

## Paul Thomas – Team Racer/Director

A legendary endurance athlete, Paul Thomas has competed at the elite level for 40 years, both as a runner and as a cyclist. He won the National Indoor Mile High School running title in 1987. He's also a 2x US Pro Duathlon National Champion (1994 & 1998).

For the last ten years, Paul has focused on cycling, winning 12 professional and state championships. He's the 2010 Vuelta de Bisbee champ, as well as the 2011 Valley of the Sun overall winner. His most recent victories include the 2020 Arizona State Hill Climb Championships, the El Tour de Tucson Tandem class in 2019 and 2021, and the Arizona State 40K Time Trial Championship. Paul's most proud accomplishment is the positive impacts he's made in the lives of over 50 developing athletes.



Paul will provide valuable team and direction leadership, insight in developing FLR program strategy, plus sponsor relations, as well as compete at numerous events.

### Paul's 2022 racing calendar:

Gravel and Whine (January 29)  
Mid-South Gravel (March 10-12)  
Sea Otter (April 7-10)  
Unbound (June 3)  
Crusher in the Tushar (July 8-10)  
Leadville 100 (August 13)  
Big Sugar Gravel (Oct 22)  
Afgravelstan 1.0 (December 9-11)

### Personal:

Birthday: 12/16/68  
Zodiac: Sagittarius  
Dogs: Woody and Charlie  
Cats: Zippy and Scruffy  
Resides: Tucson, AZ  
Spouse: Noreen Cary

### Instagram:

[https://www.instagram.com/paul\\_thomas\\_hylands/](https://www.instagram.com/paul_thomas_hylands/)

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FLOYD'S OF LEADVILLE RACING 2022

Paul Thomas one-pager

For FLR sponsor inquiries or media requests, contact Ataraxia Management at 949-293-5913 or email at [will@afgravelstan.com](mailto:will@afgravelstan.com)

