# **Channel 12 Program Schedule**

December 4 - December 17, 2022

#### **SUNDAY**

12 a.m. - Creature Features

2 a.m. - After Hours Cinema

4 a.m. - Creature Features

8 a.m. - Seniors on the Move

10 a.m. - Healthy Bones & Balance

11 a.m. - Easy Country Fitness

1 p.m. - Yoga For Health

2 p.m. - UCC Sunday Service

4 p.m. - UCC Sunday Service

5:30 p.m. - Yoga for health

6 p.m. - UCC Sunday Service

8 p.m. - UCC Sunday Service

10 p.m. - Reeling, the Movie Review

Show (Malden)

11 p.m. - Charter Days Fireworks

## **MONDAY**

7 a.m. - UCC Sunday Service

9 a.m. - Yoga for Health

10 a.m. - Healthy Bones & Balance

11 a.m. - Dan Kane Singers

1 p.m. - Easy Country Fitness

2 p.m. - Eat Well Be Happy

3 p.m. - The Garage

4 p.m. - UCC Sunday Service

6 p.m. - Business After Five

7 p.m. - Bad News Blues & Jazz Concert

9 p.m. - Creature Features

11:00 - Charter Days Fireworks

## **TUESDAY**

7 a.m. - Seniors on the Move

9 a.m. - A Walk in the Garden with Liz

10 a.m. - Healthy Bones & Balance

11 a.m. - Dan Kane Singers

1 p.m. - Business After Five

3 p.m. - Eat Well Be Happy

4 p.m. - Tracing Your Family Roots

6 p.m. - Local Bias (Greenfield)

7 p.m. - Reeling, the Movie Review

Show (Malden)

8 p.m. - Fall River Open Mic

10 p.m. - Creature Features

## WEDNESDAY

7 a.m. - The Garage

8:30 a.m. - Eat Well, Be Happy

9 a.m. - Tai Chi

10 a.m. - Healthy Bones & Balance

11:30 a.m. - Yoga for Health

1 p.m. - Local Bias (Greenfield)

2 p.m. - Healthy Bones & Balance

4 p.m. - Yoga for Health

5 p.m. - Bad News Jazz & Blues Concert

8 p.m. - Smart Boating

9 p.m. - Charter Days Fireworks

10 p.m. - Tracing Your Family Roots

#### **THURSDAY**

9 a.m. - Yoga for Health

10 a.m. - Healthy Bones & Balance

11 a.m. - Reeling, the Movie Review

Show (Malden)

1 p.m. - Healthy Bones & Balance

2:00 p.m. - Fall River Open Mic

3:30 p.m. - Business After Five

4 p.m. - A Walk in the Garden with Liz

5 p.m. - From the GCAM Archives

6 p.m. - Healthy Bones & Balance

7 p.m. - Yoga for Health

9 p.m - Dan Kane Singers

#### **FRIDAY**

8 a.m. - Yoga For Health

9 a.m. - Tai Chi

10 a.m. - Healthy Bones & Balance

11 a.m. - Bad News Blues & Jazz

#### Concert

1 p.m. - Easy Country Fitness

2 p.m. - Dan Kane Singers

4 p.m. - Healthy Bones & Balance

5 p.m. - A Walk in the Garden with Liz

6 p.m. - From the GCAM Archives

7 p.m. - Seniors on the Move

8 p.m. - Tracing Your Family Roots

8:30 p.m. - Smart Boating

10 p.m. - After Hours Cinema

#### **SATURDAY**

7 a.m. - Tai Chi

8 a.m. - The Garage

9:30 a.m. - Yoga for Health

10 a.m. - Healthy Bones & Balance

1 p.m. - Fall River Open Mic

3 p.m. - Eat Well Be Happy

4 p.m. - Smart Boating

5 p.m. - Inside Battleship Cove (Fall

River)

6 p.m. - Local Bias (Greenfield)

7 p.m. - Reeling, the Movie Review

Show (Malden)

8 p.m. - Dan Kane Singers

10 p.m. - Charter Days Fireworks

## Key:

Produced locally, by GCAM

Regionally produced by our neighboring communities

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