

OCMA CLASS SCHEDULE EFFECT MARCH 31ST, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:00	TT B	TT I/A	TT B	TT I/A	OPEN
5:30					
5:30	KIDS B	KIDS I/A	KIDS B	KIDS I/A	
6:15					
6:15	T/A	T/A	T/A	T/A	Tournament Team 6p-7p
7:15					
7:15	WKB	OPEN	WKB	OPEN	OPEN
8:15					

Schedule Key	
	Tiny Tiger Beginner year 1
	Tiny Tiger Intermediate/Advanced year 2 & 3
	Kids (Point MMA) Beginner Year 1
	Kids (Point MMA) Intermediate/Advance Year 2 & 3
	Teen/Adult Sparring Focused
	Teen/Adult Skill Focused
	Women's Kickboxing Cardio/Contact
	Open for Private Lessons (30 Min Minimum)
	Tournament Team Additional Practice (Forms, Breaking, Point Sparring 101)