

Lafayette for a lifetime.

Everything is better when you spice it up with family and friends. We invite you to get involved with our thriving alumni community!



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LAFAYETTE BBQ RUB

Generously apply to fish, meat or vegetables prior to grilling. This blend of pure spices will bring out your food's best flavor. It's the difference between ordinary and extraordinary!

Nutrition Facts

Serving Size: 1 Tbsp (9g)
Servings Per Container: 1

Amount Per Serving

Calories 24
Calories from Fat 0

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium .6g	.5%
Total Carbohydrate 12g	2%
Dietary Fiber 2g	4%
Sugars .4g	1.6%
Protein 1g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Contents: 9g

Ingredients: Sumac, Turmeric, Onion Powder, Smoked Paprika, Pepper, Aji Panca, Garlic powder, Salt, Sugar.

Shelf life: 2 years (Store in a cool, dry place.)

Expiry: 08/26

Imported by: Le Tour de Spice Inc. Waterloo, ON, Canada.

LAFAYETTE COLLEGE



You are Lafayette.

Stay connected and spice things up with us!

