

# NEVADA UNION GIRLS' VOLLEYBALL CAMP

**WHAT:** Instruction in proper technique for all basic skills, plus a variety of group and game situation drills and team play. Offensive and defensive systems will be presented.

**WHO:** Girls going into 6<sup>th</sup> - 10<sup>th</sup> grade this fall (2021). This camp is recommended (not required) for those who want to play in high school.

**WHEN:** Monday 6/21 - Friday 6/25      Grades 6<sup>th</sup> - 8<sup>th</sup>    8:30 am - 12:00 noon  
Freshman/Soph.    1:00 pm - 4:30 pm

**LOCATION:** Nevada Union High School (Ali Gym)

**COST:** \$125.00 Includes camp T-shirt. Sign-up early space is limited.

**CLINIC INSTRUCTORS:** Past and present Nevada Union coaches and players.

**MORE INFORMATION:** Contact Chrys Dudek: [cdudek@njuhsd.com](mailto:cdudek@njuhsd.com)

**MAIL FORM AND CHECK TO:** NU Girls' Volleyball Camp

11761 Ridge Road Grass Valley, CA 95945

*Please make the check payable to Nevada Union Girls Volleyball.*

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## NEVADA UNION GIRLS' VOLLEYBALL CAMP

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Shirt Size: YM S M L XL

Parent/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Alternative Phone #: \_\_\_\_\_

Grade (fall 2021) \_\_\_\_ Age \_\_\_\_ Volleyball Experience    \_ none    \_ 7    \_ 8    \_ 9    \_ Rec./Club

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

I/we agree to assume all risk of injury and to hold Nevada Joint Union High School District, their agents and employees, the camp directors and staff harmless from any liability, which may arise in connection with the clinic. I/we grant permission to camp directors for emergency medical treatment/hospitalization if necessary.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

# Nevada Union Girls Volleyball

All athletes must have a physical and a completed online (Family ID) sports packet turned into the student store before trying out!

<https://nevadaunion.njuhsd.com/Athletics/index.html>

**Freshman Tryouts:  
Monday August 2<sup>nd</sup> – Friday August 6<sup>th</sup>  
12:00pm – 2:30pm in Ali Gym**

Please contact Coach Dudek for further information.

[cdudek@njuhsd.com](mailto:cdudek@njuhsd.com)

530 575 1477

*Industriousness:* There is no substitute for work. Worthwhile things come from hard work and careful planning.

*Enthusiasm:* Your heart must be in your work. Stimulate others.

- John Wooden's cornerstones of success