

## 1. How would you respond to the questions below (Aug 2025)?

**Examiner:** *How do you feel when you have to do something for a long time? (Part 1)*

**Examiner:** *Do you think we can do without plastic altogether in the future? (Part 3)*

## 2. How can AI help you with suggesting answers for reference?

**Answer:** Share your background with AI and ask it to suggest answers at the band level you need. Here's an example of how to provide your **background** and a **prompt**:

*"If you were me, how would you suggest an answer for an examiner's question, namely... [insert your IELTS Speaking question here]?"*

### [A comprehensive self-explanatory example](#)

#### Personal Context

My name is Peter, and I am a 17-year-old male from a working-class family in Hong Kong. My father works as a civil servant in the engineering sector, earning around HKD 36,000 per month, while my mother is a shop attendant. As the first in my family to aim for top-tier universities—such as HKU, CUHK, or HKUST—I feel both motivated and pressured to succeed. My younger sister is currently in Form 2 at a Band 2 secondary school (with Band 1 being the highest and Band 3 the lowest), while I am in Form 6 at another Band 2 school, preparing for the HKDSE in April-May 2026. My family and community place a strong emphasis on education, which keeps me focused on my goals.

Personality-wise, I am introverted, analytical, and persistent, though I sometimes struggle with self-confidence, especially in high-pressure situations. My two closest friends, Paul and Mary, provide me with different perspectives—Paul is outgoing, loves debate, and comes from a business-oriented family, while Mary is creative, passionate about music, and from an artistic background. Despite their different academic paths, they are both supportive and help me stay balanced.

#### Academic and Career Aspirations

Currently, I am preparing for the HKDSE and IELTS exams. While I excel in history and economics, I find math particularly challenging. My dream university is the Chinese University of Hong Kong (CUHK), where I hope to study economics. Beyond my undergraduate degree, I aspire to pursue a PhD and eventually become an economics professor. Teaching economics appeals to me because it combines my analytical nature with my desire to contribute to society through education.

#### Interests and Lifestyle

Outside of academics, I enjoy hiking, journaling, and volunteering at a local environmental nonprofit. These activities help me relax and stay connected to nature and my community. My favorite books include *Sapiens* and *Nexus* by Yuval Noah Harari, which have shaped my interest in human behavior and economic systems. In terms of technology, I frequently use TikTok, WhatsApp, and WeChat for entertainment and communication. When it comes to movies, I love action-adventure classics like the *Die Hard* and *Indiana Jones* series. My favorite color is forest green, which I find calming and reflective of my love for nature.

**Examiner:** *How do you feel when you have to do something for a long time? (Part 1)*

**Answer:** *"It depends on the task. If it's something I enjoy, like studying economics or hiking, I don't mind the time. But for difficult things, like math, I get impatient—though I push through by taking short breaks. My persistence comes from my long-term goals, like getting into university."*

**Examiner:** *Do you think we can do without plastic altogether in the future? (Part 3)*

**Answer:** *"That's an important question we should all think about. From what I understand, completely removing plastic right now would be very difficult because it's so built into our lives - from hospital equipment to everyday packaging. But as someone interested in how societies make changes, I believe we can reduce it significantly through smarter solutions."*

*In **Hong Kong**, I've noticed more shops charging for plastic bags and cafes using paper straws - small steps that show change is possible when policies and public awareness work together. My **volunteer work at an environmental group** taught me that real progress happens when alternatives become convenient and affordable for ordinary people.*

*While science develops better materials, what gives me hope is seeing younger generations, including **my classmates**, becoming more conscious about waste. It reminds me that big changes often start with small, everyday choices. The future might not be plastic-free, but with the right approach, it could be plastic-smart."*