

W. Owens

Author Spotlight: Sally Field

Two Academy Awards, three Emmy Awards, two Golden Globe Awards, a Screen Actors Guild Award, and a Cannes Film Festival Award are many of the accolades my September author has received. I can now add one more, a best-selling author.

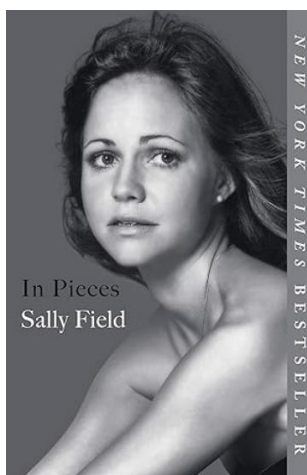
Sally Field has been in the business for well over 60 years. She's experienced the world in a way that some of us will never see while being as transparent and genuine as possible. Ms. Fields is candid, real, and an icon.

It takes courage to tell a story. When you are at your most vulnerable putting your whole life on display for the world, I commend anyone who takes the plunge and peels their layers back in a story.

I remember being younger and watching *Gidget*, *The Flying Nun*, and *Smokey and the Bandit*. Even though all of these were before my time, back then, I thought that who the characters were on the screen was their personality in real life.

Watching Ms. Fields while I grew up acting in movies such as *Mrs. Doubtfire*, *Forest Gump*, and *Not Without My Daughter* made me realize that my perspective of actors and actresses had changed with age.

I thought *In Pieces* was wonderfully written and emotional but that is just me. You'll have to see for yourself. If you're looking for an eye-opener into the life of Ms. Sally Field, check out her personal work, *In Pieces*.



[Amazon.com: In Pieces eBook : Field, Sally: Kindle Store](https://www.amazon.com/dp/B08L5L5L5L)



Capture memories in words and photos for yourself and your loved ones

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The Story of Your Life

September 4th, September 11th, and September 19th-these are important days for the hubs and me: our handsome sons' birthdays.

Yes, they are all a week apart, and no, we did not plan it that way. We will stick with coincidences and keep it at that.

Note: No further explanation is needed. 😊

So, as I prepare to have a 22, 18, and 16-year-old, I took a walk to reflect on my life. What was I doing at that age? Did I even have any aspirations about my future then?

In September at the age of 22, I was days away from having our oldest son. At 18, I was in my first apartment and had started my freshman year of college. At 16, I don't remember anything except I was a junior in high school.

What a perfect month to walk down memory lane as September's genre month is dedicated to memoirs and autobiographies.

Note: who knows, maybe I'll write one of these one day.

For those who haven't caught my blogs in the past, a *memoir* is a true narrative from a specific time of your life that is captured with reflection. An *autobiography* is a true account of one's life from beginning to end.

A good example of a memoir is Michelle Obama's *Becoming*. If you haven't read that, I highly recommend it. Another awesome pick is in my author spotlight. 😊

Book Update

I'm looking for volunteer Beta Readers who can dedicate a portion of October to reviewing my draft before I go into my final reviews and print my proof copy. If anyone is interested, please email me at inspire@fantabulouswords.com and I can provide more details.

**I'm on hiatus from pop-up events until project completion but feel free to check out my website for updates just in case I get an exciting offer and show up somewhere in Colorado.

Until next time! 😊

Word Of The Month

suspire

www.worddaily.com

Verb: breathe.

Example: "The flames seemed to suspire against the night sky."

Scoop Of The Month

Early pumpkin vibes

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I'm not saying I'm 100% ready for the upcoming holidays, but I may have already ordered my pumpkin spice granola bars in preparation for the season. There is a possibility we could have a shortage and I'll be none too happy if I can't have my fix.

Nerd Alert

To Float or Sink

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You'll immediately notice something if you put a lemon and a lime in a glass of water. The lemon will stay afloat while the lime sinks to the bottom. That's because a lemon is less dense than a lime. No matter how you slice it.