



April 24th - May 8th

GCAM Channel 12 Program Guide

413-367-1180

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM							
6:30 AM	<i>Film For Justice</i>	<i>Eat Well Be Happy</i>					<i>Eat Well Be Happy</i>
7:00 AM		<i>Women Who Lead</i>	<i>Off The Shelf</i>	<i>Gallery Works</i>	<i>Transit Unplugged</i>	<i>Yoga For Health</i>	<i>Wake up and Smell the Poetry</i>
7:30 AM	<i>Yoga for Health</i>	<i>Maine Social Justice</i>	<i>Wake up and Smell the Poetry</i>	<i>Yoga For Health</i>	<i>Off the Shelf</i>	<i>Wake Up and Smell the Poetry</i>	<i>Maine Social Justice</i>
8:00 AM	<i>A Novel Idea</i>		<i>Films For Justice</i>	<i>A Novel Idea</i>	<i>A Taste of Theater</i>		
8:30 AM	<i>Strata Portraits</i>			<i>Films For Justice</i>	<i>A Novel Idea</i>	<i>Silicon Valley</i>	<i>Films for Justice</i>
9:00 AM	<i>Silicon Valley</i>	<i>Health Bones and Balance</i>	<i>Transit Unplugged</i>		<i>Link TV</i>	<i>Meet The Author</i>	
9:30 AM	<i>Meet The Author</i>		<i>A Novel Idea</i>			<i>A Novel Idea</i>	<i>Women Who Lead</i>
10:00 AM	<i>Health Bones and Balance</i>	<i>Film For Justice</i>	<i>Healthy Bones and Balance</i>	<i>Healthy Bones And Balance</i>		<i>Healthy Bones And Balance</i>	<i>Health Bones and Balance</i>
10:30 AM					<i>Healthy Bones And Balance</i>		
11:00 AM	<i>Sustainable Today</i>		<i>Strata Portraits</i>	<i>Silicon Valley</i>		<i>Film For Justice</i>	<i>Link TV</i>
11:30 AM				<i>Meet The Author</i>	<i>Film for Justice</i>		<i>Open Mic</i>
12:00 PM	<i>Gender Vision</i>		<i>Women Who Lead</i>	<i>Sustainable Today</i>		<i>Sustainable Today</i>	
12:30 PM		<i>Meet The Author</i>	<i>Gender Vision</i>		<i>Silicon Valley</i>		<i>Both Sides of the Bar</i>
1:00 PM	<i>Arts Alive San Fransico</i>	<i>Travel Television</i>	<i>Silicon Valley</i>	<i>All Things LGBT</i>	<i>New England Authors</i>	<i>Arts Alive San Fransisco</i>	<i>Sustainable Today</i>
1:30 PM	<i>Link TV</i>	<i>Strata Portraits</i>	<i>Meet The Author</i>		<i>Sustainable Today</i>	<i>Link TV</i>	
2:00 PM		<i>Transcultural Exchange</i>	<i>Gallery Works</i>	<i>Arts Alive San Francisco</i>		<i>Maine Social Justice</i>	<i>Local Music Rocks</i>
2:30 PM		<i>Yoga For Health</i>	<i>Sustainable Today</i>	<i>Link TV</i>	<i>Tai Chi</i>		<i>A Novelty Idea</i>
3:00 PM	<i>A Taste of Theater</i>	<i>A Novel Idea</i>			<i>Both Sides of the Bar</i>	<i>Open Mic</i>	<i>Travel Television</i>
3:30 PM	<i>Transcultural Exchange</i>	<i>Both Sides of the Bar</i>	<i>Tai Chi</i>	<i>Transcultural Exchange</i>	<i>Transcultural Exchange</i>	<i>Strata Portraits</i>	<i>Strata Portraits</i>
4:00 PM	<i>Traveltelevision</i>	<i>Voices of Truth: Hawaii's Future</i>	<i>Both sides of the Bar</i>	<i>Women Who Lead</i>	<i>Gallery Works</i>	<i>Both Sides of the Bar</i>	<i>Voices of Truth: Hawaii's Future</i>
4:30 PM	<i>Cinemaniacs</i>	<i>All Things LGBT</i>	<i>TravelTelevision</i>	<i>Both Sides of the Bar</i>	<i>Voices of Truth: Hawaii's Future</i>	<i>Voices of Truth: Hawaii's Future</i>	
5:00 PM			<i>Reeling</i>	<i>Gender Vision</i>	<i>Strata Portraits</i>	<i>All Things LGBTQ</i>	<i>Yoga For Health</i>
5:30 PM		<i>Democracy Now!</i>	<i>Voice of Truth: Hawaii's Future</i>	<i>Democracy Now!</i>	<i>Democracy Now!</i>		<i>Transcultural Exchange</i>
6:00 PM	<i>Reeling</i>		<i>All Things LGBT</i>			<i>Cinemaniacs</i>	<i>All Things LGBTQ</i>
6:30 PM	<i>Yoga For Health</i>	<i>A Taste of Theater</i>		<i>Cinemaniacs</i>	<i>Cinemaniacs</i>		
7:00 PM	<i>After Hours Cinema</i>	<i>Gallery Works</i>					<i>Gallery Works</i>
7:30 PM		<i>Yoga For Health</i>	<i>A Taste of Theater</i>	<i>Reeling</i>		<i>Reeling</i>	
8:00 PM		<i>Creature Features</i>	<i>After Hours Cinema</i>		<i>After Hours Cinema</i>		
8:30 PM				<i>Voices of Truth: Hawaii's Future</i>		<i>After Hours Cinema</i>	<i>Creature Features</i>
9:00 PM	<i>Dungeon of Dr Dreck</i>			<i>Yoga For Health</i>			
9:30 PM							
10:00 PM		<i>Dungeon of Dr Dreck</i>			<i>Reeling</i>		
10:30 PM					<i>Dungeon of Dr. Dreck</i>	<i>Dungeon of Dr Dreck</i>	<i>Dungeon of Dr Dreck</i>
11:00 PM			<i>Dungeon of Dr. Dreck</i>				
11:30 PM							
12:00 PM	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>	<i>Cinema Insomnia</i>
12:30 AM							
1:00 AM							
1:30 AM							
2:00 AM							
2:30 AM							
3:00 AM	<i>Retro Movie Theater</i>	<i>Retro Movie Theater</i>	<i>Retro Movie Theater</i>	<i>Retro Movie Theater</i>	<i>Retro Movie Theater</i>	<i>After Hours Cinema</i>	<i>Retro Movie Theater</i>
3:30 AM							
4:00 AM					<i>Lord Blood Rah</i>	<i>Lord Blood Rah</i>	
4:30 AM	<i>Lord Blood Rah</i>	<i>Lord Blood Rah</i>	<i>Lord Blood Rah</i>	<i>Lord Blood Rah</i>			
5:00 AM							<i>Lord Blood-Rah</i>
5:30 AM							