

St. John's Preschool Newsletter

Hello All,

October has come and gone. There have not been any major changes to our COVID guidelines here at the preschool. We will continue to follow the guidelines as they are updated.

Thank you all for contributing to our Halloween Parade and the 2nd Annual Trunk or Treat event! You are appreciated and I am grateful for you all maintaining social distance and wearing your mask.

The holidays are here! Please be mindful of your travel plans. A few questions to think of are: Am I traveling to a place with high cases? Am I visiting someone with sick symptoms? Airplane rides are automatic grounds for 14-day quarantine upon return from trip.

If COVID guidelines allow would you be interested in a thanksgiving Potluck? November 25th is the possible date. More information will be sent out on Remind as we are in the planning stages.

Upcoming Volunteer Hours will be as follows:

Kitchen Laundry every Friday, Dirt for Garden boxes and classroom Wishlist's and possibly the Thanksgiving Potluck. We will be testing a new system called sign up genius and the link will be posted on our Remind App.

We will be sending out ASQ's questionnaires please fill out and return by November 13th.

Keep an eye out for fundraising opportunities in the next few months. Money raised will be used to purchase new playground equipment.

Please join me in welcoming a few new families to our wonderful community. We are excited to have you and look forward to a wonderful learning adventure together.

With love,

Ms. Shonece

Calendar of Events:

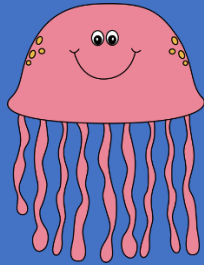
- **NOVEMBER 11TH-
VETERANS DAY SCHOOL
CLOSED**
- **NOVEMBER 26TH-27TH
SCHOOL CLOSED
THANKSGIVING BREAK**

COVID CORNER

We are currently operating under Contra Costa Health Department Guidelines. All updates will be communicated via Remind App.

- New updates: No new updates as of 10/30/2020
- Maintain social distancing
- Use hand sanitizer
- No extra items from home
- **Travel Policy**
- **Updated Health Policy**

If you have any questions or concerns please contact me via the App, email or by phone.



Dear Jellyfish Families,

Thank you for all of the donations to our wish list and for making the Halloween Parade and Trunk-or-Treat possible!

As we move into November we will continue to work on letter recognition, shapes, colors, and counting. We are working on self-help skills which are important in early childhood development and can be reinforced at home. We encourage the children to clear their spot at the table, put on their own socks and shoes, bag up their bedding bags, etc. I would encourage families to have the children practice these skills at home, packing their own bedding bag before their new school week helps them with ownership and a sense of accomplishment. In November we are also looking at family traditions, what we are thankful for, and kindness.

On the 20th we will be making "stone soup". In the story I use, a traveler gathers a town to each provide one ingredient for the soup. Alone each item isn't enough for a meal but when everyone works together it is. There will be a link for sign up genius with a list of ingredients and quantities, I would ask that you sign up for one ingredient per family.

With many thanks,
Ms. Franie



Hello Starfish families,

We are excited to learn and introduce thankfulness and what that means in November. As we move into the holiday seasons, I would like to know of any Holidays your families celebrate.

We welcomed some new friends in our classroom in October and the children were so inviting they showed them around the classroom and taught them the classroom rules.

Thank you for continuing to contribute to our monthly classroom Wishlist. Each addition fosters creativity and exploration.

Remember each day is a new day for a learning adventure!

With love,

Ms. Shonece



NOVEMBER 2020 SNACK MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| 2 Toast Pears Bell Pepper Ranch | 3 Oatmeal Oranges Granola Bars Pears | 4 Pancakes Milk Veggie Sticks Apples | 5 Graham Crackers Cream Cheese Chex- Mix Apples | 6 Waffles Apples Animal Crackers Oranges |
| 9 Biscuits with Jelly and Oranges Wheat Thins Apple Juice | 10 Pancakes Milk Ritz Crackers String Cheese | 11 VETERANS DAY SCHOOL CLOSED | 12 Graham Crackers Cream Cheese Trail Mix Apples | 13 Waffles Milk Animal Crackers Oranges |
| 16 Graham Crackers Cream Cheese Goldfish Pears | 17 Pancakes Apples Granola Bars Oranges | 18 Oatmeal Milk Wheat Thins Orange Juice | 19 Cinnamon Bread Oranges Trail Mix Pears | 20 Waffles Apples Animal Crackers Apples |
| 23 Oatmeal Milk Gold Fish Oranges | 24 Pancakes Milk Ritz Crackers String Cheese | 25 Toast Jelly Cheese Itz Cheese | 26 THANKSGIVING BREAK | 27 THANKSGIVING BREAK |
| 30 Cereal Milk Goldfish Apples | | | | |



NOVEMBER 2020 LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 2 Bean and Cheese Burrito Green Beans Pears Milk | 3 Turkey and Cheese Sandwich Mixed Vegetables Peaches Milk | 4 Chicken Quinoa Green Beans Milk | 5 Chili Mac Peas Peaches Milk | 6 English Muffin Pizza Carrots Apples Milk |
| 9 Grilled Cheese Sandwich Peas Peaches Milk | 10 Pasta with Meat Sauce Carrots Pears Milk | 11 VETERANS DAY SCHOOL CLOSED | 12 Baked Chicken Quinoa Peas Peaches Milk | 13 Cheese Quesadilla Refried beans Pineapple Milk |
| 16 Sunflower Butter Jam Sandwiches Green Beans Apples Milk | 17 Stroganoff Corn Pears Milk | 18 Bean and Cheese Burritos Peaches Milk | 19 Chicken Quinoa Green Beans Pineapple Milk | 20 Chili Corn Bread Green Beans Peaches Milk |
| 23 Turkey and Cheese Pinwheels Green Beans Apples Milk | 24 Pasta with Meat Sauce Green Beans Peaches Milk | 25 Meatballs Mash potatoes Corn Sweet Potatoes Milk | 26 THANKSGIVING BREAK | 27 THANKSGIVING BREAK |
| 30 Grilled Cheese Sandwich Peas Pears Milk | | | | |

*MENU SUBJECT TO CHANGE BASED ON AVAILABILITY