

Andy's Crème Romana

The author made this formula for years and considers it safer than many cosmetics on the market. However, she makes no claims that users will have Andy's flawless skin when they reach a certain age. Further, anyone making and using the crème does so at her (or his*) own risk.

This is what used to be called "a basic cold cream." It's an all-purpose moisturizer much like those used by the ancients. Its appearance resembles whipped marshmallow cream, which means it should be properly stored and labeled to avoid someone's trying to taste a sample.

Required: Two double boilers and a candy thermometer.

¼ tsp Borax

1/3 cup plus 1 tbs plus 2 tsp Mineral Oil

1 1-oz block Beeswax

3 tsp Paraffin Wax

¼ cup plus 1 ½ tsp Distilled Water

Perfume as desired (Andy likes lavender)

Dissolve Borox in water, heat in top of double boiler to 167 degrees F (75 C). Heat waxes and oil in a second double boiler to 150 degrees F (70 C). Add the oil and wax mixture to the water solution** with vigorous stirring. Continue stirring until mixture cools to 122 degrees F (50 C), and add perfume as desired. Yield, 1 cup.

The author has never known a “his” who has used this formula. However, she did know a wonderful man who used to stir and pour for her.

** It is critical that the oil and water mixture is *added to* the water solution. It makes a difference between a greasy and non-greasy cream.