Arrange	September 6th	-September 23	GCAM Channel	12 Program Guid	e 413-367-1 ⁻	180 WWW.GRANBYME	DIA.COM
Channels 12 914	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM	UCC Sunday Service	SENIORS ON THE MOVE	Cooking and Kids	UCC Sunday Service	Cooking and Kids	UCC Sunday Service	SENIORS ON THE MOVE
7:30 AM		Eat Well Be Happy	Cooking and Kids		Cooking and Kids		Eat Well Be Happy
8:00 AM		Ablevision	Cooking and Kids		Cooking and Kids		Ablevision
8:30 AM							
9:00 AM	Yoga For Health	Ablevision	Smart Boating	Yoga For Health	Smart Boating	Yoga For Health	Ablevision
9:30 AM		GCAM Retro	Healthy Bones				GCAM Retro
10:00 AM	Healthy Bones and	Healthy Bones and		Healthy Bones and	Healthy Bones and	Healthy Bones and	Healthy Bones and
10:30 AM		-					
11:00 AM	New England Authors	Boys Lacrosse	Northampton L3 Harris Die In	New England Authors	Northampton L3 Harris Die In	New England Authors	Boys Lacrosse
11:30 AM				New England Authors		New England Authors	
12:00 PM	Open Mic Poetry			Open Mic Poetry		Open Mic Poetry	
12:30 PM				Open Mic Poetry		Open Mic Poetry	
1:00 PM		Yoga For Health	A Quilter's Touch		A Quilter's Touch		Yoga For Health
1:30 PM	L3 Harris Die In		New England Authors	Northampton L3 Harris Die In	New England Authors	Northampton L3 Harris Die In	
2:00 PM			New England Authors		New England Authors		A Walk In The Garden
2:30 PM	Hadley Behavioral Health	Summer concert	Open Mic Poetry		Open Mic Poetry		
3:00 PM	A Quilter's Touch		Open Mic Poetry	A Quilter's Touch	Open Mic Poetry	A Quilter's Touch	
3:30 PM	Memorial Oorah		Tai Chi	Memorial Oorah	Tai Chi	Memorial Oorah	Both sides of the Bar
4:00 PM			Both sides of the Bar		Both Sides of the Bar		
4:30 PM	Both sides of the Bar	A Walk in the Garden					
5:00 PM		Boys Lacrosse	Local Rock		Local Rock		
5:30 PM							
6:00 PM	Dino Fest	Dino Fest	Dino Fest	Dino Fest	Dino Fest	Dino Fest	Dino Fest
6:30 PM		Yoga For Health				Tractor Pull 2024	Yoga For Health
7:00 PM	Cinemaniacs		Cinemaniacs	Cinemaniacs	Cinemaniacs	Cinemaniacs	Mo Jazz: Samatha Fierke
7:30 PM							
8:00 PM	Local Rock	Northampton L3 Harris Die In	Summer Concert Series: Acousticca	Local Rock	Summer Concert Series: Acousticca	Local Rock	Northampton L3 Harris Die In
8:30 PM							
9:00 PM	Yoga For Health	UCC Sunday Service		Yoga For Health		Yoga For Health	UCC Sunday Service
9:30 PM	After Hours Cinema			After Hours Cinema		After Hours Cinema	
10:00 PM		Creature Features	After Hours Cinema		After Hours Cinema		Creature Features
10:30 PM							
11:00 PM							
11:30 PM							

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