

July 26, 2024

8:00 a.m. – 3:30 p.m.



Chicago Obesity Summit 2024

The Illinois Obesity Society is pleased to announce the 5th Annual Chicago Obesity Summit, offering a diverse range of presentations on the different aspects of obesity as a disease, its comorbidities and management. It is open to physicians, advanced practitioners, behavioral health specialists, dietitians and pharmacists. *Continuing education credits will be offered.*

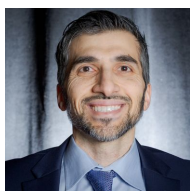
Summit Directors



Silvana Pannain, MD
Associate Professor of Medicine. University of Chicago,
Vice-President, IOS



Zaid Jabbar, MD, MS
Chair, Weight Management Dept, Duly Health and Care
Trustee, Past President, IOS



Yazen Joudeh, MD
Medical Director,
Center for Adult & Pediatric Wellness
Treasurer, IOS

CME Committee

Anthony Auriemma, MD, JD,
FOMA Karli Burrige, PA-C,
FOMA

Zaid Jabbar, MD, MS

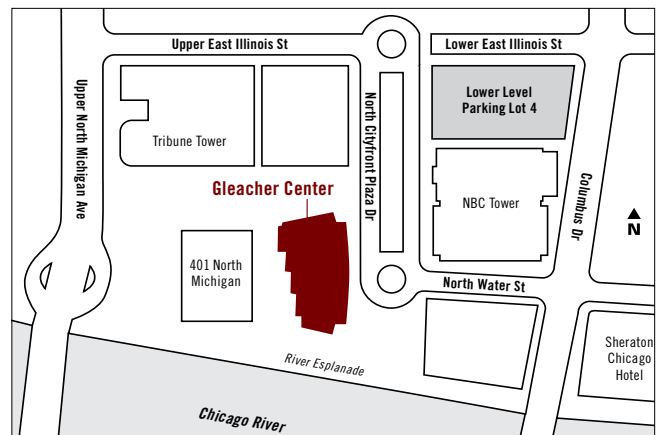
Yazen Joudeh, MD

Silvana Pannain, MD

Omar Shamsi, MD



**The summit will be held in person at:
The University of Chicago Gleacher Center,
6th floor, Executive Dining Room 621,
450 North Cityfront Plaza Drive, Chicago, IL 60611**



Accreditation Statements

This live activity, the Chicago Obesity Summit 2024, with a beginning date of Friday, July 26, 2024, has been reviewed and is acceptable for up to 6 prescribed credits by the American Academy of Family Physicians. AAFP Prescribed credits are accepted by the American Medical Association as equivalent to AMA PRA Category 1 credits toward the AMA Physician's Recognition Award. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The live activity has been approved for 6 CPEUs hours of continuing professional education with the Commission of Dietetic Registration.

AGENDA Coffee, tea and refreshments will be served from 7:30 a.m.

- 8:00 – 8:10 a.m. **WELCOME AND INTRODUCTION** with Omar Shamsi, MD, President, Illinois Obesity Society
- 8:10 – 8:50 a.m. **BMI Controversies, Weight Bias & Stigma** with Scott Kahan, MD, MPH, Director, National Center for Weight and Wellness, Washington, DC
- 8:50 – 9:30 a.m. **It's the Sugar! Practical Keto & Low-Carb Applications** with Eric Westman, MD, Director, Duke Keto Medicine Clinic, Durham, NC, Past President of Obesity Medicine Association
- 9:30 – 10:00 a.m. **COFFEE BREAK**
- 10:00 – 10:40 a.m. **"Obesity Paradox" in Cardiovascular Diseases** with Chip Lavie, MD, Medical Director, Cardiac Rehabilitation & Prevention, Ochsner Health, New Orleans, LA
- 10:40 – 11:20 a.m. **Impact of Incretin Agents on Metabolic Dysfunction-Associated Steatotic Liver Disease** with Mary Rinella, MD, Director, Metabolic & Fatty Liver Disease, University of Chicago
- 11:20 – 11:40 a.m. Q & A with Silvana Pannain, MD, Vice-President, Illinois Obesity Society
- 11:40 – 12:40 p.m. **LUNCH**
- 12:40 – 1:20 p.m. **Future of Anti-obesity Medications** w/ Robert Kushner, MD, MS, Past Chair of ABOM, Medical Director of the Center for Lifestyle Medicine at Northwestern Medicine in Chicago
- 1:20 – 2:00 p.m. **Updates in Metabolic & Bariatric Surgery** with Jihad Kudsi, MD, Duly Health & Care
- 2:00 – 2:20 p.m. **COFFEE BREAK**
- 2:20 – 3:00 p.m. **Utilizing Continuous Glucose Monitoring (CGM) in Diabetes & Obesity Management** with Lori Wenz, MSN, AGNP-C, BC-ADM, owner of Western Colorado Weight Care
- 3:00 – 3:20 p.m. **Q & A** with Yazen Joudeh, MD, Treasurer, Illinois Obesity Society
- 3:20 – 3:30 p.m. **CLOSING REMARKS** with Karlijn Burrige, PA, Secretary, Illinois Obesity Society

Early registration fees

(early registration ends May 22)

- » Non-IOS member **\$175.00**
- » IOS member **\$125.00**
- » Other*: registration and new membership **\$230.00**

Late registration fees

(May 23-July 25)

- » Non- IOS member **\$275.00**
- » **IOS member \$225.00**
- » Other*: late registration and new membership **\$330.00**

*With the option to add first-time annual IOS membership at a discounted rate (\$55 instead of \$100.00)

The Illinois Obesity Society reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be canceled or postponed, the registration fees will be refunded. However, the Illinois Obesity Society is not responsible for any related costs, charges or expenses of participants, including fees assessed by airline/lodging activities.

Questions? Email admin@illinoisobesitysociety.org

www.illinoisobesitysociety.org