

NEVADA UNION GIRLS' VOLLEYBALL CAMP

WHAT: Instruction in proper technique for all basic skills, plus a variety of group and game situation drills and team play. Offensive and defensive systems will be presented.

WHO: Girls going into 6th-10th grade this fall (2024). This camp is recommended (not required) for those who want to play in high school.

WHEN: Monday 6/17 - Friday 6/21 Grades 6th - 8th 8:30 am - 12:00 noon
Freshman/Soph. 1:00 pm - 4:30 pm

LOCATION: Nevada Union High School (Ali Gym)

COST: \$125.00 Includes camp T-shirt. Sign-up early, as space is limited.

CLINIC INSTRUCTORS: Past and present Nevada Union coaches and players.

MORE INFORMATION: Contact Brad Keethe - bkeethe@njuhsd.com

MAIL FORM AND CHECK TO: NU Girls' Volleyball Camp

11761 Ridge Road Grass Valley, CA 95945

Please make the check payable to Nevada Union Girls Volleyball.

NEVADA UNION GIRLS' VOLLEYBALL CAMP

Last Name: _____ First: _____ Shirt Size: YM S M L XL

Parent/Guardian: _____ Email: _____

Address: _____

Phone #: _____ Alternative Phone #: _____

Grade (fall 2024) ____ Age ____ Volleyball Experience _ none _7 _8 _9 _ Rec./Club

Emergency Contact: _____ Phone: _____

I/we agree to assume all risk of injury and to hold Nevada Joint Union High School District, their agents and employees, the camp directors and staff harmless from any liability, which may arise in connection with the clinic. I/we grant permission to camp directors for emergency medical treatment/hospitalization if necessary.

Parent/Guardian Signature: _____ Date: _____

Insurance Company: _____ Policy #: _____

Nevada Union Girls Volleyball

All athletes must have a physical and a completed online (Family ID) sports packet turned into the student store before trying out!

<https://nevadaunion.njuhsd.com/Athletics/index.html>

Freshman Tryouts:

**Monday August 5th – Thursday August 8th
12:00pm – 2:30pm in Ali Gym**

JV Tryouts:

**Monday August 5th – Thursday August 8th
3:00 – 5:30pm in Ali Gym**

Please contact Coach Keethe or Coach Dudek for further information.

bkeethe@njuhsd.com, cdudek@njuhsd.com

530 575 1477

Industriousness: There is no substitute for work. Worthwhile things come from hard work and careful planning.

Enthusiasm: Your heart must be in your work. Stimulate others.

- John Wooden's cornerstones of success

You can also check out our website for updates
www.nugirlsvolleyball.net