



June 5th - June 19th

GCAM Channel 12 Program Guide

413-367-1180

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|          | MONDAY                          | TUESDAY                                 | WEDNESDAY                              | THURSDAY                                | FRIDAY                                  | SATURDAY                                | SUNDAY                                  |
|----------|---------------------------------|---|--|---|---|---|---|
| 6:00 AM  |                                 |   |  |   |   |   |   |
| 6:30 AM  | <i>Film For Justice</i>         | <i>Eat Well Be Happy</i>                |  |   |   | <i>Yoga For Health</i>                  | <i>Eat Well Be Happy</i>                |
| 7:00 AM  |                                 | <i>Women Who Lead</i>                   | <i>Off The Shelf</i>                   | <i>Gallery Works</i>                    | <i>Transit Unplugged</i>                | <i>Wake Up and Smell the Poetry</i>     | <i>Wake up and Smell the Poetry</i>     |
| 7:30 AM  | <i>Yoga for Health</i>          | <i>Maine Social Justice</i>             | <i>Wake up and Smell the Poetry</i>    | <i>Yoga For Health</i>                  | <i>Off the Shelf</i>                    |   | <i>Maine Social Justice</i>             |
| 8:00 AM  | <i>A Novel Idea</i>             |   | <i>Films For Justice</i>               | <i>A Novel Idea</i>                     | <i>A Taste of Theater</i>               | <i>Silicon Valley</i>                   |   |
| 8:30 AM  | <i>Strata Portraits</i>         |   |  | <i>Films For Justice</i>                | <i>A Novel Idea</i>                     | <i>Meet The Author</i>                  | <i>Films for Justice</i>                |
| 9:00 AM  | <i>Silicon Valley</i>           | <i>Health Bones and Balance</i>         | <i>Transit Unplugged</i>               |   | <i>Travel Television</i>                | <i>A Novel Idea</i>                     |   |
| 9:30 AM  | <i>Meet The Author</i>          |   | <i>A Novel Idea</i>                    |   | <i>Maine Social Justice</i>             | <i>Health Bones and Balance</i>         | <i>Women Who Lead</i>                   |
| 10:00 AM | <i>Health Bones and Balance</i> | <i>Film For Justice</i>                 | <i>Healthy Bones and Balance</i>       | <i>Healthy Bones And Balance</i>        |   |   | <i>Health Bones and Balance</i>         |
| 10:30 AM |                                 |   |  |   | <i>Healthy Bones And Balance</i>        | <i>Film For Justice</i>                 |   |
| 11:00 AM | <i>Sustainable Today</i>        | <i>Meet The Author</i>                  | <i>Strata Portraits</i>                | <i>Silicon Valley</i>                   |   |   | <i>Link TV</i>                          |
| 11:30 AM |                                 | <i>Travel Television</i>                |  | <i>Meet The Author</i>                  | <i>Film for Justice</i>                 | <i>Sustainable Today</i>                | <i>Open Mic</i>                         |
| 12:00 PM | <i>Gender Vision</i>            | <i>Strata Portraits</i>                 | <i>Women Who Lead</i>                  | <i>Sustainable Today</i>                |   |   |   |
| 12:30 PM |                                 | <i>Transcultural Exchange</i>           | <i>Gender Vision</i>                   |   | <i>Silicon Valley</i>                   | <i>Arts Alive San Fransisco</i>         | <i>Both Sides of the Bar</i>            |
| 1:00 PM  | <i>Arts Alive San Fransico</i>  | <i>Yoga For Health</i>                  | <i>Silicon Valley</i>                  | <i>All Things LGBT</i>                  | <i>Meet The Authors</i>                 | <i>Link TV</i>                          | <i>Sustainable Today</i>                |
| 1:30 PM  | <i>Link TV</i>                  | <i>A Novel Idea</i>                     | <i>Meet The Author</i>                 |   | <i>Sustainable Today</i>                |   |   |
| 2:00 PM  |                                 | <i>Both Sides of the Bar</i>            | <i>Gallery Works</i>                   | <i>Arts Alive San Francisco</i>         |   |   | <i>Arts Alive</i>                       |
| 2:30 PM  | <i>Transit Unplugged</i>        | <i>Voices of Truth: Hawaii's Future</i> | <i>Sustainable Today</i>               | <i>Link TV</i>                          | <i>Tai Chi</i>                          | <i>Maine Social Justice</i>             | <i>Local Music Rocks</i>                |
| 3:00 PM  | <i>Transcultural Exchange</i>   | <i>All Things LGBT</i>                  |  |   |   | <i>Both Sides of the Bar</i>            | <i>Travel Television</i>                |
| 3:30 PM  | <i>Traveltelevision</i>         |   | <i>Tai Chi</i>                         | <i>Transcultural Exchange</i>           | <i>Transcultural Exccchange</i>         | <i>Travel Television</i>                | <i>Strata Portraits</i>                 |
| 4:00 PM  | <i>Cinemaniacs</i>              | <i>Gender Vision</i>                    | <i>Both sides of the Bar</i>           | <i>Women Who Lead</i>                   | <i>Gallery Works</i>                    | <i>Both Sides of the Bar</i>            | <i>Voices of Truth: Hawaii's Future</i> |
| 4:30 PM  |                                 | <i>Silicon Valley</i>                   | <i>Travel Television</i>               | <i>Both Sides of the Bar</i>            | <i>Voices of Truth: Hawaii's Future</i> | <i>Voices of Truth: Hawaii's Future</i> |   |
| 5:00 PM  |                                 | <i>Democracy Now!</i>                   | <i>Reeling</i>                         | <i>Gender Vision</i>                    | <i>Strata Portraits</i>                 | <i>All Things LGBTQ</i>                 | <i>Yoga For Health</i>                  |
| 5:30 PM  | <i>Reeling</i>                  |   | <i>Voice of Truth: Hawaii's Future</i> | <i>Democracy Now!</i>                   | <i>Democracy Now!</i>                   |   | <i>Transcultural Exchange</i>           |
| 6:00 PM  | <i>Yoga For Health</i>          | <i>Yoga For Health</i>                  | <i>All Things LGBT</i>                 |   |   | <i>Cinemaniacs</i>                      | <i>All Things LGBTQ</i>                 |
| 6:30 PM  | <i>After Hours Cinema</i>       | <i>Creature Features</i>                |  | <i>Cinemaniacs</i>                      | <i>Cinemaniacs</i>                      |   |   |
| 7:00 PM  |                                 |   |  |   |   |   | <i>Gallery Works</i>                    |
| 7:30 PM  |                                 |   | <i>A Taste of Theater</i>              | <i>Reeling</i>                          |   | <i>Reeling</i>                          | <i>Cinemaniacs</i>                      |
| 8:00 PM  |                                 |   | <i>After Hours Cinema</i>              |   | <i>After Hours Cinema</i>               | <i>After Hours Cinema</i>               |   |
| 8:30 PM  | <i>Dungeon of Dr Dreck</i>      | <i>Dungeon of Dr Dreck</i>              |  | <i>Voices of Truth: Hawaii's Future</i> |   |   | <i>Creature Features</i>                |
| 9:00 PM  |                                 |   |  | <i>Yoga For Health</i>                  |   |   |   |
| 9:30 PM  | <i>Demented Features</i>        | <i>Demented Features</i>                |  | <i>Demented Features</i>                | <i>Reeling</i>                          |   |   |
| 10:00 PM |                                 |   |  |   | <i>Dungeon of Dr. Dreck</i>             | <i>Dungeon of Dr Dreck</i>              |   |
| 10:30 PM |                                 |   |  |   |   |   | <i>Dungeon of Dr Dreck</i>              |
| 11:00 PM |                                 |   | <i>Demented Features</i>               |   |   |   |   |
| 11:30 PM |                                 |   |  |   |   |   |   |
| 12:00 PM | <i>Cinema Insomnia</i>          | <i>Cinema Insomnia</i>                  | <i>Cinema Insomnia</i>                 | <i>Cinema Insomnia</i>                  | <i>Cinema Insomnia</i>                  | <i>Cinema Insomnia</i>                  | <i>Cinema Insomnia</i>                  |
| 12:30 AM |                                 |   |  |   |   |   |   |
| 1:00 AM  |                                 |   |  |   |   |   |   |
| 1:30 AM  |                                 |   |  |   |   |   |   |
| 2:00 AM  |                                 |   |  |   |   |   |   |
| 2:30 AM  |                                 |   |  |   |   |   |   |
| 3:00 AM  | <i>Retro Movie Theater</i>      | <i>Retro Movie Theater</i>              | <i>Retro Movie Theater</i>             | <i>Retro Movie Theater</i>              | <i>Retro Movie Theater</i>              | <i>After Hours Cinema</i>               | <i>Retro Movie Theater</i>              |
| 3:30 AM  |                                 |   |  |   |   |   |   |
| 4:00 AM  |                                 |   |  |   | <i>Lord Blood Rah</i>                   | <i>Lord Blood Rah</i>                   |   |
| 4:30 AM  | <i>Lord Blood Rah</i>           | <i>Lord Blood Rah</i>                   | <i>Lord Blood Rah</i>                  | <i>Lord Blood Rah</i>                   |   |   |   |
| 5:00 AM  |                                 |   |  |   |   |   | <i>Lord Blood-Rah</i>                   |
| 5:30 AM  |                                 |   |  |   |   |   |   |