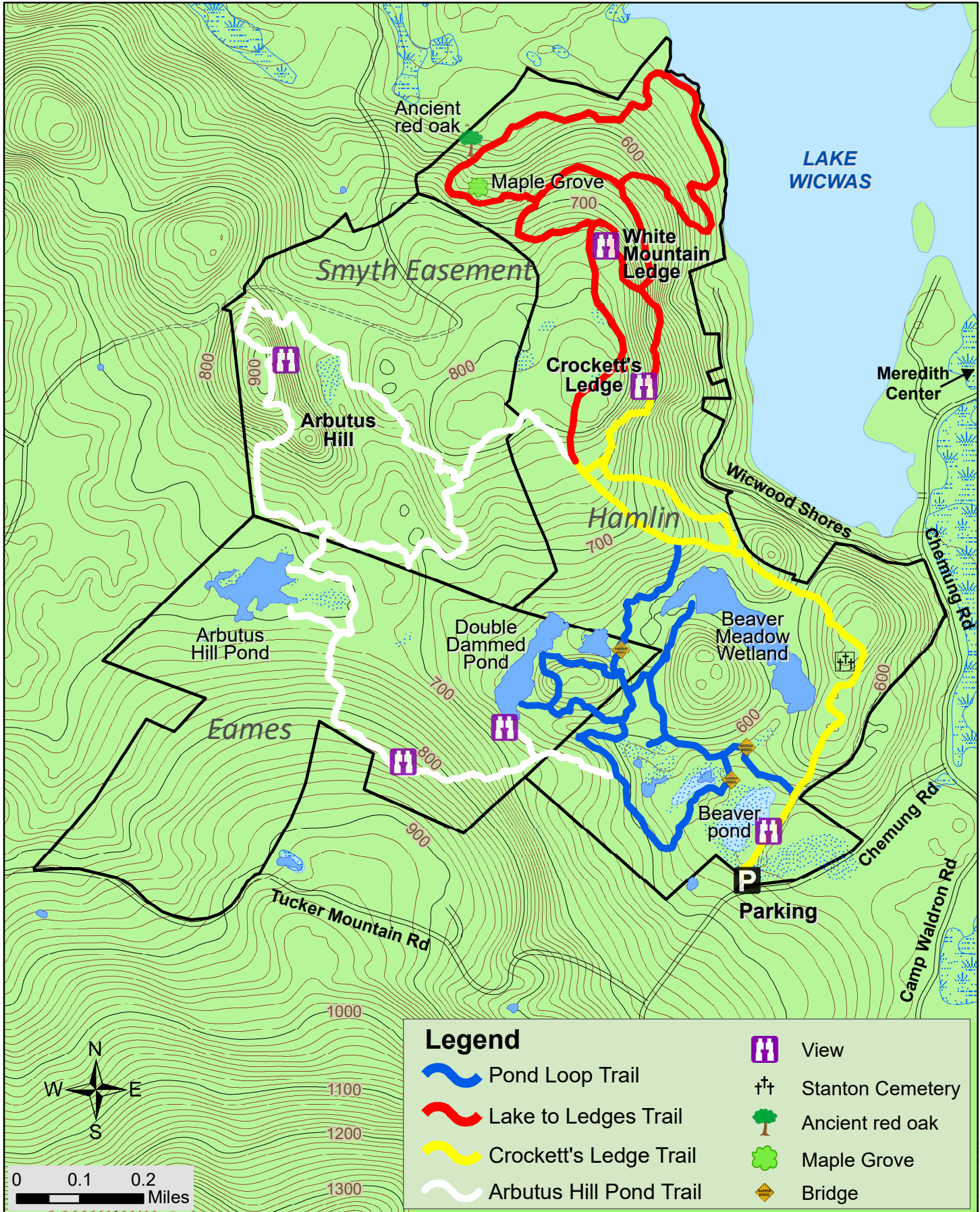


# Hamlin-Eames-Smyth Recreation and Conservation Area

Meredith Conservation Commission - Steward



Map prepared by Meredith Conservation Commission for informational and planning purposes only. The Town makes no representation or warranty, expressed or implied, as to its accuracy, appropriateness or suitability for any other purpose, use or application. Revised October 1, 2019

Directions: In Meredith from the intersection of Rt. 25 and Rt. 3, take Rt. 3 south and turn right onto Rt. 104. In 3.6 miles turn left on to Meredith Center Road. In 1.0 mile turn right onto Chemung Rd. In 1.5 miles keep right to stay on Chemung Rd. In 0.7 miles the trailhead and kiosk are on the right.

## Trail Descriptions:

### BLUE BLAZES

#### Pond Loop Trails

These trails meander around and beside a cluster of beaver ponds near the parking area. The shortest loop is an easy 1.6 mile, 45 minute walk. The longer loop, which includes scenic views of the Eames ponds, takes 1 hour and has an additional 60 feet of elevation gain. The link to the yellow trail that circles around the north end of the beaver meadow is also blazed in blue.

### YELLOW BLAZES

#### Crockett's Ledge Trail

The trails to the Crockett's Ledge overlook of Lake Wicwas and Lake Winnisquam have a round trip distance of 2.7 miles with 400 feet of elevation gain and a hiking time of 1 hour 30 minutes.

### RED BLAZES

#### Lake to Ledges Loop Trail

The longest of these trails is 5.5 miles round trip (including the yellow/blue access and return) with a hiking time of 3 hours 30 minutes with 900 feet of elevation gain. These trails pass through old growth sugar maple forests to reach the shore of Lake Wicwas and they offer excellent views of the White Mountains from open ledges.



### PLEASE REMEMBER:

**Carry In / Carry Out**  
**No bathroom facilities**  
**Stay on the trail**  
**Fires & smoking prohibited**

Trail map and guide courtesy of the volunteers who serve on the Meredith Conservation Commission.

Our mission is to conserve and protect land, forests, and farmland for wildlife, water quality, and recreation for the people of Meredith and its visitors.

Learn about the commission.

Join the commission.

Adopt a trail.

Become a volunteer.

Contact us at

[Conservation@Meredith.org](mailto:Conservation@Meredith.org)

[www.meredithnh.org](http://www.meredithnh.org)



### WHITE BLAZES

Previously blazed magenta, the trail to remote Arbutus Hill Pond, including blue trail access/return, is 4 miles in/out with 450 feet of elevation gain/loss and a total hiking time of 2 hours. The trail's north shore end point offers a nice view of the pond. The shorter side path on the south offers more restricted views.

North of the pond the trail continues on a more rugged trail over the summit of Arbutus Hill which affords views of the White Mountains to the northeast. A less strenuous route turns east after the pond and terminates at the yellow trail. These trails pass through the Barbara R. Smyth Conservation Easement which is privately owned land.

### Combination Hikes

**Ledges and Ponds:** The loop over Crockett's Ledge, the White Mountain Ledge, and back through the beaver ponds provides both mountain and wetland views. The round trip distance is 3.7 miles with a hiking time of 2 hours.

**Grand tour:** To take the 7 mile, 1400 foot elevation-gain grand tour, turn right at all trail junctions. Allow 5 hours.