

	December 5th - December 19th GCAM Channel 12 Program Guide						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM							Seniors on the Move
6:30 AM	Film For Justice	Eat Well Be Happy				Painting with Kevin	Eat Well Be Happy
7:00 AM		Women Who Lead	Off The Shelf	Painting with Kevin	Transit Unplugged	Yoga For Health	Wake up and Smell the Poetry
7:30 AM	Yoga For Health	Maine Social Justice	Wake up and Smell the Poetry	Yoga For Health	Off the Shelf	Wake Up and Smell the Poetry	Maine Social Justice
8:00 AM	A Novel Idea		Films For Justice	A Novel Idea	A Taste of Theater		
8:30 AM	Strata Portraits			Films For Justice	A Novel Idea	Silicon Valley	Films for Justice
9:00 AM	Silicon Valley	Customers From Hell	Transit Unplugged		Link TV	New England Authors	
9:30 AM	New England Authors	Customers From Hell	A Novel Idea			A Novel Idea	Women Who Lead
10:00 AM	Health Bones and Balance		Healthy Bones and Balance	Healthy Bones And Balance	Healthy Bones And Balance	Healthy Bones And Balance	Health Bones and Balance
10:30 AM		Health Bones and Balance					
11:00 AM	Sustainable Today		Strata Portraits	Silicon Valley		Film For Justice	Link TV
11:30 AM		Film For Justice		New England Authors	Film for Justice	A Novelty Idea	
12:00 PM	Gender Vision		Women Who Lead	Sustainable Today		Sustainable Today	
12:30 PM		New England Author	Gender Vision		Silicon Valley		Both Sides of the Bar
1:00 PM	Arts Alive San Fransico	Travel Television	Silicon Valley	All Things LGBT	New England Authors	Arts Alive San Fransisco	Sustainable Today
1:30 PM	Link TV	Strata Portraits	New England Authors		Sustainable Today	Link TV	
2:00 PM		Transcultural Exchange	Painting with Kevin	Arts Alive San Francisco			Local Music Rocks
2:30 PM	Both Sides of the Bar	Yoga For Health	Sustainable Today	Link TV	Tai Chi		A Novelty Idea
3:00 PM	A Taste of Theater	Local Music Rocks			Both Sides of the Bar	Travel Television	Travel Television
3:30 PM	Transcultural Exchange	Both Sides of the Bar	Tai Chi	Transcultural Exchange	Gender Vision	Strata Portraits	Strata Portraits
4:00 PM	Traveltelevision	Voices of Truth: Hawaii's Future	Both sides of the Bar	Women Who Lead	Painting with Kevin	Both Sides of the Bar	Voices of Truth: Hawaii's Future
4:30 PM	Cinemaniacs	All Things LGBT	TravelTelevision	Both Sides of the Bar	Voices of Truth: Hawaii's Future	Voices of Truth: Hawaii's Future	
5:00 PM			Reeling	Gender Vision	Strata Portraits	All Things LGBT	Yoga For Health
5:30 PM		Democracy Now!	Voice of Truth: Hawaii's Future	Democracy Now!	Democracy Now!		TravelTelevision
6:00 PM	Reeling		All Things LGBT			Cinemaniacs	All Things LGBT
6:30 PM	Yoga For Health	A Taste of Theater		Cinemaniacs	Cinemaniacs		
7:00 PM	After Hours Cinema	Painting with Kevin					Painting With Kevin
7:30 PM		Yoga For Health	A Taste of Theater	Reeling		Reeling	
8:00 PM		Creature Features	Cinemaniacs		After Hours Cinema	Demented Features	
8:30 PM				Voices of Truth: Hawaii's Future			Creature Features
9:00 PM	Dungeon of Dr Dreck		After Hours Cinema	Yoga For Health			
9:30 PM				Demented Features	Reeling		
10:00 PM		Dungeon of Dr Dreck				Dungeon of Dr Dreck	
10:30 PM					Dungeon of Dr. Dreck		Dungeon of Dr Dreck
11:00 PM			Dungeon of Dr. Dreck				
11:30 PM							
12:00 PM	Cinema Insomnia	Cinema Insomnia	Cinema Insomnia	Cinema Insomnia	Cinema Insomnia	Cinema Insomnia	Cinema Insomnia
12:30 AM							
1:00 AM							
1:30 AM							
2:00 AM							
2:30 AM							
3:00 AM	Retro Movie Theater	Retro Movie Theater	Retro Movie Theater	Retro Movie Theater	Retro Movie Theater	After Hours Cinema	Retro Movie Theater
3:30 AM							
4:00 AM					Lord Blood Rah	Lord Blood Rah	
4:30 AM	Lord Blood Rah	Lord Blood Rah	Lord Blood Rah	Lord Blood Rah			
5:00 AM							Lord Blood-Rah
5:30 AM							