

ATHLETE TRACK SHEET

Name: _____ Birthday: _____

Favorite Meal: _____ Favorite Dessert: _____

Address: _____

Phone Number: _____

Email: _____

Are you on Probation? If (Yes) for how long?

Do you have Community Service Hours to serve? How many?

What do you hope to gain from this program?

List your interests: (Art, Mechanical, Building, Music, Science, Fitness, IT Tech Etc.)

If you could do anything you wanted to earn a living, what would that look like?

Do you like to exercise? What's your favorite activity?

Write Down Your Goals:
3 Months _____
6 Months _____
1 Year _____
3 Year _____

If you could give back to your community, what would that look like?





START YOUR RACE

Second Chance Dreamers is a voluntary, self-disciplined program. We believe everyone deserves an opportunity to live the life they were meant to live. When you are ready to put in the effort, break unhealthy cycles, and intentionally seek transformation by committing to doing the work and participating in this program, **Nothing Is Impossible!**

As you actively engage with the online tools, we stay involved in supporting you by keeping you accountable while guiding you step by step to help you achieve your goals and become part of a new family and community that genuinely wants to see you succeed.

This program is entirely **FREE**; however, to receive financial assistance, you must participate consistently and work through the program. Anyone can access the online tools, such as the: *Workouts, Bible Studies, Mentor and Healing & Deliverance Sessions*, at their convenience. SCD also provides ongoing education and a program to support further learning, transportation, and other needs, helping to bridge the gap between your current situation and your future **GOALS**.

Once you complete **Laps 1, 2, and 3**, you can apply for the **SCD Scholarship Program** to support your long-term goals. Our goal is not only to educate you but also to help you build a strong inner foundation, develop healthy habits and relationships, and prepare you to become a leader/entrepreneur by unlocking your potential and utilizing your gifts and talents to achieve success. Our aim is for you to become a **Change Agent** in your family, your community, and the marketplace.

WHAT SECOND CHANCE DREAMERS OFFERS YOU

- **Become a part of a growing community who are on the same journey**
- **Equip you with the tools to set you on a path to success:**
 - **Mentorship**
 - **Healing & Deliverance**
 - **Education**
 - **Work Ethics / Job Skills**
 - **How to set boundaries for a peaceful, healthy life**
 - **Tools to overcome obstacles and maintain healthy relationships**
 - **Obtain Healthy: Mind, Body & Soul**
 - **Cast a Vision for your future and help you obtain that vision**
 - **Set Short- & Long-Term Goals**
 - **Bridge the gap between your immediate and long-term needs**
- **Build a strong foundation in Biblical Principles and Leadership Skills**
- **Step Into Your Identity in Christ (Your Past Does Not Define Who You Are)**
- **Receive Your Inheritance**
- **Walk in Your Authority**



LAP 1

- Attend and Complete the Hurdles Workbook
- Attend Scheduled Mentorship Sessions
- Attend (4) Healing & Deliverance Sessions
- Proof of 8 Workouts (Per Month)



LAP 2

- Basic Finance Course – Must show Stewardship
- Basic Government Educational Courses
- Boundaries Courses
- Job Skills Courses
- Social Skills Courses



LAP 3

- Part-Time/Full-Time Job
- Read One Approved Book and Turn In A Book Report
- Shadow A Trade
- Sow 4 Seeds of Kindness (Give Back to Your Community)
- Attend (1) Team Building Event
- Attend (1) Outreach



FINISH LINE

- Scholarship Program



I _____ am ready to make positive changes in my life and commit to the SCD program. I agree to purpose myself daily to the goals set for my journey, including mentorship sessions, healing & deliverance sessions, workouts, Hurdles Bible Studies, and all other requirements needed to receive the financial assistance that will set me up for success.

I understand that to continue participating in this **FREE** program, I must follow the rules, policies, and procedures in place. I also realize I need to raise my standards by being respectful to my mentors, coaches, and counselors. I release Second Chance Dreamers from liability and will not hold anyone responsible for injuries or harm resulting from physical activities, including the online workouts.

By signing this agreement, I understand that Second Chance Dreamers is committed to supporting my short- and long-term goals as long as I participate in the program. If I decide to leave the program, I will still be able to use the online tools at my convenience; however, I will no longer receive financial assistance.

I understand that if I cross any boundaries, behave disrespectfully, or fail to follow the rules and guidelines, Second Chance Dreamers has no obligation to provide any further assistance.

I _____ commit myself to putting forth my best effort to break unhealthy cycles and relationships, loving and believing in myself to follow through with this program, crossing my **FINISH LINE**, and stepping into the purpose and plan for my life.

Date: _____

Email this page to: secondchancedreamers@yahoo.com