



FOOTBALL

PRAYER

Heavenly Father,

As I prepare to take the field, I acknowledge that I am not nearly as effective apart from you; therefore, I look to you to provide all my needs, including physical protection, necessary skillsets, mental toughness, and proper emotional responses. (John 15:5, Phil. 4:19, Romans 15:5)

First, I thank you for the abilities and gifts you've given me to play this game. Help me to be mindful that today's game is a gift within itself. (James 1:17)

I pray against a spirit of complacency, comfort, complaining, selfishness, or division. Guard my mouth so that I use it to speak life into my teammates and coaches; building one another up, never tearing down. (Phil. 2:14, Phil 2:4, James 3:16, Ephesians 4:29)

Father, by your grace, empower us to play with a spirit of unity that demonstrates all pieces working powerfully together. I pray for supernatural wisdom and vision. Give our coaches the wisdom and vision to call the right plays at the right time. Give each player a vision to see every square inch of the field, equipping us to make the best and smartest decisions. (1 Cor. 12:12-27, Prov. 2:6, James 1:5)

Lord, as I release my own selfish desires in exchange for your will, help me to engage in this competition with mental toughness, maximum effort, skillful accuracy, and a steadfast endurance. Help me to be an effective player, spurring my teammates on, whether it's on the field or on the sidelines. As I do all this, I know I will demonstrate victorious character, no matter how the game ends. Help me to leave the field a better person and player than when I stepped on. (Gal. 5:24, Matt. 16:24, 2 Tim. 1:7, Phil. 4:13, Hebrew 10:24)

In Christ's name I pray. Amen.