

# HAVE FUN AT YOUR OWN RISK

All the Goats are trained yoga Goats.

They are taught to interact and jump on you and your back while doing various yoga poses.

There is no retirement age for a Professional Yoga Goat, so you may get any given size at any time.

**GOOD PHYSICAL HEALTH:** I represent and warrant that I am in good physical health and do not suffer from any medical condition which would limit my participation in the classes offered at and by **Esham Family Farm**. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in any of the yoga classes, programs, or workshops. I understand the risks associated with the activities offered by **Esham Family Farm** and I agree to follow all instructions so that I may safely participate in classes, workshops, or other activities. It is your responsibility to inform the instructor of your limitations before class begins.

**LIABILITY:** I hereby WAIVE AND RELEASE **Esham Family Farm** and its owners, officers, employees, and instructors from any claim, demand, cause of action of any kind resulting from or related to my participation in the programs offered at the facility. In taking part in the Goat Yoga classes, workshops, or other activities at **Esham Family Farm**, I understand and acknowledge that I am fully responsible for any and all risks, injuries, or damages, known or unknown, which might occur as a result of my participation to me, my clothing, minor children, or my property. I will not do anything that I do not feel physically comfortable with. I am aware that these Goats, (although very trained, gentle and docile), are still animals that can weigh up to 80 pounds, that poop and pee, with hooves, horns, and teeth that can scratch, buck, bruise, rip cut, nibble, etc. I am aware that there is no retirement age for a Yoga Goat, so I may get any sized goat jumping on me at any given moment.

I agree to have any pictures taken at Esham Family Farm posted via social media or their website. It may also be possible that I am in other photos that are taken by other participants in the classes or workshops.

Now I am ready to have fun!

Participant Name/s \_\_\_\_\_ Date \_\_\_\_\_

Responsible Party's Name Print: \_\_\_\_\_ Signature \_\_\_\_\_

Witness Name \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_

Witness Signature \_\_\_\_\_