street is acceptable. But there are too many people who are parking their vehicles on the street on a regular, daily basis. This makes it difficult for neighbors trying to back out of their drives and it restricts the free flow of traffic. It is of great concern when this restriction inhibits the movement of emergency vehicles as well as township vehicles that are trying to plow snow, salt, or patch the streets.

There has been discussion about putting in “limited / no parking” regulations to insure that the streets are clear. However, at this point the trustees are reluctant to adopt such regulations, which would be enforced by the Sheriff Department by the fining of township residents. The Trustees ask residents to voluntarily comply.

The preference is that people would park in the driveways, which most people do.

We appreciate your understanding and efforts to comply.

### **COMMERCIAL VEHICLE PARKING ON RESIDENTIAL STREETS PROHIBITED**

On February 22, 2011, the Amherst Township Trustees passed a Resolution prohibiting the parking of commercial vehicles with a gross vehicle weight of 10,000 lbs. or greater on all Designated Roads. The list of designated roads can be viewed on the Township’s website under the “Resolutions” section.

With public safety in mind, the Board of Trustees determined that it was necessary to prohibit Commercial Vehicle parking in order to reduce the mingling of commercial traffic with pedestrian traffic on streets without street lights and sidewalks. Further, it will eliminate the physical obstruction and the obstruction of view on township roads that is caused by parking these commercial vehicles on the roads. The Board of Trustees also wishes to limit truck traffic in residential neighborhoods, excessive wear and tear on township roads, and the loss of residential character, all caused by the traveling to park and the parking of commercial vehicles on those roads.

Violation of these regulations is a minor misdemeanor. The fines that are levied and collected under these regulations shall be paid into the township general fund.

## **Yard Waste Recycling Center Extended Summer Hours**

As a reminder to residents, the “Yard Waste Pile” that is located on the east side of Oberlin Road, directly across from the Township Hall, will be open until 8pm on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, which coincides with the Trustees Meeting nights. These extended hours will continue through the summer and early fall.

Please, **YARD WASTE ONLY!!!**

The yard waste pile is for disposing of your limbs, brush, lawn clippings, and leaves, **only!**

Prohibited items would include siding, wood, stone, junk, and construction material as well as any other material that does not grow in your yard.

Residents are reminded to please place your empty plastic bags in the 55-gallon drum at the center, or take bags with you.

### **RUMPKE PROHIBITED ITEMS**

If a resident is unable to utilize the Township’s Yard Waste Recycling center, please be aware that Rumpke will **NOT** take yard waste that has been separated and placed into bags that are marked “yard waste”. Rumpke will pick up yard waste mixed in with your trash and placed in the brown “Rumpke” container.

Rumpke is also prohibited from taking tires, liquids, batteries, flammable materials, hazardous waste, and household chemicals. However, many of these prohibited items may be able to be disposed of at the Lorain County Collection Center. For more information about the items that can be taken to the L.C. Collection Center, visit their website at:

**[www.loraincounty.us/departments](http://www.loraincounty.us/departments)**

Information for the Collection Center is located under “Solid Waste Management”.

### **THANK-YOU!!**

The Amherst Township Road Superintendent would like to express appreciation to those residents who keep their curbs clean! This not only helps to keep the storm sewers and catch basins clean and free-flowing, which reduces the possibility of flooding, but it also helps to make the job of patching the roads easier. Residents are reminded to try not to blow grass clippings into the roadway.

# **PERMITS REQUIRED**

Residents are reminded that permits are needed for pools, decks, porches, patios, gazebos, fences, ponds, signs, garages, new construction, building additions, accessory buildings, and driveways. When a permit is obtained before the start of construction, the fee will be reduced by 50%. Be sure you or your contractor has obtained a permit. **Payments must be made by check only. Cash is not accepted.**

Please contact Remi Cerrone, Amherst Township Zoning Inspector for these permits. Office hours for the Zoning Inspector are from 8 a.m. to 11 a.m. on Mondays, Wednesdays and Saturdays. He can be reached at 988-5894. Voice Mail is checked daily.

Building Inspections are not required. It is recommended that residents hire their own inspectors.

## **DRIVEWAY APRONS**

Residents are also reminded that when a road project requires modification of a drive apron, as a general rule, the drive apron modification will be completed with the same material as the road project. In all cases, maintenance of a drive apron is the responsibility of the property owner.

# **CONTACT CHANGE FOR:**

## **Park Pavilion Reservations**

To avoid a scheduling conflict, please contact Amherst Township Senior Service Director, **Lynda Ashley**, to reserve the park pavilion.

She can be reached at the township Mondays through Fridays between 8 a.m. and 12 noon by calling **988-5894 (ext 101)**.

## **Contact Sheriff's Dept.**

Residents are reminded that they can help deter crime by keeping home and car doors locked, as well as keeping garage doors closed. If residents know of, or see, any suspicious activity in the township or at the Amherst Township Park, please contact the Sheriff's Dept. at **329-3710**. To contact the sheriff's dispatch from your cell phone without being charged, call **323-1212**. These are not "911" emergency lines.

## **Curfew**

Please be aware that a curfew exists in Amherst Township for minors age 16 and under between the hours of Midnight and 5 a.m. This curfew will be enforced by the Lorain County Sheriff's Dept.

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Amherst Township  
7530 Oberlin Road  
Elyria, OH 44035  
www.amhersttownship.us

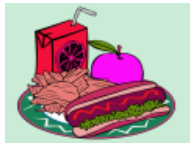
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LORAIN, OHIO**

**Monthly Meeting  
Dates & Times:**

**Trustees:** 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays at 7:00 p.m.  
**Zoning Commission:** 1<sup>st</sup> Tuesdays at 6:30 p.m.



## Home-Delivered



## Meal Program

ATSSO provides home-delivered meals for those over 60 and disabled adults over 18, with a cost that is adjusted to your income. This nutritious, hot lunch program includes your choice of an entrée, soup & sandwich, soup & salad, or sandwich and salad. A “soup only” option is also available as a choice. There is no minimum amount you need to order, the schedule is flexible. Meals can also be provided for short term coverage such as vacations.

If you would like to receive a home-delivered meal, or need more information, please contact the Senior Service Office at **988-5894, ext. 101**.

## MEDICARE LOW INCOME SUBSIDY

Low Income Subsidy (LIS) is a Medicare program that helps cover the cost of Medicare Part D prescription drug costs.

For those eligible, LIS will help pay your Medicare prescription plan's monthly premium, deductible, and copayments.

You may qualify if you have a yearly income of less than \$18,090 individual or \$24,360 for a married couple. Eligibility requirements change yearly.

To see if you are eligible to receive LIS or to get help applying for the program call the Senior Services Office to schedule an appointment or visit [www.medicare.gov](http://www.medicare.gov).

**ATSSO OFFICE HOURS:**  
**8:00 A.M. – NOON (M-F)**  
**Phone: 988-5894 – Ext. 101**  
Email: [amhersttwpseniors@oh.rr.com](mailto:amhersttwpseniors@oh.rr.com)

## EATING HEALTHY ON A BUDGET

As we age, we need to pay attention to our eating habits to better manage health conditions such as diabetes, pre-diabetes, high blood pressure, arthritis, and high cholesterol. Eating healthy and exercising daily may decrease the severity or reverse these health conditions all together. Following are a few tips to reducing food costs while eating healthier:

- By preparing meals at home you can save money and eat healthier.
- Check for sales and coupons, and then make your weekly menu accordingly. By doing this you will save money and won't have any wasted food.
- Shop for seasonal produce and/or visit farm markets for local seasonal items at a lower cost.
- Shop the outer edges of the store – avoid processed foods.
- Make larger portions using items on sale and freeze the leftovers for lunches and dinners.
- Read labels. Eating too many sugars can cause obesity and diabetes. Try to avoid added or hidden sugars like High Fructose Corn Syrup, cane juice, dextrose, and maltose.



# **ALZHEIMERS & BRAIN AWARENESS MONTH**

Have you noticed you are getting a little forgetful? Misplacing common items? Unfortunately this comes with age. However, research has shown people can reduce their risk of cognitive decline by making key lifestyle changes. Following are a few ways to protect your aging brain:

- Engage in regular exercise. Increasing your heart rate causes an increase in blood flow to the brain and body.
- Challenge your mind. Engage in doing a jigsaw puzzle, play games, do crossword puzzles, write down your history/life story, or read.
- Risk factors like obesity, high blood pressure, and diabetes negatively impact your cognitive health. Adapt a healthy lifestyle; eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit.
- Not getting enough sleep may result in problems with memory and thinking.
- Pursue social activities that you will enjoy. Volunteer in your community, your church, for a local pet shelter, library, or school.

## **ELDER FRAUD – Look Out for Scams!**

Scammers use a variety of tactics to make their offers seem legitimate. Their initial contact usually occurs by telephone, letters, door-to-door solicitations, fliers, e-mails and phony websites. They often try to convince consumers to send them money or give personal information, such as bank account numbers and Social Security numbers. Look out for the common signs of a scam listed below.

### **Signs of a Scam**

- You've won a contest you've never heard of.
- You're pressured to "act now!"
- You have to pay a fee to receive your "prize."
- Your personal information is requested.
- A large down-payment is requested.

- The company refuses to provide written information.
- The company has no physical address, only a P.O. Box.
- They insist you pay in cash.

Con artists and scammers often target older citizens. Learn to recognize the signs of a scam and how to protect yourself.

This information was taken from the Ohio Attorney General's website at:

[www.ohioattorneygeneral.gov](http://www.ohioattorneygeneral.gov).

To read more information about scams, view the entire brochure online by selecting "Individuals and Families"; then "Seniors"; then "Publications"; and finally click on "Elder Fraud Brochure (PDF)".

We will share more information from this educational brochure in future editions of the Senior Gazette.