

W. Owens

Author Spotlight: Michelle Obama

Politics. It can make or break you. It can also make or break your family because ultimately, they are a part of it-good or bad.

Note: I couldn't imagine what it would be like if my hubs were in the government sector. There are positives to making change, but also a ton of hatred no matter what you do. Some people will not like you because they don't like him.

As I thought about family and politics, it made me wonder about those close to senators and presidents. I kept glancing over one of Michelle Obama's books, *Becoming*. I hadn't read it but had it on my wish list and it seemed fitting to get into it.

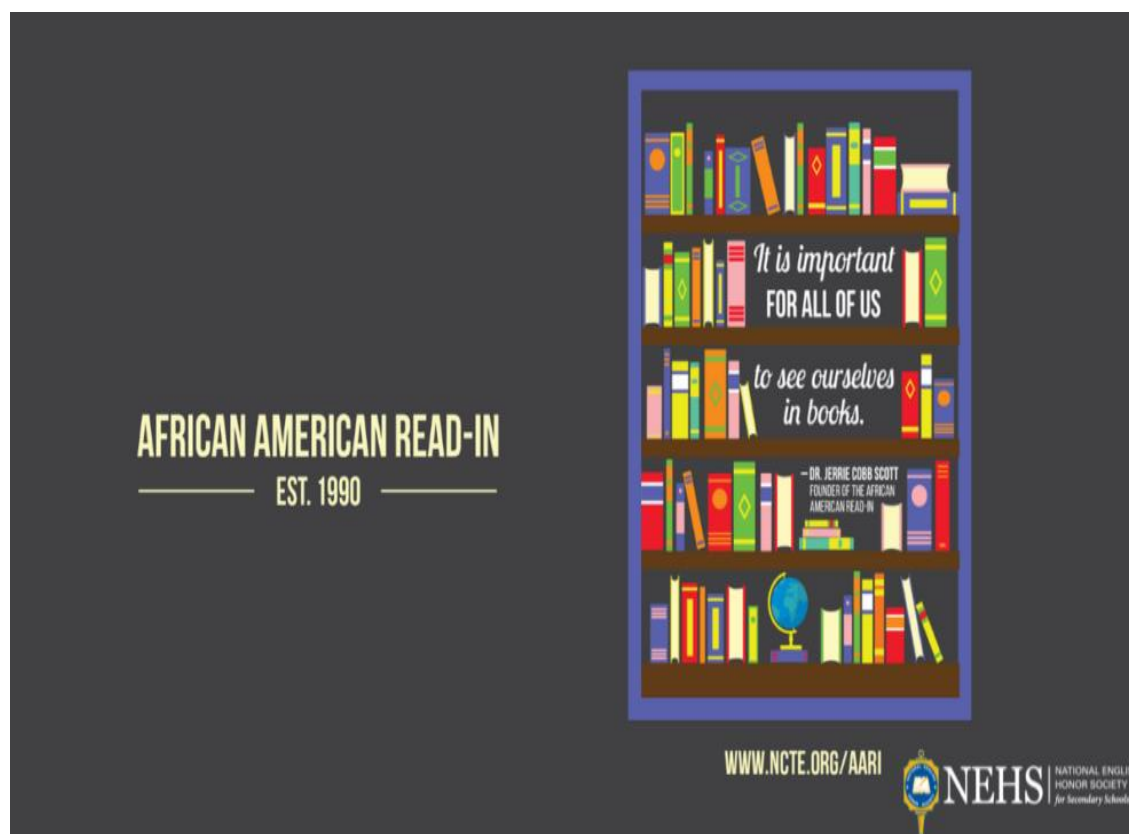
This was a refreshing take from a woman who had a first-hand account of the rise of her husband from being on the Senate floor to the President of the United States and the impact it made on her life as well as her family through it all.

It never really occurred to me that being in the spotlight like that is not always wanted, especially when you have someone close to you in a position of power, that's fighting to get the same level of respect as everyone else. Every single move you make or word you say is out there for scrutiny.

Check out *Becoming* by Michelle Obama if you haven't done so yet. It's a great read.



[Amazon.com: Becoming eBook : Obama, Michelle: Kindle Store](https://www.amazon.com/Becoming-eBook-Obama-Michelle/dp/B000APCZ00)



[NEHS](#)

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National African American Read-In Month

Depending on what source you use, book genre months can vary, but there is always a theme you can find to enjoy. Did you know that February is African American Read-in Month?

As it coincides with Black History Month, I had never heard of this event, so I researched some more.

African American Read-In Month was founded in 1990 by the Black Caucus of the National Council of Teachers of English. It encourages literacy to reach communities that wouldn't otherwise be exposed to writings and teachings by African American writers.

This started as an event every first and last Sunday in February of each year. Since it originated, millions of people, from schools to libraries, to even coffee houses have joined in. Sometimes, an author will read their book, sometimes, it's a read-along, sometimes it's poetry, and sometimes, it's just readers getting together and discovering a new author.

The read-in has now gained a whole month dedicated to African American literature from all over the world. Even better is that this is open to anyone to join in to put a venue with their local National English Honors Society together.

I've included the website below for anyone who would like more information about this awesomeness with the NEHS newsletter link as well.

[NCTE - National Council of Teachers of English](#)

[NEHS Museletter - official magazine of NEHS for secondary schools](#)

Note: This Is So Cool!

Until next time! 😊

Word Of The Month

appellation

www.worddaily.com

Noun: a word or title. The action of giving a name to someone or something. *"I want to use the local appellation for every destination we travel to."*

Scoop Of The Month

Self-Publisher Workshop

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Looking for an online workshop from Fantabulous Words? Be on the lookout for an email in the coming weeks to sign up.

Nerd Alert

Wonderful Migraines

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Migraine episodes peak at the age of 40 and get better the older we get. Stress and hormones are triggers and wane when we get up in age. Come on retirement.