

## Tryout Information

Please be sure that all physicals are completed and that players have submitted their paperwork online and to the student store.

Tryouts begin Monday from 12:00pm until 2:30pm in Ali Gym.

First cuts are at the end of Wednesday's session. (12pm - 2:30pm)

Second cuts are at the end of Thursday's session (12pm - 2:30pm)

Final cuts are at the end of Friday's session. (12pm - 2:30pm)

These are some of the most heartbreaking days of the year. Cuts.

We understand that everyone wants to play and everyone deserves a chance. Unfortunately, we simply do not have enough places for everyone.

Generally we keep 12 players on each team: Freshman, JV, and Varsity. We often have 30+ girls trying out for the Freshman team, and 15+ for each the JV and Varsity teams. It is likely that we will have to cut from each level, which again, is devastating for both coaches and players.

Our goal is to give girls opportunities to play the game we love, and when we get to this point, we have to limit our numbers.

We understand that everyone has something to contribute to the team. We have the job to select those that seem best suited to help our program be successful.

There is a "science" and an "art" to this.

The Science: drills that we keep statistics on to help evaluate players by numbers, accuracy, and consistency.

The Art: drills and situations to see how girls play together, which positions they can play, and how "coachable" they are.

Every year we have to make cuts as a staff to try and make the best decisions possible. It doesn't matter if they played club, went to camps/clinics, or whom they previously played for.

We talk to the girls about all of this and encourage them to do their very best each day. It is natural to be nervous, and they have to overcome that obstacle. We give them 3-5 days to be sure they have ample opportunity to show us their skills.

We are always hopeful that players who do not make the team find new opportunities in other sports (tennis, cross country, water polo are all fall sports), art, theater, dance, or agriculture. These are just a few things to get involved with at Nevada Union.

We also feel that if they really love the sport of volleyball, they will find a way to play. Maybe it is club, grass & sand tournaments or recreation leagues. There have been quite a few players who were previously cut that went on to play in these venues and some even made the NU team the following year.

Please know that we value the efforts of every girl trying out and always hope for the best for each of them.

Thank you for encouraging your daughters to play volleyball, and we hope you support our decisions knowing that our process is thorough and sound.

We would be happy to answer any questions before tryouts.

Sincerely,

Coach Dudek