

July 21, 2023
8:00 a.m. – 3:30 p.m.



Chicago Obesity Summit 2023

The Illinois Obesity Society is pleased to announce the 4th Annual Chicago Obesity Summit, offering a diverse range of presentations on the various aspects of obesity as a disease, its comorbidities and management. It is open to physicians, advanced practitioners, behavioral health specialists, dietitians and pharmacists. *Continuing education credits will be offered.*

Summit Directors



Silvana Pannain, MD
Associate Professor of Medicine,
University of Chicago,
Treasurer, IOS



Zaid Jabbar, MD, MS
Dept. Lead Physician, Weight Management
Duly Health and Care
President, IOS



Yazen Joudeh, MD
Medical Director,
Center for Adult & Pediatric Wellness
Secretary, IOS

CME Committee

Anthony Auriemma, MD, JD, FOMA
Zaid Jabbar, MD, MS
Yazen Joudeh, MD
Silvana Pannain, MD
Omar Shamsi, MD
Karli Burrige, PA-C, FOMA

Accreditation Statements

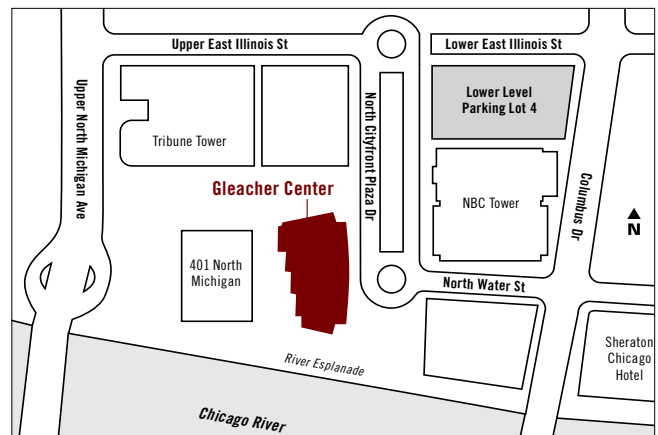
This live activity, the Chicago Obesity Summit 2023, with a beginning date of Friday, July 21, 2023, has been reviewed and is acceptable for up to 6 prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credits are accepted by the American Medical Association as equivalent to *AMA PRA Category 1 credits* toward the AMA Physician's Recognition Award.



The summit will be held in person at:

**The University of Chicago Gleacher Center
6th floor, Executive Dining Room 621
450 North Cityfront Plaza Drive, Chicago, IL 60611**



AGENDA Coffee, tea and refreshments will be served from 7:30 a.m.

8:00 – 8:10 a.m. **WELCOME AND INTRODUCTION** with *Zaid Jabbar, MD, MS, Illinois Obesity Society*

8:10 – 8:50 a.m. **Obesity Myths: The Misunderstood Physics of Obesity** with *Harold Bays, MD, FOMA, FTOS, FACC, FNLA, FASPC, Director, Louisville Metabolic & Atherosclerosis Center*

8:50 – 9:30 a.m. **Selecting the "Right" Eating Plan for Treating a Patient with Obesity** with *Angela Golden, NP, HNP-C, HAANP, Vice President, Arizona Obesity Association*

9:30 – 10:00 a.m. **COFFEE BREAK**

10:00 – 10:40 a.m. **Physical Activity for Managing Obesity** with *Michelle Look, MD, FAAFP, San Diego Sports Medicine & Family Health Center*

10:40 – 11:20 a.m. **Managing Obesity in the Pediatric Patient** with *Dominique Williams, MD, MPH, Medical Director, Healthy You for Life Weight Management at Children's Hospital, Norfolk, VA*

11:20 – 11:40 a.m. **Q & A** with *Silvana Pannain, MD, Illinois Obesity Society*

11:40 - 12:40 p.m. **LUNCH**

12:40 – 1:20 p.m. **Pharmacotherapy Update** with *Lee Kaplan, MD, PhD, Director, Obesity, Metabolism & Nutrition Institute, Founding Director of Weight Center at Mass Gen Hospital*

1:20 – 2:00 p.m. **Meal Replacement in Complex Obesity: Evidence & Case-based Approaches** with *Angela Fitch, MD, FACP, FOMA, President of the Obesity Medicine Association, Chief Medical Officer at Knownwell*

2:00 – 2:20 p.m. **COFFEE BREAK**

2:20 – 3:00 p.m. **Cancer & Metabolic Surgery** with *Jeffrey Rosen, MD, Advocate Medical Group Bariatrics*

3:00 - 3:20 p.m. **Q & A** with *Yazen Joudeh, MD, Illinois Obesity Society*

3:20 - 3:30 p.m. **CLOSING REMARKS** with *Omar Shamsi, MD, Illinois Obesity Society*



SCAN QR CODE TO REGISTER

www.illinoisobesitysociety.org

Early registration fees

(early registration ends May 22)

- » Non-IOS member **\$175.00**
- » IOS member **\$125.00**
- » **Other***: registration and new membership **\$230.00**

Late registration fees

(May 23-July 20)

- Non-IOS member **\$275.00**
- » IOS member **\$225.00**
- » **Other***: late registration and new membership **\$330.00**

*With the option to add first-time annual IOS membership at a discounted rate (\$55 instead of \$100.00).

The Illinois Obesity Society reserves the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be canceled or postponed, the registration fees will be refunded. However, the Illinois Obesity Society is not responsible for any related costs, charges or expenses of participants, including fees assessed by airline/lodging activities.

Questions?

Email admin@illinoisobesitysociety.org

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